

MARIN  
VILLAGES



Our Paths - Our Choices

# San Rafael Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## August 2023 Calendar of Events

*“Never regret a day in your life: good days give happiness, bad days give experience, worst days give lessons and best days give memories.”*

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### WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Members:** Rosie Brekke

**Volunteers:** Bobbie Rockoff

We look forward to seeing you at our social events and activities!

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### SAN RAFAEL VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

#### **Movie Group**

Sundays, August 6, 13, 20, 27, 7:00pm

Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at [karenkasavana@gmail.com](mailto:karenkasavana@gmail.com) or (714) 403-3345.

#### **Book Chat**

Monday, August 7, 2:00pm

Come and share what you have been reading: books, articles, poetry, even old essays or letters. Tell us why you like or don't like it and what drew you to it in the first place. We often go out to a happy hour together afterwards and always enjoy learning from each other. This group will meet at the home of Marilyn Sharpe. If you are new and would like to join, contact Marilyn at (916) 837-4464 for more information.

### **San Rafael Village Coffee**

Wednesday, August 9, 2:00pm

Join us for the always fun monthly coffee, hosted this month by Jane Solomons in her Marinwood home. Enjoy chatting with Village friends and consider bringing a friend or neighbor to meet our welcoming group. Beverages and snacks will be provided. RSVP and get address from Joy Bloom at [joy@ejbloom](mailto:joy@ejbloom) or (415) 717-0173.

### **San Rafael Village Walkers**

Wednesday, August 16, 11:00am

Loch Lomond Marina, San Rafael

We return to a favorite location that offers us a double treat! A short, level walk with lovely views and the patio of Andy's Market with pleasant seating and the chance to purchase a snack or lunch from the market's fine deli section or the ice cream bar, while continuing the visit with your Village friends. Questions and RSVP to Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

### **Villages Book Club**

Thursday, August 24, 11:00am (note new time)

Book Club is now meeting in-person in participants' homes. This month's book selection is *The Covenant of Water*, by Abraham Verghese. Everyone is welcome! You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Please call Karen Gray at (714) 403-3345 for more information.

### **Movies on the Big Screen (with optional dinner after the movie)**

Monday, August 28, afternoon time will be announced when movie is selected

Century Regency Theater, 280 Smith Ranch Road

\*Note that headsets with audio enhancement and video description and closed captioning devices are available at no cost for all movies at this theater. You can request one when you purchase your ticket.

San Rafael Villages has recently organized four Monday afternoon movies in a *real theater* followed by dinner, which were lots of fun! If you are on the email list, you'll receive notification on the prior Wednesday with these details: 1) the selected movie 2) the time to arrive and 3) where we will dine. Bring cash if dining. Open to all Village members and

volunteers. To be placed on this email list (or to receive a phone call with the movie info), contact Barbara Olson at [barbara@olson.org](mailto:barbara@olson.org) or (415) 847-6078.

**Did you know...**

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, [https://marin.helpfulvillage.com/events?all\\_villages=1](https://marin.helpfulvillage.com/events?all_villages=1).

**Village Business**

**Membership/Volunteer Committee**

Wednesday, August 9, 10:30am

Zoom

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net).

**Program Committee**

Friday, August 11, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or (415) 300-5220.

**Steering Committee**

Friday, August 18, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or (415) 250-3172.

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## OTHER MARIN VILLAGES EVENTS

**Men's Coffee**

Wednesdays, August 2 & 16, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley the first and third Wednesdays of the month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman ([irvgubman@gmail.com](mailto:irvgubman@gmail.com)) or (415) 250-6155).

### **Not Home Alone—Summer Sangria Supper**

Wednesday, August 16, 2:00pm

Whipper Snapper Restaurant, 1613 Fourth St., between F and G Sts., San Rafael



Join your hostess Donnalee Wells and other Marin Villagers and volunteers and let's celebrate summer with an early supper at Whipper Snapper Restaurant. Whipper Snapper is a charming, family-owned restaurant established in 2008 by chef/owner Bill Higgins, former executive chef for cha-cha-cha restaurants in San Francisco. The food is amazing. It is always a fun time and great to get together with old and new friends. First come first served, space limited to 30 guests. **RSVP is required.** Please **bring cash** for your no-host meal and bar drinks. All attendees must be COVID vaccinated. RSVP ASAP to Donnalee at [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or text or call (415) 302-9244. Volunteer rides might be limited.

