



# Ross Valley Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## June/July 2022 Newsletter

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Dear fantastic members and volunteers,

It was wonderful seeing so many of you at the Spring Fling luncheon, kindly hosted by Loraine and Bob Berry in their beautiful home. The weather was perfect; the location spectacular; the food delicious; and, judging by the smiles, a lot of fun was had! We teamed up once more with Twin Cities Village and enjoyed meeting more of their members and volunteers. Below are photos of the event.





We hope to see you soon at one of our clubs, whether your interests are for the book or hiking club. If you'd like to join any of these clubs, please do reach out. We would love to have you. Read on to get more information about all these events.

With love from your Ross Valley Steering Committee xo

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## WELCOME, NEW MEMBERS AND VOLUNTEERS!

**Members:** Say hello to our newest members: Sally Secor, Susan Miglioli, Rita Swenson and Roberta Dillon

**Volunteers:** Warmest of welcomes to our own Danielle Machotka! Danielle is the communications manager for Marin Villages, and we are ecstatic to have her join us as a volunteer.

We look forward to meeting all our new members and volunteers at one of our future events!

Our Steering Committee is always looking for new volunteers to join our merry group in planning future events and parties. If you're interested in joining us, please reach out to Sarah Mansbach by email at [sarah.mansbach@gmail.com](mailto:sarah.mansbach@gmail.com), or by phone or text at (415) 926-1640.

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## ROSS VALLEY VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

## Food & Drink

Fan favorite 'Table for 8' is coming back! Each member/volunteer need only pay \$10.00, and the rest of the bill is covered by Ross Valley Villages. Stay tuned for upcoming dates!

## Exercise

### **Walking Club**

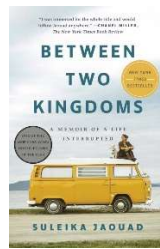
Friday, June 17, 9:30am

The walking club is ongoing every third Friday of each month. We walk for about an hour on the flat. Please contact Kimberly at [kimberly@kimberlyteal.com](mailto:kimberly@kimberlyteal.com).

## Books

### **Book club**

Friday, June 24, 11:30am



We are currently reading *Between Two Kingdoms* by Suleika Jaouad, a memoir of a life interrupted by a leukemia diagnosis at 23. Just like that, Jaouad's life went up in flames. She would spend much of the next four years in a hospital bed, fighting for her life and chronicling the saga in a column for *The New York Times*. When Jaouad finally walks out of the cancer ward, she was, according to the doctors, cured. But as she would soon learn, a cure is not where the work of healing ends; it's where it begins. You're welcome to read along remotely, or if you're interested in joining us, please contact Kelly at [Kellau55@gmail.com](mailto:Kellau55@gmail.com).

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## OTHER MARIN VILLAGES EVENTS

### **Fathers And Others Day Not Home Alone**

Sunday, June 19, 2:00pm

Pacific Catch, 133 Corte Madera Town Center





Let's celebrate the "Pop stars" in our lives! Fathers, uncles, grandfathers and others. All members and volunteers are welcome! Join Not Home Alone hostess Donnalee Wells and other Marin Villagers for an early Fathers and Others Day dinner. First come, first served, and space is limited to 20 guests. Please **bring cash** for your meal. All attendees must be COVID vaccinated, and masks are required. RSVP ASAP to Donnalee at [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or text or call (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. (415) 457-4633

### **Bocce Ball**

Friday, June 24, 1:15 – 3:00pm

Marin Bocce Federation, 550 B Street, San Rafael



Put on your soft-soled shoes and head over to Albert Park.

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## COMMUNITY EVENTS

### Vision Impaired of Marin

Vision Impaired of Marin offers many different events and groups! See below for a few, and check out their website for more information. <http://www.bvim.org/> To participate in any of these events, contact them at (415) 459-5066 or [info@bvim.org](mailto:info@bvim.org).

### **Talking Books Club**

Friday, June 17, 10:00 – 11:30am

San Rafael Commons Lounge, 302 Fourth Street, San Rafael

Join us for a comfortable, fun atmosphere. Come with a book title, and we will vote. Books will be ordered through the National Library Service for the Blind and be delivered to your home. We can assist in registration for free audio books and a free talking books device.

