



# San Rafael Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## December 2023 Calendar of Events

*We wish you a Happy Holiday Season and New Year!*

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### WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Members:** Joan Wright

**Volunteers:** Ruan Ho, Carol Jaffe

We look forward to seeing you at our social events and activities!

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### SAN RAFAEL VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

#### **A possibility?**

What's on your mind lately? Is there something you would like to know more about? Is there something you know about and appreciate and would like to share with others? Does the idea of a biweekly or monthly discussion gathering interest you? Subjects for discussion will be chosen by the group. Interested? Contact Val Stilson at [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net) or (628) 269-7071.

#### **Movie Group**

Sundays, December 3, 10, 17, and maybe 31, 7:00pm  
Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at [karenkasavana@gmail.com](mailto:karenkasavana@gmail.com) or (714) 403-3345.

**Book Chat**

Monday, December 4, 2:00pm

Come and share what you have been reading: books, articles, poetry, even old essays or letters. Tell us why you like or don't like it and what drew you to it in the first place. We often go out to a happy hour together afterwards and always enjoy learning from each other. This group will meet at the home of Marilyn Sharpe. If you are new and would like to join, contact Marilyn at (916) 837-4464 for more information.

**Villages Book Club**

Thursday, December 7, 11:00am

This month's book selection is *Killers of the Flower Moon* by David Grann. We will meet at the home of Diane Heath. Everyone is welcome! You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Please call Diane at (415) 492-1219 for more information.

**San Rafael Village Coffee**

Cancelled this month because of the holiday party

**San Rafael Village Holiday Party**

Thursday, December 14, 3:00 – 5:00pm

The Club Restaurant at McInnis, 350 Smith Ranch Road, San Rafael

Our holiday parties are always a special event. There will be food, games, prizes, a fortune teller, and a no-host bar. Don't miss out on the good time with your San Rafael Village friends! Note: We encourage festive attire. Please RSVP to [sanrafaelvillage@marinvillages.org](mailto:sanrafaelvillage@marinvillages.org) or Barbara Olson (415) 847-6078 by December 11 for this fun event.

**Movies on the Big Screen (with optional dinner after the movie)**

Monday, December 18, afternoon (time will be announced when movie is selected)

Cinemark Century, Northgate\*

NOTE: sadly, the Century Regency on Smith Ranch Rd. has closed, so we're switching to the Northgate theater. For now, we will continue to dine at Mulberry's Pizzeria & The Club at McInnis on Smith Ranch Rd., as there are few modestly-priced, fairly quiet restaurants with good food that can accommodate our group close to Northgate. (Open to suggestions!) If you are on the email list, you'll receive notification on the prior Wednesday with these details: 1) the selected movie 2) the time to arrive and 3) where we will dine. Bring cash if dining. Open to all Village members and volunteers. To be placed on this email list (or to receive a phone call

with the movie info), contact Barbara Olson at [barbara@olson.org](mailto:barbara@olson.org) or (415) 847-6078. Open to all Village members and volunteers.

\*Note that headsets with audio enhancement and video description and closed captioning devices are available at no cost for all movies at this theater. You can request one when you purchase your ticket. Questions or help? Ask Barbara.

### **Game Playing Group**

Wednesday, December 20, 2:00pm

Join a group of San Rafael Villagers for a second afternoon of games. On this afternoon we will play Rummikub. All are welcome, no previous experience is necessary. The only requirement is that you want to have a good time (no score-keeping). We will limit the group to 12 people, and you must RSVP. If 12 people have already signed up, you will be put on a waiting list. Interested? Have questions? For either or to RSVP, contact Joyce Lewbin at [jlewbins@gmail.com](mailto:jlewbins@gmail.com) or (415) 706-3693.

