

MARIN VILLAGES



ROSS VALLEY VILLAGE NEWSLETTER FEBRUARY 2020

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Corrine White of Kentfield

We look forward to seeing you at an event soon!

LOCAL VILLAGE EVENTS (open to all, unless noted)

If you would like to participate in any of the activities in this newsletter and need transportation, please call the office at <u>415-457-4633</u> to arrange a ride.

Village Business

Ross Valley Steering Committee meeting – all members and volunteers welcome

Thursday, February 13, 10:00am - noon

Call the office for location, directions, or for a ride to the meeting.

MARIN VILLAGES EVENTS

Aging in Marin Series: Safety in Numbers, hosted by Ross Valley and Twin Cities Villages

Sunday, February 9, 2:00 - 4:30pm Drakes Landing Community Room, adjacent to Jason's Restaurant 300 Drakes Landing Road, Greenbrae

Join us at this free event for members and friends, and enjoy wine, beer, and hors d'oeuvres. There is a free raffle for ten emergency radios and four "Go-backpacks," so get your raffle ticket when you enter.

The speakers will cover:

- Safety for all Seniors in Fire Season and Evacuations Todd Lando of Firewise Marin
- Safety by the Ballot Supervisor Katie Rice will answer questions and explain the March wildfire ballot measure
- Safety by Being Counted Stephanie McNally, Advocacy and Policy Manager of the Canal Alliance, will speak about how you can shape your future by your participation in the 2020 Census

An RSVP is required for all attendees. Please call the Marin Villages' office at (415) 457–4633 to RSVP, and if needed, to reserve a ride.

Village Men's Group

Wednesdays, February 5 & 19, 11:00am - 12:30pm Sweetwater Music Café, Mill Valley

This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us at the Sweetwater. To get more information or to be put on the reminder list for upcoming meetings contact Alan Hayakawa (alan.hayakawa@gmail.com or (415) 384–8998). The group meets the first and third Wednesdays of the month.

Great Books Club

Wednesday, February 26, 12:30 - 2:30pm

At the home of Ginni Saunders

Great Books Club meets on the fourth Wednesday of each month. We read a 50 - 75 page essay, story, or poem drawn from both historic and contemporary classics. Our source is Conversations 2, published by the Great Books Foundation. If you have questions, please email Ginni Saunders at ginnisaunders@gmail.com.

COMMUNITY EVENTS

Falling Strategies: Prevent Falls, Reduce Injuries, and Land Safely Presented by Marin County Commission on Aging Thursday, February 6, 10:00 – 11:00am Margaret Todd Senior Center, 1560 Hill Rd., Novato

More than one in four older adults falls each year. Falling can pose serious physical and mental health risks, both immediately and long-term. The good news is that most falls are preventable, and this presentation will show you how.

Ross Valley Seniors Luncheon

Thursday, February 6, noon - 2:00pm Fairfax Women's Club

Enjoy the luncheon and speaker. For more information, call (415) 258-4669.

Age-Friendly Fairfax Forum - Getting My Ducks in a Row: Wills and Trusts

Friday, February 14, 1:00 - 2:00pm Fairfax Library, 2097 Sir Francis Drake Blvd.

Find peace of mind by getting your legal documents in place, and learn the basics of estate planning from local attorney, Lisa Fialco.

Age-Friendly Fairfax Forum - The Climate Emergency: Time to Get Involved!

Friday, April 10, 1:00 - 2:00pm

Fairfax Library, 2097 Sir Francis Drake Blvd.

Climate change has gone from a global phenomenon to an urgent fight for our very lives, on this 50th anniversary of Earth Day.

ROSS VALLEY VILLAGE ANNOUNCEMENTS

Fairfax Victory Village taking applications

Fairfax Victory Village Senior Housing, with 53 one-bedroom units, is taking applications for the waitlist starting February 15. The new residences on Sir Frances Drake will have 28 apartments for residents with mobility impairments and three (3) of these are also designed for residents with auditory or visual impairments.

Amenities include onsite property management and resident support services, a community room, exercise room, two courtyards, and onsite laundry facilities.

To apply for the 42 units not referred through the Coordinate Entry Program, please go to the Marin Housing Authority's Rent Café Portal at <u>apply.marinhousing.org</u> or MHA's website at <u>www.marinhousing.org</u>.

Applicants must meet the following criteria at the time of application submission: head of household must be 62 or older, maximum household size is 3 persons, and must meet current income limitations.

The application period opens February 15. For additional assistance or to request a reasonable accommodation, please call MHA at (415) 491–2525 or you can email Portalhelp@marinhousing.org. Translated materials available on the website. A TDD line is available at (800) 735–2929.

HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457–4633, or visit our website (www.marinvillages.org) for application forms and online donations.

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