



Novato Village

Empowering older adults to remain active, connected,
and independent in the place they call home

July 2022 Newsletter

NOVATO VILLAGE STEERING COMMITTEE SAYS...

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1870, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution.



On July 2, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the thirteen colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades, and concerts to more casual family gatherings and barbecues.

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Beverly Grace, Sylvia Landman, Sharon Searles

We look forward to seeing you all at an event soon!

NOVATO VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Here's the July 2022 calendar of Novato Village activities...details in this newsletter!

Thursday, July 7, 9:30am – Novato Village Walkers at Indian Valley Campus, 1800 Ignacio Blvd, Novato

Tuesday, July 12, 1:00pm – Book Lovers' Group at Diana Shima's home

Thursday, July 14, 1:30pm – CoffeeTea&Chat at Panera, 132 Vintage Way Suite F17, Novato

Saturday, July 16 – Village Viewers Movie Group, time & location TBA

Wednesday, July 20, noon – Lunch at Village Pizzeria, 1200 Grant Ave, Novato

Wednesday, July 27, 4:00pm – Happy Hour at Rickey's, 250 Entrada Dr, Novato

Food & Drink

CoffeeTea&Chat

Thursday, July 14, 1:30pm

Panera, 132 Vintage Way Suite F17, Novato

This month Joyce Applen will be our hostess. Drop in to meet lively friends and enjoy flowing conversation. Get connected to other Novato Village members and volunteers, and bring a friend who might be interested in Novato Village. RSVP is not required. If you need a ride, contact the Marin Villages office at (415) 457-4633 or info@marinvillages.org. For more information, contact Joyce Applen at (415) 497-5095 or joyceapplen@gmail.com.



June's CoffeeTea&Chat at Rustic Bakery

Lunch at The Village–Italian Restaurant & Pizzeria

Wednesday, July 20, noon – 2:00pm

1200 Grant Ave, Novato

The Village–Italian Restaurant is a charming Italian restaurant bringing sophisticated dining to Novato. They offer a variety of pizzas, from classic cheese to gourmet, but the restaurant is much more than just your average pizza joint. The menus not only feature classic and traditional Italian dishes, but also a variety of daily specials. A quote from the website, “At the The Village–Italian Restaurant, we pride ourselves on creating delicious, homemade dishes that stay true to our promise of delivering authentic Italian flavors.” Check out the menu:

<https://www.novatovillage.com/lunch>

Please RSVP by Monday, July 18, so we can tell the restaurant how many guests we'll have for seating. Please plan to pay with cash, not credit cards. To RSVP, email Joanne Keenan at

jkeenan@pacbell.net or call (415) 883-5729. Joanne does not arrange rides. If you need a ride, contact the Marin Villages office at info@marinvillages.org or (415) 457-4633.



Lunch at Bacon in June—we had over 20 guests!

Happy Hour at Rickey's

Wednesday, July 27, 4:00 – 6:00pm

InnMarin, 250 Entrada Dr., Novato

Hostess Beryl Bourke will take us to one of our favorite locations: Rickey's at the InnMarin. Rickey's welcomes Novato Village members, volunteers, and friends. Enjoy cocktails or non-alcoholic beverages, delicious appetizers and starters—so many choices

Please RSVP by Monday, July 25, so we can tell the staff how many guests we'll have for outdoor seating. Please plan to pay with cash, not credit cards. To RSVP, contact Beryl Bourke at (415) 990-8146 cell/(415) 898-9970 home or berylbourke@gmail.com. Beryl does not arrange rides. If you need a ride, contact the Marin Villages office at (415) 457-4633 or info@marinvillages.org.

Exercise

Novato Village Walkers—at the Indian Valley campus

Thursday, July 7, 9:30am

1800 Ignacio Blvd., Novato

We'll see you at the Indian Valley campus of the College of Marin (COM). The walk will start at the Indian Valley COM parking lot next to the baseball field at the very end of Ignacio Blvd. The plan is to walk from the COM parking lot to Indian Valley Rd. parking lot. The path is wide packed dirt. It's a very level walk; no hills, about 3/4 mile round trip.

For anyone who felt that it was a little longer walk than they wanted to do in the past, we can stop at a halfway point and those who wish to go back will have accompaniment to go back to their cars. *Reminder:* bring water and a hat. There are some shady areas in case it's pretty warm on the day of the walk. Please RSVP to Pat Bailey at pbailey49@aol.com or text or phone (415) 652-9073.



Rush Creek in June—a popular walk!

Books

Book Lovers' Group

Tuesday, July 12, 1:00pm

Diana Shima's home—directions by email

Thank you, Beth Livoti, for hosting our group in June—over ten members attended. The next meeting will be held at Diana Shima's home. Directions and parking instructions will be emailed to you the week of July 5. We have selected books for the next four months:

July – *Britt-Marie Was Here* by Fredrick Backman
August – *The Strange Library* by Haruki Murakami
September – *Calling Me Home* by Julie Kibler
October – *Between Sisters* by Kristen Hannah

Enjoy the great weather and coming summer. See you in July! If you have questions, please call Diana Shima at (415) 895-1353.

