

MARIN
VILLAGES



Our Paths - Our Choices

San Rafael Village

Empowering older adults to remain active, connected,
and independent in the place they call home

June 2023 Calendar of Events

"Strangers are just friends waiting to happen" ~ Bob McKuen, poet

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Vilma Holmes, Barbara (BJ) Slater

Volunteers: Wren Tracy

We look forward to seeing you at our social events and activities!

SAN RAFAEL VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Movie Group

Sundays, June 4, 11, 18, 25, 7:00pm

Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at karenkasavana@gmail.com or (714) 403-3345.

Book Chat

Monday, June 5, 2:00pm

Come and share what you have been reading: books, articles, poetry, even old essays or letters. Tell us why you like or don't like it and what drew you to it in the first place. We often go out to a happy hour together afterwards and always enjoy learning from each other. This group will meet at the home of Marilyn Sharpe. If you are new and would like to join, contact Marilyn at (916) 837-4464 for more information.

San Rafael Village Walkers

Thursday, June 8, 11:00am
Marin Farmer's Market

This month we will meet at the Marin Farmer's Market. It is an easy walk around the Civic Center Lagoon. You can walk as many laps as you wish and stop anytime on the many benches. There is also a longer path that goes around the Marin Lagoon housing development and the Las Gallinas estuary. After walking, you can shop at the market and buy lunch if you wish. For questions and to RSVP, contact Carole at csherick@gmail.com or (415) 300-5220.

San Rafael Village Coffee

Wednesday, June 14, 2:00pm

Join us for the always fun monthly coffee, hosted this month by Chris Asimos in her Rafael Highlands home. Enjoy chatting with Village friends and consider bringing a friend or neighbor to meet our friendly group. Beverages and snacks will be provided. RSVP and get address from Carole Sherick at (415) 300-5220.

Happy Hour!

Thursday, June 22, 4:30 – 6:00pm
Café Villa Trattoria & Bar, 1602 Lincoln Avenue

Café Villa is a homestyle, casual Italian trattoria with a great happy hour! This newly renovated restaurant adjoining the Villa Inn serves an array of tasty food and is getting rave reviews. Join us and see for yourself. Guests are expected to purchase a minimum of one beverage; appetizers will be hosted by San Rafael Village. Please RSVP to sanrafaelvillage@marinvillage.org.

Villages Book Club

Thursday, June 22, 10:30am* (note new time)

Book Club is now meeting in-person in participants' homes. This month's book selection is *The Poisonwood Bible*, by Barbara Kingsolver. Everyone is welcome! You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Please call Karen Gray at (714) 403-3345 for more information.

Movies on the Big Screen (with optional dinner after the movie)

Monday, June 26, time will be announced when movie is selected
Century Regency Theater, 280 Smith Ranch Road

San Rafael Villages has recently organized two Monday afternoon movies in a *real theater* followed by dinner, which were both lots of fun! If you are on the email list, you'll receive notification on the prior Wednesday with these details: 1) the selected movie 2) the time to arrive and 3) where we will dine. Bring cash if dining. To be placed on this email list (or to receive a phone call with the movie info), contact Barbara Olson at barbara@olson.org or (415) 847-6078.

Pt. Reyes Visit

Thursday, June 29, 10:30am

Ride the Stagecoach to Pt. Reyes. Marin Transit provides a bus, called the Stagecoach, that travels from the San Rafael Transit Center and ends in Inverness. The route goes through San Anselmo, Fairfax, San Geronimo Valley and out to Pt. Reyes. San Rafael Villagers will board the bus in San Rafael and go to Pt. Reyes Station. Once there, we can wander the town and/or have lunch. We will meet at the Transit Center at 10:30 to board the 10:45 bus and return at 2:40. For questions or to RSVP, contact Carole at csherick@gmail.com or (415) 300-5220. The group will be limited to 10 people, so sign up soon!

Did you know...

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, https://marin.helpfulvillage.com/events?all_villages=1.

