

MARIN  
VILLAGES



Our Paths - Our Choices

# San Rafael Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## September 2023 Calendar of Events

*"Whatever you do, leave tracks. That means don't do it just for yourself. You will want to leave the world a little better from your having lived." ~RBG*

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### WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Members:** Veronique Raskin, Jill Holmes, Christopher Metzen, Jody Coppock and Joanne Merjano

**Volunteers:** Sheryl Euman, Michelle and Lucy Roberts

We look forward to seeing you at our social events and activities!

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### SAN RAFAEL VILLAGE EVENTS

#### **Rummikub...Mexican Train...Boggle...Canasta...Bananagrams**

Might this interest you? We are considering starting a Game Group. We sit together around the table and play some old favorites and/or learn some new games. You bring your luck and some skill to the table for a fun afternoon with fellow Villagers. If you are interested, please contact Joy Bloom at [joy@ejbloom.com](mailto:joy@ejbloom.com) or (415) 717-0173. The group will be limited to 8 people.

If you need a ride to any of the events below, please call the office. (415) 457-4633

#### **Movie Group**

Sundays, September 3, 10, 17, 24, 7:00pm

Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. **Movie for 9/3 will be *Lost in Translation***. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at [karenkasavana@gmail.com](mailto:karenkasavana@gmail.com) or (714) 403-3345.

### **Book Chat**

Monday, September 11 (note date change due to holiday), 2:00pm

Come and share what you have been reading: books, articles, poetry, even old essays or letters. Tell us why you like or don't like it and what drew you to it in the first place. We often go out to a happy hour together afterwards and always enjoy learning from each other. This group will meet at the home of Marilyn Sharpe. If you are new and would like to join, contact Marilyn at (916) 837-4464 for more information.

### **San Rafael Village Coffee**

Wednesday, September 13, 2:00pm

Join us for the always fun monthly coffee, hosted this month by Suzie Pollak in the garden of her Dominican home. Enjoy chatting with Village friends and consider bringing a friend or neighbor to meet our friendly group. **To mark the end of summer, we will turn our coffee into an ice cream social.** RSVP and get address from Joy Bloom at [joy@ejbloom](mailto:joy@ejbloom) or (415) 717-0173. Accessibility note: There are no steps to the back patio area where we will gather. There are three steps to enter the house and three additional steps to access the restroom.

### **Movies on the Big Screen (with optional dinner after the movie)**

Monday, September 18 (note date change due to holiday), afternoon (time will be announced when movie is selected)

Century Regency Theater\*, 280 Smith Ranch Road

San Rafael Villages has recently organized several Monday afternoon movies in a *real theater* followed by dinner, which were lots of fun! If you are on the email list, you'll receive notification on the prior Wednesday with these details: 1) the selected movie 2) the time to arrive and 3) where we will dine. Bring cash if dining. Open to all Village members and volunteers. To be placed on this email list (or to receive a phone call with the movie info), contact Barbara Olson at [barbara@olson.org](mailto:barbara@olson.org) or (415) 847-6078.

\*Note that headsets with audio enhancement and video description and closed captioning devices are available at no cost for all movies at this theater. You can request one when you purchase your ticket.

### **San Rafael Village Walkers**

Thursday, September 21, 11:00am

NWP Railroad Trail, Corte Madera/Larkspur

The NWP Railroad Trail runs an arrow-straight paved and level course through Larkspur and Corte Madera. Its name is derived from the railroad that once made use of this corridor: the

Northwestern Pacific Railroad whisked passengers on its electric line between Sausalito and San Anselmo until the early 40s. We will do an out-and-back 2.5 miles walk starting in Corte Madera into Larkspur. Since this is out-and-back, you may end your walk whenever you wish at one of the many benches along the trail. Optional lunch or snack at one of the many places in the nearby Town Center. Questions and RSVP to Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

### **Villages Book Club**

Thursday, September 28, 11:00am

Book Club is now meeting in-person in participants' homes. Check with Karen for this month's book selection. Everyone is welcome! You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Please call Karen Gray at (714) 403-3345 for more information.

### **Did you know...**

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, [https://marin.helpfulvillage.com/events?all\\_villages=1](https://marin.helpfulvillage.com/events?all_villages=1).

