

Novato Village

Empowering older adults to remain active, connected, and independent in the place they call home

June 2022 Newsletter

NOVATO VILLAGE STEERING COMMITTEE SAYS...

Happy Father's Day to all the fathers, and stepfathers, and "like-a-father" men—from our hearts to you!



Monthly quote:

"Blessed are those that can give without remembering and receive without forgetting." ~Elizabeth Bibesco, poet, 1897-1945

Elizabeth, Princess Bibesco (née Asquith; 26 February 1897 – 7 April 1945) was an English socialite, actress and writer between 1921 and 1940. She was the daughter of British Prime Minister H. H. Asquith and the writer Margot Asquith, and the wife of Antoine Bibesco, a Romanian prince and diplomat. She drew on her experience in British high society in her work. A final posthumous collection of her stories, poems, and aphorisms was published under the title *Haven* in 1951, with a preface by Elizabeth Bowen.

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Linda Roe, Judith Pomeroy, Marjorie Hollinger, Pamela De Martini, Mike Rigney

Volunteers: Patty Ravetti

Thank you for giving your time and energy to our village. We look forward to seeing you all at an event soon!

NOVATO VILLAGE EVENTS

If you need a ride to any of the events below, please call the office. (415) 457-4633

Here's the June 2022 calendar of Novato Village activities...details in this newsletter!

Thursday, June 2, 9:30am – Novato Village Walkers at the Rush Creek

Tuesday, June 7, 1:30pm – CoffeeTea&Chat – special date! Rustic Bakery

Wednesday, June 8, 11:00am – The More You Know...about Frank Lloyd Wright, Zoom

Thursday, June 9, 10:30am – Bouquets to Art at the de Young Museum

Tuesday, June 14, 1:00pm – Book Lovers' Group at Beth Livoti's home

Wednesday, June 15, noon – Lunch at Bacon

Saturday, June 18 – Village Viewers Movie Group, time & location TBA

Tuesday, June 21, 10:30am – Novato Village Steering Committee

Wednesday, June 22, 4:00pm – Happy Hour at CRAVE

Food & Drink

CoffeeTea&Chat—special one-time-only date! Tuesday, June 7, 1:30pm Rustic Bakery, 1407 Grant Ave, Novato

Drop in to meet lively friends and enjoy flowing conversation. Get connected to other Novato Village members and volunteers, and bring a friend who might be interested in Novato Village. RSVP is **not** required. If you need a ride, contact the Marin Villages office at (415) 457-4633 or info@marinvillages.org. For more information, contact Marge Jackson at (415) 892-1238 or marge-32@hotmail.com.



CoffeeTea&Chat in May

Lunch at Bacon

Wednesday, June 15, noon – 2:00pm 1500 Grant Ave Suite 1400, Novato

Enjoy lunch at Bacon, a family-style restaurant in downtown Novato. This is a family-owned-and-operated restaurant that uses locally sourced ingredients. Bacon is open for indoor and outdoor dining! (Indoor dining at 25% reduced capacity per CA State COVID guidelines.) Check the link to Bacon's menu: https://baconnovato.com/menu/. Please RSVP by Monday, June 13 so we can tell the restaurant how many guests we'll have for seating. To RSVP, email Joanne Keenan at ikeenan@pacbell.net or call (415) 883-5729. Joanne does not arrange rides. If you need a ride, contact the Marin Villages office at info@marinvillages.org or (415) 457-4633.







May's lunch adventure at the popular 19th Hole Bar & Grill, Indian Valley Golf Club

Happy Hour at CRAVE

Wednesday, June 22, 4:00pm 340 Ignacio Blvd, Novato

Enjoy meeting Novato Village members, volunteers, and friends. Enjoy cocktails or non-alcoholic beverages, delicious appetizers and starters—so many choices! **Please RSVP by Monday, June 20** so we can tell the staff how many guests we'll have for outdoor seating. Also, **please plan to pay with cash, not credit cards**. These are new requests that reflect the changes restaurants have made during COVID, so we appreciate your understanding. To RSVP, contact Marge Jackson at (415) 892-1238 or marge-32@hotmail.com. Marge does not arrange rides. If you need a ride, contact the Marin Villages office at (415) 457-4633 or info@marinvillages.org.