### **San Rafael Village Walkers**

Thursday, December 28, 11:00am  
Along Corte Madera Creek

We start in Ross (meet at the Post Office parking lot) and do an out-and-back walk. This is a level, paved trail that follows the creek. You may stop whenever you wish on one of the many benches or go all the way to Bon Air Rd and Marin General before turning back. And, of course, there is our Mt. Tamalpais to gaze upon. Questions and/or to RSVP, contact Carole at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220

### **Did you know...**

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, [https://marin.helpfulvillage.com/events?all\\_villages=1](https://marin.helpfulvillage.com/events?all_villages=1).

### **Village Business**

#### **Program Committee**

Friday, December 8, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

### **Membership/Volunteer Committee**

Wednesday, December 13, 10:00am (note earlier start time)  
Zoom

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net).

### **Steering Committee**

Friday, December 29, 12:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or (415) 250-3172.

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## **OTHER MARIN VILLAGES EVENTS**

### **Drop-in Technology Help—bring your device!**

Tuesday, December 5, 3:00 – 5:00pm  
County Dept. of Health & Human Services, 20 North San Pedro Road, San Rafael

Get your device questions answered in person in this 1:1 training session! This is an opportunity to become comfortable with your computer, phone, or tablet and get your questions answered. Free to all adults 60+ in the county. There are two time slots—please register for one. For 3:00 – 4:00pm, use this link: <https://sausalito.helpfulvillage.com/events/4128> For 4:00 – 5:00pm, use this link: <https://sausalito.helpfulvillage.com/events/4129> With questions, please contact Wendy at (415) 332-3325 or [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com).

### **Men's Coffee**

Wednesdays, December 6 & 20, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at

restaurants and coffee shops around Mill Valley the first and third Wednesdays of the month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman ([irvgubman@gmail.com](mailto:irvgubman@gmail.com) or (415) 250-6155).

### **Technology/Computer Help Office Hours**

Wednesday, December 20, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207>!

### **Choose your Not Home Alone holiday event—one, two, or all three**



Join Donnalee Wells and other villagers and volunteers for one, two, or three of these holiday events at different restaurants. Always a fun time and a great opportunity to share the holidays with old and new friends. First come, first served, space is limited. PLEASE BRING CASH for your meal. RSVP to Donnalee Wells at (415) 302-9244 or [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net). Marin Villages rides are **very** limited for these holiday events.

### **Christmas Eve Early Supper**

Sunday, December 24, 2:00pm

Pacific Catch, Town Center, Corte Madera

Open menu

**Christmas Day / Donnalee's Birthday Early Supper**

Monday, December 25, 2:00pm

Royal Thai Restaurant, 610 Third Street, corner of Irwin, San Rafael

Fixed menu

**New Year's Eve Early Supper**

Sunday, December 31, 2:00pm

San Rafael Joes, 931 Fourth Street

Open menu

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## COMMUNITY EVENTS

**Vivalon Library Thursday**

Thursday, December 7, 2:00 – 3:00pm

In-person/remote

The first Thursday of each month a librarian from San Rafael Public Library will assist patrons in accessing and using free digital resources provided to you through your library. Please bring the device you plan on using to access these digital resources (smartphone, iPad or tablet, laptop, Kindle). To register contact Maeve Murphy, (415) 456-9062 x102 or [mmurphy@vivalon.org](mailto:mmurphy@vivalon.org). The Zoom meeting ID will be provided upon registration. You will need to have a valid library card in Marin County, and know your email address and any application passwords. Participants must already be familiar with the basic knowledge of operating their personal devices.

### For our vision-impaired members

Marin Villages has a partnership with Vision Impaired of Marin. We have trained and knowledgeable Marin Villages vetted volunteers who are available to support and resource our vision-impaired members to services specifically to meet their needs. Please contact BJ Slater at the Marin Villages office if you would like to speak with one of these volunteers. (415) 457-4633

Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, [www.bvim.org](http://www.bvim.org). To contact them, call (415) 459-5066 or email [info@bvim.org](mailto:info@bvim.org).

**Ongoing events:**

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <https://bvim.org/luncheons>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

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## HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903  
(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)