Village Business

Membership/Volunteer Committee

Wednesday, June 14, 10:30am

Zoom

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or cartersolo@comcast.net.

Program Committee

Friday, June 9, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at csherick@gmail.com or (415) 300-5220.

Steering Committee

Friday, June 16, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at oksparkie@aol.com or (415) 250-3172.

OTHER MARIN VILLAGES EVENTS

Men's Coffee

Wednesdays, June 7 & 21, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley twice a month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman (irvgubman@gmail.com) or (415) 250-6155).

Fathers and Others Day Not Home Alone

Sunday, June 18, 2:00pm

Pacific Catch, 133 Corte Madera Town Center 



Let's celebrate the "Pop stars" in our lives! Fathers, uncles, grandfathers and others. All members and volunteers are welcome! Join Not Home Alone hostess Donnalee Wells and other Marin Villagers for an early Fathers and Others Day dinner. First come, first served. Please **bring cash** for your meal. All attendees must be COVID vaccinated. RSVP ASAP to Donnalee at donnaleewells@comcast.net or text or call (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. Volunteer rides are limited on holidays.

Technology/Computer Help Office Hours

Wednesday, June 21, 4:00 – 5:30pm

Zoom



Issues with your printer? iPhone not syncing properly? If so, join our volunteer tech support group for the answers to these and all of your other burning technology questions! We look forward to continuing to help solve your frustrating tech problems. This is a space where you can "drop in," ask questions, and receive personalized, individually focused, expert tech advice from some of our wonderful tech volunteers. Even if you'd just like to sit in to learn a little more about technology, we'd love to have you participate! So bring your questions about your computers, tablets, phones, etc., and our dedicated tech volunteers will do the rest. This opportunity is available to all Marin Villages members and volunteers. Please join us at this link: <https://us02web.zoom.us/j/89289995207!>

COMMUNITY EVENTS

Vivalon Library Thursday

Thursday, June 1, 2:00 – 3:00pm

In-person/remote

The first Thursday of each month a librarian from San Rafael Public Library will assist patrons in accessing and using free digital resources provided to you through your library. Please bring the device you plan on using to access these digital resources (smartphone, iPad or tablet, laptop, Kindle). To register contact Maeve Murphy, (415) 456-9062 x102 or mmurphy@vivalon.org. The Zoom meeting ID will be provided upon registration. You will need to have a valid library card in Marin County, and know your email address and any application passwords. Participants must already be familiar with the basic knowledge of operating their personal devices.

For our vision-impaired members

Marin Villages has formed a partnership with Vision Impaired of Marin. We now have trained and knowledgeable Marin Villages vetted volunteers who are available to support and resource our vision-impaired members to services specifically to meet their needs. Please contact BJ Slater at the Marin Villages office if you would like to speak with one of these volunteers. (415) 457-4633

Vision Impaired of Marin supports those struggling with their vision, offering programs, support, information, resources and activities. For more information on programs, visit their website, www.bvim.org. To contact them, call (415) 459-5066 or email info@bvim.org.

Ongoing events:

First Wednesday of every month – **Zoom support group** <http://www.bvim.org/support-groups>

Every two-three months – **Luncheon meeting** <https://bvim.org/luncheons>

Second Saturday of each month – **Talking Book Club** <http://www.bvim.org/talking-book-club>

SAN RAFAEL VILLAGE ANNOUNCEMENTS

Attention theater lovers!

Sandy Levitan is a Marin Village volunteer. She is also a theater lover with extensive knowledge of local theater. She'd love to share this passion with you and introduce other villagers to local theater offerings. If you are interested, please send Sandy your name and contact information. When she comes upon a theater experience she is enthused about, Sandy will send you a note and include the date she will be attending, always matinees. You can choose to purchase a ticket for the same performance and meet up with Sandy and other Marin Villagers. Often the attendees go out to dinner together and enjoy a meal while discussing the play. Sandy's contact information is sandrilevitan12@gmail.com or (415) 246-1912.

HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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