



Novato Village

Empowering older adults to remain active, connected,
and independent in the place they call home

November 2022 Newsletter

NOVATO VILLAGE STEERING COMMITTEE SAYS...

Novato Villagers, remember to VOTE on November 8 or by mail-in ballot.



Veterans Day is November 11—we thank all veterans for their service to our country.



Thanksgiving is November 24—we wish you a peaceful day!



Monthly Quote: *"It is not what you gather, but what you scatter that tells what kind of life you have lived."* -Helen Walton

Helen Robson Walton (December 3, 1919 – April 19, 2007) was an American philanthropist and prominent arts advocate, dedicated to her community in Bentonville, Arkansas where she instituted a committee for a national museum of arts. After 31 years of activity, the Arkansas Committee on the National Museum for Women in the Arts is the longest standing committee in the state. She was also the wife of Walmart and Sam's Club founder Sam Walton. At one point in her life, she was the richest American woman and the eleventh-richest woman in the world.

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Karin Kidd, Diane Burbach, and Sandra Johnson

Volunteers: Jay Motta, Sue Jordan, and Marion Hickman

Thank you for giving your time and energy to our village. We look forward to seeing you all at an event soon!

NOVATO VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Here's the November 2022 calendar of Novato Village activities...details in this newsletter!

Thursday, November 3, 9:30am – Village Walkers at Bel Marin Keys levee

Tuesday, November 8, 1:00pm – Book Lovers' Group at Sandy Levitan's home

Wednesday, November 9, 11:00am – The More you Know...about The Buck Institute, Zoom

Thursday, November 10, 1:30pm – CoffeeTea&Chat at Creekside Bakery, 1719 Grant Ave

Wednesday, November 16, noon – Lunch at Chipotle Mexican Grill, 128 Vintage Way Suite W-4

Saturday, November 19 – Village Viewers Movie Group, time and location TBA

Plan ahead!

Tuesday, December 13, 11:30 – 2:00pm – Holiday luncheon at The Key Room, 1385 N. Hamilton Parkway

An e-blast will be sent with details and sign-up for the event!

Food & Drink

CoffeeTea&Chat

Thursday, November 10, 1:30 – 3:00pm
Creekside Bakery, 1719 Grant Ave.

Ladies & gentlemen—drop in to meet lively friends and enjoy flowing conversation! Come and get connected to other Novato Village members and volunteers, and bring a friend who might be interested in Novato Village. RSVP is not required. If you need a ride, contact the Marin Villages office at (415) 457-4633 or info@marinvillages.org. For more information, contact Marge Jackson, (415) 892-1238 or marge-32@hotmail.com.



Lots of fun & pumpkin lattes at the October coffee—Creekside Bakery!

Lunch at Chipotle Mexican Grill

Wednesday, November 16, noon – 2:00pm

128 Vintage Way, Suite W-4

Enjoy Mexican fare, including design-your-own burritos, tacos & bowls. Chipotle has gained customers with the philosophy of “Food with Integrity,” and attracted a loyal customer base enjoying a bite to eat with friends. Chipotle emphasizes that they always prioritize using fresh and healthy ingredients in their products. Chipotle’s ingredients include GMO-free (genetically modified organism), cage-free poultry, grass-fed beef, and locally farm-grown vegetables, and toppings.

You will place your order at the cash register, pay with credit card or cash. We plan to sit outside, but if the weather is windy or raining, we’ll be seated indoors. Check out Chipotle’s menu: <https://www.chipotle.com/>



Novato Villagers enjoyed lunch at Perry’s in October—glad we checked it out!

Sorry, NO happy hour in November—see you in December!

Because the fourth Wednesday of the month falls on the day before Thanksgiving this year, we will not have a happy hour in November. BUT we'll be back on the calendar for December!



Enjoy some photos from the October Happy Hour at Rickey's

Education & Presentations

The More you Know...about The Buck Institute, featuring Brian Van Weele

Wednesday, November 9, 11:00am—noon

Zoom link will be sent on Sunday, Nov. 6



Brian Van Weele, VP Chief Philanthropic Officer, Buck Institute

How many times have you passed by the Buck Institute sign and realized you know very little about what happens at this world-famous research center?

Presenter Brian Van Weele, VP, chief philanthropic officer for the Buck Institute for Research on Aging, will update you on the Institute's focus. The Buck Institute does independent biomedical research focused on exploring aging and age-related disease. The mission of the Buck Institute is to extend the healthy years of life. Learn how this research touches all of our lives.

Brian graduated from Terra Linda High School and he remembers watching the Buck Institute being built. He attended UC Berkeley (economics) and is a financial planner with a focus on philanthropy for individuals and donor-advised funds.

Exercise

Novato Village Walkers

Thursday, November 3, 9:30 – 11:00am

Meet us at the *Bel Marin Keys Levee* (not Hamilton Levee)

A different levee journey, not the Hamilton Levee but the Bel Marin Keys Levee this month! Take the Ignacio exit off Hwy 101. Go east on Bel Marin Keys Blvd. Continue past all commercial buildings and pass the Pacheco Pond on the right side. **Just past the "Bel Marin Keys" sign on the right there is a small dirt road (on the right). You can park on either side of this road.** Meet at 9:30am and we will walk on wide, flat dirt-packed trail for 1 to 1 1/2 hours (out & back). There's not much shade so bring water & possibly a hat. Call or text Pat Bailey (415) 652-9073 to confirm you will join us. Looking forward to seeing you!



We walked through the IVC Campus in October—so many changes!

Books

Village Book Lovers' Club—new name!