### Entertainment offered by Bread and Roses

Wednesday, June 22, 11:00am – noon

Zoom

Anyone who is vision impaired and their caregivers are welcome.

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## ROSS VALLEY VILLAGE ANNOUNCEMENTS

### Birthdays

Many happy returns to all our special members with June and July birthdays.

Donald MacLean, June 11

Phoebe Moyer, June 25

Loulie Sutro, July 2

Marcella Murray, July 3

Neil Park, July 7

Rosemary Silvia, July 10

Gloria Popovich, July 10

Brenda MacLean, July 11

### Getting to know you

#### **Ron Burlick: The Get Away Driver**

by Kathleen Jackson



If you have ever been a passenger with Ron Burlick, you have no doubt heard him refer to himself as a ‘getaway driver,’ meaning he comes from New Jersey where “traffic signals and speed limits are merely suggestions.” That was then; this is now, as Ron’s current ‘getaway’ driving enables older people to get to their appointments and enjoy his delightful company.

Ron was born and spent his early years in New Jersey. In his late teens he decided to drive to Los Angeles with \$100 in his pocket because he was convinced that “the world will take care of me.” After three months he realized that it was he who needed to take care of himself; his L.A. sojourn lasted more than a year, and he returned to New Jersey wiser but no richer.

Following a stint in the Army, Ron started a career in data processing that resulted in traveling throughout the U.S. for work, frequently to the Bay Area. He decided that he would rather live in California than New Jersey. “New Jersey has a four-season climate, two of which are not my preference.” He married, moved to Marin County (“my wife inadvertently snuck into one of my

suitcases”), took a job in data processing, and bought a house in Mill Valley where their son Ted was born. Ted’s entry into Ron’s life taught him “what love is.”

In 2004, Ron stopped working, decided he wanted to be a volunteer, and, no longer married, bought a house in San Anselmo where he has been ‘ungainfully employed’ by the house’s landscaping and projects. When his mother moved to Petaluma, he spent much time with her. Being her sole support for twenty years, he learned what was needed to help people as they age, from chores around the house to getting in and out of a car. “Everything I learned about helping older people I learned from helping my mom.” That knowledge, coupled with his ongoing house projects, has given him the understanding of how to best be a Marin Villages volunteer, a ‘job’ he loves and has done for six years. He says, “It is a match made in...Sleepy Hollow.”

Although his wit and playful conversations may be the first qualities one can enjoy with Ron, he is very spiritual and very serious about helping others live as independently as they can for as long as they can. He claims, “I have lived eighty years and have done a lot in those eighty years. I am definitely the product of my life experiences.”

It is my hope that others experience the depth and delightful spirit of Ron Burlick driving his “getaway car.”

## We are always looking for volunteers!



GOT A FEW HOURS A MONTH FOR  
VOLUNTEERING?

### MEMBERS NEED RIDES, ERRANDS, TECH SUPPORT & MORE!

As we all start venturing out again, the office is doing a valiant job matching increasing member requests with volunteers. However, we can always use more “hands on deck” and now is no exception.

If you are already a volunteer but took a hiatus recently, please consider supporting Marin Villages with a few hours of driving, running errands, aiding in tech support, handyman services, etc. BJ, Matt & Karin would be ecstatic to match you with the right assignments for your availability/skills.

Additionally, if you have friends that are thinking of volunteering a few hours a week, please tell them about Marin Villages! We hope that you will give the office a call at (415) 457-4633.

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## AND MORE...

### Recommendations Corner



If you haven't seen it already, *Everything Everywhere All At Once* is a must-see movie. Directed by Daniel Kwan and Daniel Scheinert, collectively known as Daniels, the film is a hilarious and big-hearted sci-fi action adventure about an exhausted Chinese American woman (Michelle Yeoh) who can't seem to finish her taxes.

Have any new events, films, recipes or jokes you're itching to share with us? You can send them to Kelly at [kellau55@gmail.com](mailto:kellau55@gmail.com) to be featured in future newsletters!

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## HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

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**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903  
(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)