

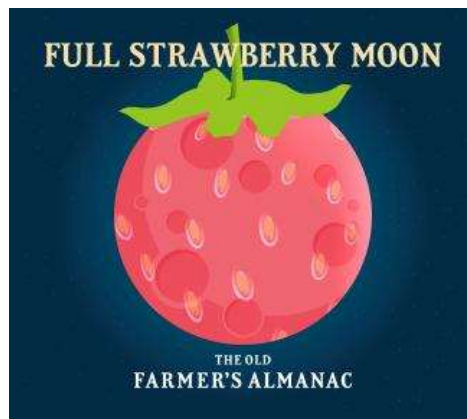


Tiburon Peninsula Village

Empowering older adults to remain active, connected,
and independent in the place they call home

June 2022 Newsletter

Cherie Sorokin, editor



Did you know that June's full moon—typically the last full moon of spring or the first of summer—has traditionally been called the **Strawberry Moon**? This year's Strawberry Moon will be June 14th.

The Farmer's Almanac says this name has been used by Algonquin, Ojibwe, Dakota, and Lakota peoples, among others, to mark the ripening of "June-bearing" strawberries that are ready to be gathered. The Haida (a tribe off the coast of British Columbia) term, **Berries Ripen Moon**, reflects this as well. As flowers bloom and early fruit ripens, June is a time of great abundance for many. Hope it is for you!

Guo Pei exhibit



Nothing to do with June, but have you seen the amazing Guo Pei exhibition at the Legion of Honor? It does have to be seen to be believed. Hoping things will settle down COVID-wise by July so we can do a visit with TPV members sometime that month (we're avoiding indoor group gatherings for now). The museum has outdone itself in the display of this designer's creativity!

Celebration of Creativity



And speaking of creativity, hope you will save the date of **August 21, from 2:00 to 4:00pm**, for our very own Celebration of Creativity! Whether you participate by sharing your own creative work or as a member of the audience, we hope to see you there!

Come join us for a sociable afternoon admiring and talking with the amazing artists and writers within our Village community. Mill Valley and Tiburon Peninsula Villages are inviting their members and volunteers to bring a piece of their artwork (such as a painting, a drawing, a photograph, a collage, a sculpture, handwork, or any piece of ceramic, wood, metal or fabric art, including jewelry) or a published written work (fiction, nonfiction, memoir, poetry).

The afternoon celebration will be at Scout Hall, 30 Mountain View Avenue in Mill Valley. If you have not signed up yet to bring your work, please let Liz Stone (lizstone942@gmail.com) know if you are interested in sharing an example of your artistry at this event. Lots of advance planning is required to be sure we can display everything to best advantage. We would love to see you and your creative work at this celebration, along with friends, family, and fellow Villagers. More details to follow next month, but for now please put this date on your calendar and do contact Liz if you'd like to participate as one of the artists!

Don't forget to vote!



Don't forget to vote, if you haven't already sent in your ballot. There are lots of good resources to help you think about all the candidates and the issues. You should have received a voter guide in the mail from the County. The IJ has a list of the candidates they have recommended.

The League of Women Voters has good information on the voting process at this link:
<https://lwvc.org/>

Gear up for fire season



Much as we don't want to think about it, it's time to clean the gutters, cut back brush, grass, and plants near the house, and haul out the emergency kits and go-bags. The combination of wind and drought does not bode well for our extended fire season in Marin. The "new normal" means we all have to get prepared. To help prevent fires, PG&E may also shut off electricity from time to time this summer, so that's another thing to be sure you are prepared for. Other than our most recently joined members, all TPV members should have the emergency kit "fanny pack" with emergency lantern, transistor radio, first aid items and water packs, among other things. These are great for times when a sudden evacuation might be needed, or for when the lights go out without warning. But we recommend everyone also have the following at hand:

- A packed "go bag" on rollers for easy transport, with medicine and clothes for several days. Include masks and a bandana to protect against smoke, and sturdy shoes in case you have to walk as you change locations
- Dog or cat carriers on wheels so you can more easily transport your pets
- An agreed upon plan with family members or friends on where to meet or methods to communicate in an emergency, and a list of evacuation routes so you don't have to rely on memory
- Solar chargers for cell phones, and a list of important numbers you might need in an emergency
- Solar operated lanterns or lights you can use in power outages
- **Sign up for emergency alerts if you have a cell phone or voice over internet phone. Register with AlertMarin (www.alertmarin.org) and with Nixle (text your zip code to 888777). Note that landlines are already registered with AlertMarin.**

Advance planning is critical! Remember the adage, an ounce of prevention is worth a pound of cure!

TIBURON PENINSULA VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Food & Drink

TPV Morning Coffee

Tuesday, June 7, 10:30am (change of date **this month only**)

Rustic Bakery, Tiburon



- Dutch treat
- Join us at the tables in back outside unless the weather makes inside more inviting. Look for Cherie and the Marin Villages tent card on one of the tables.
- Masks are ok, but not required if you are fully vaccinated and we're outside
- Doesn't appear that masks will be required to enter and order coffee, or to sit inside, etc., but along with the County, we do still recommend masks when indoors.
- If you need a ride, please call the office! Otherwise no RSVP needed.

TPV Happy Hour

Tuesday, June 21, 4:30pm

Sam's Anchor Café



Join TPV friends for a drink outdoors on the deck at Sam's on Main Street. TPV will host one drink for each person, and also offer appetizers. Second drinks and other food are on you! We will be on the deck, so consider bringing a sweater. It can get chilly.