Tuesday, November 8, 1:00pm

Sandy Levitan's home—directions sent by email

Notice the group has a new name: **Village Book Lovers' Club**! The November 8th meeting will be held at Sandy Levitan's home. Directions and parking instructions will be emailed to you the week of November 1st. We will be discussing *The Lost Apothecary* by Sara Penner. Planning ahead, on December 13th the selection is *Taste* by Stanley Tucci.

See you in November! Enjoy the changing season. Contact Village Book Lovers' Club Coordinator, Diana Shima, dianashima3@comcast.net for more information.



October's Village Book Lovers' Club

Groups

Village Viewers Movie Group

Saturday, November 19

Time and location to be announced

In October, we saw *The Good House*, starring Sigourney Weaver. What a great story, and Sigourney Weaver did not disappoint! The story takes place in New England, where Hildy Good, a realtor, begins to unravel when she hooks up with an old flame from New York. This was based on Ann Leary's "The Good House." The November movie will be followed by lunch or early dinner. The movie, time, and location will be announced the Wednesday prior to the event by email. Hope to see you there. Contact Joanne Lang, with questions or movie suggestions at (916) 716-5800 or email jangtpa@gmail.com.



October Village Viewers all set for Halloween!

Village Business

Novato Village Steering Committee

Tuesday, November 15, 10:30am

Beth Livoti's home

Please contact Beth Livoti, llivoti@comcast.net or (415) 892-1043 for more information and the address.

OTHER MARIN VILLAGES EVENTS

Men's Coffee

Wednesdays, November 2 & 16, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley twice a month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman (irvgubman@gmail.com or (415) 250-6155).

Not Home Alone Thanksgiving Early Dinner

Thursday, November 24, 2:00pm

Location to be determined



All members and volunteers welcome! Thanksgiving will be here before we know it! Come join your hostess, Donnalee Wells, and other Marin Villagers for an early Thanksgiving Dinner at a wonderful local restaurant, to be determined. Always a fun time and a great opportunity to share the holiday with old and new friends. Cost will range from \$35 to \$50 or thereabouts, depending on your menu choice. Please bring CASH for your meal. Save your spot now! First come, first served, and space is limited to 20 guests. All attendees must be vaccinated. RSVP is required. Please RSVP to Donnalee Wells by email, phone, or text: donnaleewells@comcast.net or (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. (415) 457-4633

COMMUNITY EVENTS

Marin Commission on Aging—A First 5 Marin Presentation: Alignment between Early Childhood and Older Adults

Thursday, November 3, 10:00 – 11:00am

Zoom

First 5 Marin's vision is that every child in Marin County will thrive in supportive families and communities that nurture their greatest potential. This presentation will look at ways First 5 Marin could align with the priorities and work happening to support older adults to boost the wellbeing of people of across the age span in our County. Zoom information below:

<https://us06web.zoom.us/j/83820291566?pwd=a1ZTUE9Mc0ZMVGRmcWRKTUYvdIZOQT09>

Meeting ID: 838 2029 1566

Passcode: 662153

Call-In: (669) 219-2599

Veterans' Day

Friday, November 11, 9:30am

Marin Veterans' Memorial Auditorium, 10 Avenue of the Flags, San Rafael, parking lot



Honor those who have served our country. Marin's Veterans' Day program in front of the World War I, World War II and Korean, Vietnam and Merchant Marine Memorials on the Avenue of the Flags. Free event.

Just Dance Winter Performance 2022

Sunday, November 20, 2:00 – 4:00pm

Marin Veterans' Memorial Auditorium, 10 Avenue of the Flags, San Rafael



Join the Just Dance Academy for the annual winter performance! Included in this performance is an abbreviated Nutcracker complete with favorite characters such as the Sugar Plum Fairy, Snow Queen, Rose Queen, and more. To follow, audience members will be dazzled by JDA's energetic and inspiring jazz, tap, hip hop, and contemporary programs. Additionally, dancers in the competition program will showcase group routines that we are working on in preparation for the 2023 competition season. A joyful afternoon of dance for the entire family! Tickets are \$40 adult, \$35 senior and children 12&under.

<https://tickets.marincenter.org/eventperformances.asp?evt=356>

NOVATO VILLAGE ANNOUNCEMENTS



Planning ahead! ATTENTION: members, volunteers, spouses, and supporters!

Novato Village Holiday Party

Tuesday, December 13, 11:30 – 2:00pm

Holiday Luncheon at The Key Room, 1385 N. Hamilton Parkway, Novato



An e-blast will be sent with details and sign-up for the event!



AND MORE...

Marin Villages launches a Legacy Circle

A legacy gift, such as a donation of cash, real estate or personal property, is one you can make at any level, and in a way that suits your estate planning. If you choose designate Marin Villages as a beneficiary of your estate, you automatically become a member of the Legacy Circle and help ensure our future. There are many ways to do so, and no required dollar amount. Our generous donors give in many ways. If you'd like to find out more about our new Legacy Circle, or legacy gifts in general, call me at (415) 457-4633 *John Power, Executive Director*

Club 90



Happy Birthday, Sarah Haberman! Enjoy your Club 90 status and the lovely bouquet of flowers.

CHP: Age Well Drive Smart

A very informative presentation on Tuesday, October 25th!



Autumn wreaths for Novato Village members—enjoy the season!



Baby blankets

These blankets are hand knit acrylic and washable. They vary from 36" X 32" to 36" x 40". Pay for the blanket by making a modest donation to Marin Villages. The knitter does not want to be

reimbursed for the yarn and leaves the donation amount up to the purchaser. Contact Joyce Applen for more information: (415) 497-5095 or joyceapplen@gmail.com



HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

Marin Villages 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903
(415) 457-4633 www.marinvillages.org