"Be our guest Happy Hour!"—a special treat in May for all our members and volunteers as a thank you for supporting and joining Novato Village! Thank you, Linda Henderson, for arranging the venue.

Education & Presentations

The More You Know...about Frank Lloyd Wright Wednesday, June 8, 11:00 – noon Zoom

Marie Bailey, who also goes by Cooky Bailey, will present her research about Frank Lloyd Wright, famous architect, responsible for the unique design of the Marin County Civic Center and may other outstanding buildings and residences. Learn about this man and his special talent for unforgettable designs and innovation. The Zoom link will be sent to all by email the weekend before the Zoom presentation. See you there!

Visit the 38th annual Bouquets to Art

Thursday, June 9, 10:30am
The de Young Museum, San Francisco Golden Gate Park



The annual display of artwork-inspired floral installations will be back at the de Young Museum in San Francisco. A carpool has already been arranged for Novato Village members but if you wish to attend independently, tickets cost \$32.00 for seniors. Individuals can drive to the event and meet us there as an alternative. Please refer to https://deyoung.famsf.org/bouquets-to-art for ticket information. If you are a member of the Fine Arts Museums of San Francisco, you can get in for no additional cost, as well as take one guest.

Exercise

Novato Walkers—at Rush Creek Preserve

Thursday, June 2, 9:30 – 10:30am Rush Creek Preserve, Binford Rd., Novato

The walk will take place at Rush Creek Preserve

(https://www.parks.marincounty.org/parkspreserves/preserves/rush-creek), a location we've enjoyed several times. From Hwy 101 in Novato, take exit 463 for Atherton Ave east. Turn left onto Binford Rd. The gate is on the right. There is usually ample parking along Binford Road. We will carpool from Binford Rd. to the other entrance for the Rush Creek trail at the Bugeia Lane trailhead.

There are some gravel patches on the mostly level trail. If you have walking sticks, you are welcome to bring them, but they are not required. This easygoing trail follows along rich tidal wetlands. The broad, level Pinheiro Fire Road is popular with hikers, bikers, and equestrians. It offers unimpeded views of a large wetland managed by the California Department of Fish and Game. From the eastern end of the 522-acre preserve, you can look out across the Petaluma River delta to Sonoma County and beyond. **Please RSVP** so we know how many walkers to expect. Email pbailey49@aol.com or call Pat Bailey's mobile phone (415) 652-9073 to reply or ask any questions about the location and parking.



Novato Village Walkers

Books

Book Lovers' Group

Tuesday, June 14, 1:00pm Beth Livoti's home—address to be shared Mark your calendars—the next Book Lovers' Group meeting will be at Beth Livoti's home. We will be reviewing *The Namesake* by Jhumpa Lahiri. Directions to Beth's home will be sent the week of June 7th. Please think of suggestions for books to read in July and August. If you have questions, please call the facilitator, Diana Shima, at (415) 895-1353.

Groups

Village Viewers Movie Group

Saturday, June 18, time and location to be announced

In May, we saw *Downton Abbey: A New Era*, starring Allen Leech, Tuppence Middleton, and Eva Samms, just to name a few. The scenery and costumes were the highlight of this movie. We highly recommend seeing this movie on the big screen. The June movie will be followed by lunch or early dinner. The movie, time, and location will be announced the Wednesday prior to the event by email. Hope to see you there. Contact Joanne Lang, with questions or movie suggestions at (916) 716-5800 or email ilangtpa@gmail.com.

Village Business

Novato Village Steering Committee

Tuesday, June 21, 10:30am Beth Livoti's home

Please contact Beth Livoti, <u>llivoti@comcast.net</u> or (415) 892-1043 for more information and the address.