Groups

Village Viewers Movie Group

Saturday, July 16, time and location to be announced.

In June, we saw *Cha Cha Real Smooth*, starring Dakota Johnson and Cooper Raiff. This was an emotionally raw story about relationships, love, and friendship. We highly recommend seeing this movie. This movie can also be seen on Apple TV.

The July movie will be followed by lunch or early dinner. The movie, time, and location will be announced the Wednesday prior to the event by email. Everyone is welcome, so hope to see

you there. Contact Joanne Lang, with questions or movie suggestions at (916) 716-5800 or email jangtpa@gmail.com.

Village Business

Novato Village Steering Committee – NO JULY MEETING

Tuesday, August 16, 10:30am

Beth Livoti's home

Please contact Beth Livoti, llivoti@comcast.net or (415) 892-1043 for more information and the address.

OTHER MARIN VILLAGES EVENTS

Not Home Alone 4th of July—FULL!

Pacific Catch, Corte Madera, 2:00pm



Donnalee Wells hosts this popular event on holidays. Reservations for Independence Day are full, but stay tuned for our upcoming Labor Day Not Home Alone!

Bocce Ball

Friday, July 22, 1:15 – 3:00pm

Marin Bocce Federation, 550 B Street, San Rafael



Put on cool clothes and your soft-soled shoes, bring a hat, and head over to Albert Park and join other bocce ball players.

COMMUNITY EVENTS

Mill Valley Public Library *Virtual* Author Series

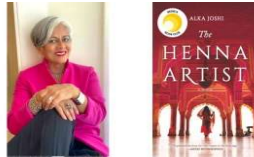
Enjoy a range of talks from bestselling authors and thought leaders. Registration required.

Link to entire series: <https://libraryc.org/millvalleylibrary>

Upcoming Speakers

The Henna Artist – Author Talk with Alka Joshi

Thursday, July 7, 6:00pm



Alka Joshi – NYT Bestselling Author and Reese Witherspoon Book Club Pick. Register here:
<https://libraryc.org/millvalleylibrary/18105>

Getting Things Done: The Art of Stress-Free Productivity – Author Talk with David Allen

Thursday, July 14, 9:00am



David Allen – NYT Bestselling Author and World's Leading Expert on Stress Free Productivity.
Register here: <https://libraryc.org/millvalleylibrary/18106>

Author Talk with Historian and Pulitzer Prize Winner, Dr. Marcia Chatelain

Wednesday, August 3, 11:00am



Marcia Chatelain – Author of Franchise: The Golden Arches in Black America. Register here:
<https://libraryc.org/millvalleylibrary/18107>

21st Annual Santa Rosa Senior Expo

Saturday, July 9, 9:00am – 12:00pm

Finley Community Center, Person Senior Wing, 2060 West College Ave., Santa Rosa



Visit the *Hearing Loss Association of America North Bay of California Chapter* (HLAA-NB) booth in Room 1, near the entrance. Pick up free brochures, a pin that says “I hear you better when you face me,” and other treats. Get your questions answered. Come by and say hello.

A fantastic event for Baby Boomers, seniors, friends and family! Join us for a day of health and wellness.

More details:

- Explore 60+ interesting and informational exhibitors. Not just for seniors, bring the whole family!
- Discover travel opportunities
- Learn about benefit opportunities
- Search-out recreation and fitness programs
- Take advantage of free health screenings
- Tour Santa Rosa's newest Senior Center, the Person Senior Wing

This is a free event for all. Call (707) 543-3745 for more information.

Talking Tech 4 Seniors – new session starts July 12

Tuesdays, 10:30am – 12:00pm

Vivalon, 930 Tamalpais Ave., San Rafael

Learn how to use your iPhone/iPad better and how to share your great photos. During these in-person classes, you'll learn tips and tricks to use a computer and mobile device to access the internet and better connect with the world. Join all classes from the start or join just the classes you need.

Talking Tech 1 Topics (Beginner)

July 12 - Digital Literacy

July 19 - Passwords & Security

July 26 - iPhone Basics

August 2 - Understanding Your iPhone/iPad & Connecting with Others

August 9 - Social Media Overview with an Emphasis on Facebook

August 16 - Photo Management for iPhone & iPad

Reservation is required. Please visit Vivalon.org or call Guest Services at (415) 456-9062 to register. Everyone attending in person must be fully vaccinated (including booster) and show proof of vaccination on first entry. Classes are offered FREE of charge.

NOVATO VILLAGE ANNOUNCEMENTS

Novato Villagers, do you know someone who would appreciate a hand-crafted baby blanket? The funds collected go to Marin Villages as a donation from you. Contact Joyce Applen at (415) 497-5095 for more information.



AND MORE...

Bouquets to Arts

On June 9th sixteen Village members and volunteers enjoyed the beauty of the flowers coordinated with the art at the de Young Museum. The group dined in the cafeteria for lunch and had a very pleasant half-day adventure.



Mannequins dressed in flowers



Villagers in front of the mannequins



Floral design matches the painting

HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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(415) 457-4633 www.marinvillages.org