

# Tiburon Peninsula Village

Empowering older adults to remain active, connected, and independent in the place they call home

## July 2022 Newsletter

## Cherie Sorokin, editor



Wondering why the TPV July newsletter is late? I was off to New York visiting Lady Liberty, among other treasures in that great metropolitan area. Took an architecture tour around Manhattan and the Statue of Liberty was, of course, one of the still breathtaking and emotional sites we saw as navigated around the island. Hope everyone here took a moment to reflect not only on our liberty, but the fragility of our democracy on July 4<sup>th</sup> this year!

## **Celebration of Creativity**



Are you saving the date of **August 21, from 2:00 to 4:00** pm for our very own Celebration of Creativity? Whether you participate by sharing your own creative work or as a member of the audience, we hope to see you there! Many visual artists and writers have already signed up to bring some of their work, and we remind any who may still be thinking about it to contact Liz Stone (<u>lizstone942@gmail.com</u>), even if you just have questions or you are still a "maybe"!

On display will be a wide variety of visual art work (painting, collage, fabric art, photography, sculpture, ceramics, handwork, etc.) or a published written work (fiction, nonfiction, memoir, poetry). We welcome our whole Village community to join us for this sociable afternoon. It will be a relaxed afternoon with plenty of time to mingle and talk with the artists about their work, and to enjoy refreshments and each other's company. Please feel free to invite family, friends and neighbors. Drop by anytime between 2:00 and 4:00. Carpools are encouraged.

## Gear up for fire season



Have you hauled out your emergency kits and go-bags? We've already had several smallish but scary fires in recent weeks. We recommend everyone also have the following at hand:

- The emergency fanny pack you received from Marin Villages
- A packed go-bag on rollers for easy transport, with medicine and clothes for several days. Include masks and a bandana to protect against smoke, and sturdy shoes in case you have to walk as you change locations
- Dog or cat carriers on wheels so you can more easily transport your pets
- An agreed-upon plan with family members or friends on where to meet or methods to communicate in an emergency, and a list of evacuation routes so you don't have to rely on memory
- Solar chargers for cell phones, and a list of important numbers you might need in an emergency
- Solar operated lanterns or lights you can use in power outages

Sign Up for emergency alerts if you have a cell phone or voice over internet phone. Register with AlertMarin (<a href="www.alertmarin.org">www.alertmarin.org</a>) and with Nixle (text your zip code to 888777). Note landlines are already registered with AlertMarin.

Also remember that if you intend to incorporate a large-capacity power source into your preparedness toolkit, such as to provide backup power for a medical device or refrigerator, a

permanent generator installation may require a permit from Tiburon. Contact the Tiburon Planning Division at (415) 435-7390 for more information.

In any event, don't delay just because the weather has been unseasonably cool of late. The drought has made it really easy for fires to start and the wind makes it easy for them to spread!

#### TIBURON PENINSULA VILLAGE EVENTS

All Tiburon Peninsula Village events are open to both members and volunteers, but if you are a member and need a ride to any of the events below, please call the office. (415) 457-4633

#### Food & Drink

**TPV Morning Coffee**Thursday, July 14, 10:30am
Rustic Bakery, Tiburon



- Dutch treat
- Join us at the tables in back outside unless the weather makes inside more inviting. Look for Martin Perlmutter and Julie Friedman and the Marin Villages tent card on one of the tables. I can't be there this time, but Martin and Julie will be holding the fort, so to speak!
- Masks are ok, but not required if you are fully vaccinated and we're outside
- Doesn't appear that masks will be required to enter and order coffee, or to sit inside, etc., but along with the County, we do still recommend masks when indoors.
- If you need a ride, please call the office! Otherwise no RSVP needed.

#### Summer lunch at Cherie's

Thursday, July 21, noon



Come enjoy a casual summer lunch on the patio, or if it's crazy hot or too windy, in the solarium. (But be forewarned, no air conditioning here!) It's actually National Junk Food Day, but I promise to have at least slightly better fare. Please RSVP to the office by July 18 and also let them know if you will need a ride. (415) 457-4633

#### Excursions

Trip to the Guo Pei exhibition at the Legion of Honor Wednesday, July 27, 10:30am



If you are interested in seeing the amazing Guo Pei fashion exhibition at the Legion, I will be setting up carpools to visit the museum on July 27 leaving Tiburon/Strawberry at about 10:30. The exhibition involves a fair amount of walking, so take your vitamins and when you sign up, please be sure to indicate whether you will be bringing a rollator walker or transport chair, so we can be sure we have enough trunk space for those.

Not up to attending in-person? Check out the library's Zoom program on this exhibition. See below for date. Well worth watching this docent talk even if you plan to attend in person! If you can attend in person, entrance to the exhibition is free if you are a member of the Fine Arts Museums. Otherwise the entrance fee is \$13 for seniors. Tickets can be purchased at the museum when we arrive. We will return to Tiburon at around 12:30.

Please RSVP to the office by July 22. (415) 457-4633

## OTHER MARIN VILLAGES EVENTS

#### **Bocce Ball**

Friday, July 22, 1:15 – 3:00pm Marin Bocce Federation, 550 B Street, San Rafael



Experienced, or not, put on your soft-soled shoes and join other Marin Villagers at Albert Park for some light exercise and a few laughs. Look for the happiest group on the courts. That will be the Marin Villages bocce lovers!

#### And more!



Check out the Marin Villages calendar on our website (www.marinvillages.org) and watch for more announcements of programs in the monthly *Village Square*, which is emailed every second Tuesday of the month.

#### We're gearing up to pop up again!



The great Marin Villages Pop-Up Thrift Boutique is set to return in the fall. We'll start gathering items this month. If you have something to donate, you can call Cherie for more information on timing for dropping items off up at our new location in Northgate. If you can't drop things off yourself, we can also arrange for pick up.

## TIBURON PENINSULA COMMUNITY EVENTS

#### **Great Books Group at the Belvedere-Tiburon Library**

Second Tuesday of each month (except in August), 2:00pm Library patio

New members are welcome to join anytime. For more information call the library at (415) 789-2656 or email Alyce Sporer Mars at <a href="mailto:asporer@yahoo.com">asporer@yahoo.com</a>.

#### Save Saturday, September 17 for the reopening of the Belvedere-Tiburon Library!

Ribbon cutting at 10:30 followed by numerous events throughout the day. Won't it be great to have our library up and fully running again!

#### OTHER COMMUNITY EVENTS

#### **Art Talk Tuesdays**

Second Tuesday of the month, noon Zoom

These are docent-led programs made available by the San Anselmo Library. The July program will be on the fabulous Guo Pei exhibit at the Legion mentioned at the beginning of this newsletter. Register online directly with the San Anselmo Library. <a href="https://www.townofsananselmo.org/645/Art-Talk-Tuesday">https://www.townofsananselmo.org/645/Art-Talk-Tuesday</a>

## **OTHER NEWS**



#### Remember these?

Alas, the coronavirus is not dead; in fact it is mutating fast and furiously. Please get a second booster if you are among the 34% of Marin residents 65 and older who haven't yet done so! AND, wear your mask when in cars with others, or in stores and restaurants and areas where there are lots of people and you can't social distance; and try hard to focus most of your social activities in outdoor venues.

## Thank you!

A big thank you to those of you who donated to Marin Villages during our spring campaign. Your support is so appreciated!!

## REMEMBER TO LAUGH A LITTLE







## HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <a href="https://marin.helpfulvillage.com/pages/10049-marin-villages---donate">https://marin.helpfulvillage.com/pages/10049-marin-villages---donate</a> to contribute.