OTHER MARIN VILLAGES EVENTS

Estate Planning and Planned Giving

Thursday, June 2, 10:00 – 11:00am Zoom



Hear tips on estate planning and planned giving from an expert. Many of you have done estate planning but may be interested in knowing whether and/or what to update; others may want to learn how to get started. But it's something we keep putting off! Ashley Garvey advises clients in the areas of tax and estate planning, probate, and trusts. She'll address frequently asked questions and touch on advance directives, powers of attorney and more, time

permitting. **This is a great place to start or update your planning!** To register and receive the Zoom link, please use this link: https://marin.helpfulvillage.com/events/4354-estate-planning-and-planned-giving-with-attorney-ashley-garvey

Fathers And Others Day Not Home Alone

Sunday, June 19, 2:00pm Pacific Catch, 133 Corte Madera Town Center



Let's celebrate the "Pop stars" in our lives! Fathers, uncles, grandfathers and others. All members and volunteers are welcome! Join Not Home Alone hostess Donnalee Wells and other Marin Villagers for an early Fathers and Others Day dinner. First come, first served, and space is limited to 20 guests. Please **bring cash** for your meal. All attendees must be COVID vaccinated, and masks are required. RSVP ASAP to Donnalee at donnaleewells@comcast.net or text or call (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. (415) 457-4633

Bocce Ball

Friday, June 24, 1:15 – 3:00pm Marin Bocce Federation, 550 B Street, San Rafael



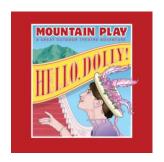
Put on your soft-soled shoes and head over to Albert Park.

COMMUNITY EVENTS

Mountain Play—Hello, Dolly!

Sundays: June 5, June 12, June 19, 2:00pm Sing-along Saturday: June 11, 2:00pm

Cushing Memorial Amphitheater, Mount Tamalpais State Park



The Mountain Play is back with *Hello, Dolly!* The book by Michael Stewart and lyrics by Jerry Herman are based on the play "The Matchmaker" by Thornton Wilder. Masks are required before and during the shuttle bus ride to the amphitheater. Elsewhere, they are recommended. The weather backup date is Saturday, June 18. Tickets and more information at this link: https://www.mountainplay.org/2021-season/ticket-information/

Big Shred

Saturday, June 25, 9:00am – noon
Our Lady of Loretto Church parking lot, 1806 Novato Blvd



Do you have paper documents or other paper/cardboard items that need shredding? Valley Oak Wealth Management is hosting the 10th annual "Big Shred" event at Our Lady of Loretto Church in Novato, benefiting Homeward Bound of Marin. Last year over 500 people helped raise \$12,534.03 and over 18,000 pounds of paper were shredded with the help of three large shredding trucks. Use this link for more information:

https://www.valleyoakwealthmanagement.com/events/

Vitality@Vivalon

Thursdays, June 16 – August 4, 10:00am – noon 930 Tamalpais Ave., San Rafael



Our healthy aging program starts by providing participants with a baseline assessment of their current health, followed by information, tools, and support to encourage a shift toward new habits that can improve overall health and promote healthy aging. The eight-week interactive

group sessions are facilitated by Kristen Waller, PT, DPT. Various health topics are covered with facilitated discussions in a supportive environment designed to engage and educate participants.

NOVATO VILLAGE ANNOUNCEMENTS

Club 90—a new member!

Meet Jean-Marie Campbell, our newest member of Club 90!



Happy Birthday, Jean-Marie!

Did I Walk By You?

by Jean-Marie Campbell

Did I walk by you on the street one day? Walk by you and didn't know it?

Did I have my head down, deep in my own world, as you walked by me, gave me a look that I didn't see?

Did you walk by me? Did I walk by you? Did I miss my chance to meet you? Did I miss someone, something wonderful? Different?

Something that I have been longing for?

Did I walk by you? Did you walk by me?

AND MORE...

May flowers delivered to our Novato Village members—hand-crafted by Soroptimist O.W.L.S. and Novato Village volunteers...Thank you!



HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit https://marin.helpfulvillage.com/pages/10049-marin-villages---donate to contribute.

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