### Village Business

#### **Program Committee**

Friday, September 8, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

#### **Membership/Volunteer Committee**

Wednesday, September 13, 10:30am

Zoom

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net).

#### **Steering Committee**

Friday, September 15, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or (415) 250-3172.

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## OTHER MARIN VILLAGES EVENTS

### **Not Home Alone—Labor Day**

Monday, September 4, 2:00pm

Boca Pizzeria, 454 Ignacio Blvd Novato 



This event will be held on the lovely patio and indoor/outdoor room at Boca Pizzeria. There will be a set menu, which includes tax and tip. We will send the menu once you RSVP. First come first served, space limited to 30 guests. RSVP is required. Please **bring cash** for your meal. All attendees must be COVID vaccinated. RSVP ASAP to Donnalee at [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or text or call (415) 302-9244. Volunteer rides might be limited due to the holiday.

### **Men's Coffee**

Wednesdays, September 6 & 20, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley the first and third Wednesdays of the month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman ([irvgubman@gmail.com](mailto:irvgubman@gmail.com) or (415) 250-6155).

### **Technology/Computer Help Office Hours**

Wednesday, September 20, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207>!

### **Bocce**

Friday, September 22, 1:00 – 3:00pm

Bocce Federation of Marin, 550 B Street, San Rafael



What better way to spend a day than on the bocce court?! Wear comfortable clothing, sunscreen, and a sun hat if needed. No prior bocce experience necessary, just soft-soled shoes and your presence. Come for the company and watch others play if you prefer. Either way, join us! Bring a snack to share with the group. Questions? Call Larry Meredith. (415) 860-2535 Need a ride? Call Marin Villages' office. (415) 457-4633

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## COMMUNITY EVENTS

### **Senior Fair**

Thursday, September 7, 9:00am – 3:00pm

Marin Center Exhibit Hall, 10 Avenue of the Flags, San Rafael

After a three-year hiatus, the Senior Fair is happening again! The theme this year is *We're Back, Baby!* Here is the link for more information <https://www.marinseniorfair.org/2023> Join in the fun and stop by our Marin Villages Booth #136 to say hi. Look forward to seeing you there!

### **Vivalon Library Thursday**

Thursday, September 7, 2:00 – 3:00pm

In-person/remote

The first Thursday of each month a librarian from San Rafael Public Library will assist patrons in accessing and using free digital resources provided to you through your library. Please bring the device you plan on using to access these digital resources (smartphone, iPad or tablet, laptop, Kindle). To register contact Maeve Murphy, (415) 456-9062 x102 or [mmurphy@vivalon.org](mailto:mmurphy@vivalon.org). The Zoom meeting ID will be provided upon registration. You will need to have a valid library card in Marin County, and know your email address and any application passwords. Participants must already be familiar with the basic knowledge of operating their personal devices.

### For our vision-impaired members

Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, [www.bvim.org](http://www.bvim.org). To contact them, call (415) 459-5066 or email [info@bvim.org](mailto:info@bvim.org).

### **Ongoing events:**

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <https://bvim.org/luncheons>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

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## **AND MORE...**

### The Pop-Up Thrift Boutique is coming to life—come help!

Our Pop-Up stores (yes, three of them!) are really shaping up—donations are flowing and we can use your help now.

We are still accepting donations **Fridays and Saturdays, 11:00 – 4:00**. If you are thinking of making a donation, please do it soon, as we are getting full! If you have any of these gently loved items, we are still especially in need of: kitchenware; linens, including comforters, placemats, towels, table cloths, and decorative pillows; women's purses; and low-heeled shoes.

There are now volunteer shifts for many tasks almost every day of the week. If you are interested in helping receive, evaluate, and sort donations, please email Sue Steele at

[xerty.10@gmail.com](mailto:xerty.10@gmail.com). To help placing clothes on hangers, placing in the correct category and by size and color, and sorting and placing tags on items, email Beth Livoti at [llivoti@comcast.net](mailto:llivoti@comcast.net).

Mark your calendars! Sale dates are **Thursday through Saturday, September 28 – 30**. And watch for a separate invitation to our member/volunteer preview sale on Tuesday, September 26, 5:00 – 7:00pm. It's going to be amazing!

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## HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903  
(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)