You will be able to choose one of the following entrees. Price includes entree, choice of small mixed greens salad with coconut vinaigrette dressing or cup of gazpacho, plus tax and 20% tip.

Grilled fish tacos \$30

Slow roasted pork shoulder \$39

Chicken Caesar salad \$34

Farmers market grilled vegetable quesadilla \$28

### **Technology/Computer Help Office Hours**

Wednesday, August 16, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: [https://us02web.zoom.us/j/89289995207!](https://us02web.zoom.us/j/89289995207)

### **Bocce**

Friday, August 25, 1:00 – 3:00pm

Bocce Federation of Marin, 550 B Street, San Rafael



What better way to spend a summer day than on the bocce court?! Wear comfortable clothing, sunscreen, and a sun hat if needed. No prior bocce experience necessary, just soft-soled shoes and your presence. Come for the company and watch others play if you prefer. Either way, join us! Bring a snack to share with the group. Questions? Call Larry Meredith. (415) 860-2535 Need a ride? Call Marin Villages' office. (415) 457-4633

### **SAVE THE DATE: Not Home Alone—Labor Day**

Monday, September 4, 2:00pm

Boca Pizzeria, 454 Ignacio Blvd Novato 



More details to come in August, but you can RSVP now to Donnalee at [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or text or call (415) 302-9244. Volunteer rides might be limited due to the holiday.

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## COMMUNITY EVENTS

### **Vivalon Library Thursday**

Thursday, August 3, 2:00 – 3:00pm

In-person/remote

The first Thursday of each month a librarian from San Rafael Public Library will assist patrons in accessing and using free digital resources provided to you through your library. Please bring the device you plan on using to access these digital resources (smartphone, iPad or tablet, laptop, Kindle). To register contact Maeve Murphy, (415) 456-9062 x102 or [mmurphy@vivalon.org](mailto:mmurphy@vivalon.org). The Zoom meeting ID will be provided upon registration. You will need to have a valid library card in Marin County, and know your email address and any application passwords. Participants must already be familiar with the basic knowledge of operating their personal devices.

### For our vision-impaired members

Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, [www.bvim.org](http://www.bvim.org). To contact them, call (415) 459-5066 or email [info@bvim.org](mailto:info@bvim.org).

### **Ongoing events:**

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <https://bvim.org/luncheons>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

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## SAN RAFAEL VILLAGE ANNOUNCEMENTS

### **Attention theater lovers!**

Sandy Levitan is a Marin Village volunteer. She is also a theater lover with extensive knowledge of local theater. She'd love to share this passion with you and introduce other villagers to local theater offerings. If you are interested, please send Sandy your name and contact information.

When she comes upon a theater experience she is enthused about, Sandy will send you a note and include the date she will be attending, always matinees. You can choose to purchase a ticket for the same performance and meet up with Sandy and other Marin Villagers. Often the attendees go out to dinner together and enjoy a meal while discussing the play. Sandy's contact information is [sandrarevitan12@gmail.com](mailto:sandrarevitan12@gmail.com) or (415) 246-1912.

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## AND MORE...

### The Pop-Up Thrift Boutique is now taking donations!

The time you've been waiting and holding your treasures for has arrived! We are now taking donations for our Pop-Up Thrift Boutique at the Northgate Mall. You can drop off your gently used goods **Fridays & Saturdays, 11:00am – 4:00pm**, until we are full. Each year we reach capacity and eventually have to turn donations away, so the sooner you can donate the better. **Curbside drop-off** is located between mall entrances on the east side of the Northgate Mall, just across the parking lot from HomeGoods. There will be a sign on the sidewalk outside, (near the Cinemark Century Theater entrance) letting you know you're in the right place. Just pull right up to the curb at the sign! We will gladly accept:

- women's clothing, accessories, shoes and purses
- jewelry
- artwork and collectibles
- kitchenware
- home décor items, including small-scale furnishings, rugs, lamps, and baskets
- games and puzzles
- linens
- luggage

Please contact Sue Steele at [xerty.10@gmail.com](mailto:xerty.10@gmail.com) or (415) 966-6614 with questions. Or call the office (415) 457-4633. Also call us if you'd like to volunteer to help collect and sort donations—it's fun!

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## HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marinvillages---donate> to contribute.

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**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903  
(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)