Please RSVP to the office so we know how many spaces to reserve, and be sure to let them know if you need a ride. And watch your email in case we need to cancel because of COVID

variants or weather variants, or Monkey Pox or bubonic plague, or any other kind of craziness.
(415) 457-4633

OTHER MARIN VILLAGES EVENTS

What are You Doing about Estate Planning?

Thursday, June 2, 10:00 – 11:00am

Zoom



Join us to hear tips on estate planning and planned giving from an expert. Many of you have done estate planning but may be interested in knowing whether and/or what to update; others may want to learn how to get started. But it's something we keep putting off! Our speaker is Ashley Garvey, an associate attorney with Perkins Coie, where she advises clients in the areas of tax and estate planning, probate, and trusts. She'll address any of your general questions and touch on advance directives, powers of attorney and others, time permitting. This is a great place to start or update your planning! Register at this link:

<https://marin.helpfulvillage.com/events/4354-estate-planning-and-planned-giving-with-attorney-ashley-garvey>

Fathers And Others Day Not Home Alone

Sunday, June 19, 2:00pm

Pacific Catch, 133 Corte Madera Town Center



Let's celebrate the "pop stars" in our lives! Fathers, uncles, grandfathers and others. All members and volunteers are welcome! Join Not Home Alone hostess Donnalee Wells and other Marin Villagers for an early Fathers and Others Day dinner. First come, first served, and space is limited to 20 guests. Please **bring cash** for your meal. All attendees must be COVID vaccinated, and masks are required. RSVP ASAP to Donnalee at donnaleewells@comcast.net or text or call (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. (415) 457-4633

Bocce Ball

Friday, June 24, 1:15 – 3:00pm

Marin Bocce Federation, 550 B Street, San Rafael



Experienced, or not, put on your soft-soled shoes and join other Marin Villagers at Albert Park for some light exercise and a few laughs. Look for the happiest group on the courts. That will be the Marin Villages bocce lovers!

And more!



Check out the Marin Villages calendar on our website. Lots of activities are listed there and members and volunteers are welcome to attend most. www.marinvillages.org

The Pop-up Thrift Boutique is coming back this fall



The great Marin Villages Pop-Up Thrift Boutique is set to return in the fall. We'll start gathering items in early July. So save the date and save those items you might otherwise have "organized out of the house" so you can donate them to us!

Marin Villages' Spring Fundraising Campaign is happening now!



Thanks in advance for helping to keep Marin Villages strong and sustainable for years to come! You can donate by mailing a check to the office (4340 Redwood Highway, F142, San Rafael, CA 94903) or online at our website https://marin.helpfulvillage.com/fundraising_campaigns/11-annual-fund-spring-2022-campaign

COMMUNITY EVENTS

Vision Impaired of Marin Zoom Support Group

Wednesday, June 1, 11:00am – 1:00pm

Zoom

This is a peer support group offering a wealth of experience and knowledge on living with vision impairment. It is a place where participants can bring questions, share challenges or success, and feel heard and understood. This month Vision Impaired of Marin Support Group will have Dr. August Colenbrander for Q&A. He is a retired low-vision specialist and ophthalmologist. To participate, contact them at (415) 459-5066 or info@bvim.org.

Art Talk Tuesdays

Second Tuesdays of the month, noon

Zoom

These are docent-led programs made available by the San Anselmo Library. June's program is on Expressions of Gender in Asian Art, and July will be on the fabulous Guo Pei Exhibit at the Legion mentioned at the beginning of this newsletter. Register online directly with the San Anselmo Library. <https://www.townofsananselmo.org/645/Art-Talk-Tuesday>

Great Books Group at the Belvedere Tiburon Library

Second Tuesday of each month (except in August), 2:00pm

Library patio

New members are welcome to join anytime. For more information call the library at (415) 789-2656 or email Alyce Sporer Mars at asporer@yahoo.com.

REMEMBER TO LAUGH A LITTLE

Thinking of traveling again?



"If you haven't flown in the last sixty years, I think you'll find a few minor improvements."

Or using your computer at the office?



Or visiting a museum?



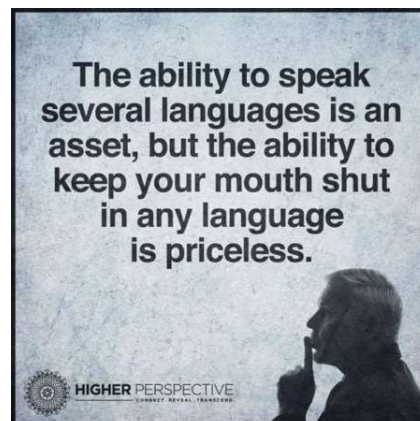
Maybe going into politics?



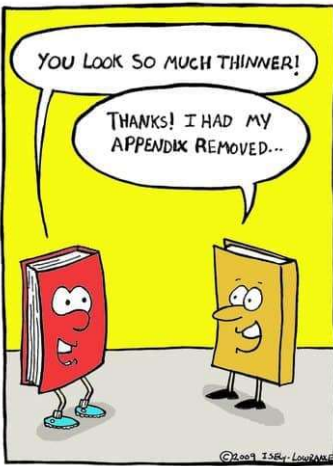
DAILYSQAT.COM

Circuses struggling to find new clowns as top prospects continue to go into politics

Holding a conversation with someone new?



Going on a diet?



HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <https://marin.helpfulvillage.com/pages/10049-marin-villages---donate> to contribute.

Marin Villages 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903
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