

MARIN
VILLAGES



Our Paths - Our Choices

San Rafael Village

Empowering older adults to remain active, connected,
and independent in the place they call home

November 2022 Calendar of Events

"Instructions for living a life. Pay attention. Be astonished. Tell about it." ~ Mary Oliver

WELCOME, NEW MEMBERS AND VOLUNTEERS!

New member: Carol Jaffe

We look forward to seeing you at our social events and activities!

SAN RAFAEL VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Attention San Rafael Village Walkers!

The recent monthly walking dates have had few participants. We want to continue offering monthly walks and need your input. What walks would interest you? How long would you like them to be? Also, would you be interested in helping to plan our walks? Please contact Carole Sherick at (415) 300-5220 or csherick@gmail.com.

Movie Group

Sundays, November 6, 13, 20, 27, 7:00pm

Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. For the next couple of weeks we will be enjoying *Last Tango in Halifax*. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at karenkasavana@gmail.com or (714) 403-3345.

Book Chat

Monday, November 7, 2:00pm

Would you like to share reading recommendations? Would you be interested in hearing what other Villagers are reading? If so, consider joining us in the San Rafael Book Chat. We will meet this month at the home of Marilyn Sharp. After the meeting, for those who would like, we are going to an early supper at a restaurant near Marilyn's, to be chosen at the meeting. For more information, contact Val Stilson at valerie.stilson@sbcglobal.net.

San Rafael Village Coffee

Wednesday, November 9, 2:00pm

28 Archangel Way

Join us for the always fun monthly coffee, hosted this month by Karen Gray. Enjoy chatting with Village friends. And consider bringing a friend or neighbor to meet our friendly group. Beverages, snacks, and ice cream treats will be provided. RSVP to Joy at joy@ejbloom.com or (415) 717-0173.

Writers' Group

Wednesdays, November 9 & 23, 2:00pm

This group continues to meet every other week at the home of Susan Mines. We talk about writing—any kind of writing, hopefully yours! Short stories, long stories, your novel, poetry, prose. We talk about why we write or why we don't, we listen kindly to one another, and we make editorial comments only if asked. This group is currently closed, but a waiting list is being made. For more information, please contact Valerie Stilson at Valerie.stilson@sbcglobal.net.

Ride the Smart Train!

Thursday, November 17, 11:00am

Civic Center station

Join fellow San Rafael Villagers as we ride the train to Santa Rosa. We will catch the 11:08am train at the Civic Center station. When we arrive in downtown Santa Rosa, we will walk a short distance to enjoy a leisurely lunch together before returning home. The group will be limited in size. To reserve a place and/or have questions answered, contact Adele Flake at adeleflake@comcast.net or (415) 246-8005.

Villages Book Club

A combined Nov/Dec holiday party, in person, is being planned for early December. Please look for information in the December calendar or call Karen Gray at (714) 403-3345.

Did you know...

...that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, https://marin.helpfulvillage.com/events?all_villages=1.

Village Business**Program Committee**

Friday, November 11, 2:00pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at csherick@gmail.com or (415) 300-5220.

Membership/Volunteer Committee

Monday, November 14, 10:30am

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or cartersolo@comcast.net.

Steering Committee

Friday, November 18, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at oksparkie@aol.com or (415) 250-3172.

OTHER MARIN VILLAGES EVENTS

Men's Coffee

Wednesdays, November 2 & 16, 11:30am



This is an informal gathering with no particular agenda beyond the company of friends. We encourage you, whether a volunteer or member, to come join us. The group meets at restaurants and coffee shops around Mill Valley twice a month. To get more information or to be put on the reminder list for upcoming meetings contact Irv Gubman (irvgubman@gmail.com or (415) 250-6155).

Not Home Alone Thanksgiving Early Dinner

Thursday, November 24, 2:00pm

Location to be determined



All members and volunteers welcome! Thanksgiving will be here before we know it! Come join your hostess, Donnalee Wells, and other Marin Villagers for an early Thanksgiving Dinner at a wonderful local restaurant, to be determined. Always a fun time and a great opportunity to share the holiday with old and new friends. Cost will range from \$35 to \$50 or thereabouts, depending on your menu choice. Please bring CASH for your meal. Save your spot now! First come, first served, and space is limited to 20 guests. All attendees must be vaccinated. RSVP is required. Please RSVP to Donnalee Wells by email, phone, or text: donnaleewells@comcast.net or (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. (415) 457-4633

COMMUNITY EVENTS

Are you struggling with your vision?

Vision Impaired of Marin offers many different events and groups. Check out their website, www.bvim.org for more information. To participate in any events, contact them at (415) 459-5066 or info@bvim.org.

Upcoming Events

Zoom Support Group

November 2

Dash holiday course with Bread and Roses

December 3

Marin Commission on Aging—A First 5 Marin Presentation: Alignment between Early Childhood and Older Adults

Thursday, November 3, 10:00 – 11:00am

Zoom

First 5 Marin's vision is that every child in Marin County will thrive in supportive families and communities that nurture their greatest potential. This presentation will look at ways First 5 Marin could align with the priorities and work happening to support older adults to boost the wellbeing of people of across the age span in our County. Zoom information below:

<https://us06web.zoom.us/j/83820291566?pwd=a1ZTUE9Mc0ZMVGRmcWRKTUYvdIZOQT09>

Meeting ID: 838 2029 1566

Passcode: 662153

Call-In: (669) 219-2599

SAN RAFAEL VILLAGE ANNOUNCEMENTS

Attention theater lovers!

Sandy Levitan is a Marin Village volunteer. She is also a theater lover with extensive knowledge of local theater. She'd love to share this passion with you and introduce other villagers to local theater offerings. If you are interested, please send Sandy your name and contact information. When she comes upon a theater experience she is enthused about, Sandy will send you a note and include the date she will be attending, always matinees. You can choose to purchase a ticket for the same performance and meet up with Sandy and other Marin Villagers. Often the attendees go out to dinner together and enjoy a meal while discussing the play. Sandy's contact information is sandralevitan12@gmail.com or (415) 246-1912.

AND MORE...

Marin Villages launches a Legacy Circle

A legacy gift, such as a donation of cash, real estate or personal property, is one you can make at any level, and in a way that suits your estate planning. If you choose designate Marin Villages as a beneficiary of your estate, you automatically become a member of the Legacy Circle and help ensure our future. There are many ways to do so, and no required dollar amount. Our generous donors give in many ways. If you'd like to find out more about our new Legacy Circle, or legacy gifts in general, call me at (415) 457-4633 *John Power, Executive Director*

HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marinvillages---donate> to contribute.

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