

# San Rafael Village

Empowering older adults to remain active, connected, and independent in the place they call home

# April, 2022 Calendar of Events

"Do your little bit of good where you are; its those little bits of good put together that overwhelm the world." "Desmond Tutu

# NEW MEMBERS AND VOLUNTEERS

Welcome to our newest members: Tom and Janice Gioseffi, Geri Randall and Carol Seywald

We look forward to seeing you at our social events and activities!

Welcome to our newest volunteer: Kay Corcoran

We thank you for your service! Please join us at social events and activities, too.

#### San Rafael Village Buddy Program

Our mission is to keep you connected and support you as you age safely in your home. We do this by offering many direct services, such as companionship visits, transportation, and handyman services, to name a few, and we also offer a variety of social events, clubs, and activities. But we realize it isn't always comfortable to ask for help or join a new group. That's why we created the Buddy Program. A volunteer from San Rafael Villages, your new Buddy, who is familiar with the services and activities, will get in touch with you and help you get started on the journey to new friends, fun, educational events, and the services you need to thrive. Interested? Contact Jane Solomons at (415) 492-8041 or cartersolo@comcast.net.

# SAN RAFAEL VILLAGE EVENTS

A friendly COVID reminder: All of our in-person groups are currently limited in size and participants must be fully vaccinated. Masks are highly recommended indoors.

# **Card and Game Players!**

Fridays, April 1 and 15, 1:30pm

Join fellow Villagers in an afternoon of fun! Revisit some of your old favorite card and other games and maybe learn some new ones. And, of course, always good company. We will meet

on April 1<sup>st</sup> at the home of Lorraine Voskanian and other locations will be rotated among attendees. A minimum of three is required and maximum of six. If more that that respond, they will be put on a waiting list. For more information and the addresses, RSVP to Joy at (415) 717-0173.

#### **Movie Group**

Sundays, April 3, 10, 17, 24, 7:00pm Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing list (invitations are only sent to those who request them), contact Karen Gray at <a href="mailto:karenkasavana@gmail.com">karenkasavana@gmail.com</a> or (714) 403-3345.

#### **Book Chat**

Monday, April 4, 2:00pm

"You are never alone when you have a good book at your side." Come talk about your summer reading list. So many good books out there! We will be meeting this month in person at the home of Marilyn Sharp. Please RSVP to Valerie Stilson (415) 479-1439 or valerie.stilson@sbcglobal.net.

#### 2<sup>nd</sup> Wednesday Coffee

Wednesday, April 13, 2:00pm

We will gather this month at the home of Joy Bloom. We hope to be outside in her lovely yard, but if the weather does not cooperate, we will be indoors. Always lots to chat about with friendly San Rafael Villagers. Attendees must be fully vaccinated and masks are optional. Please contact Joy with any questions or for directions. joy@ejbloom.com or (415) 717-0173

#### Writers' Group

Wednesdays, April 13 and 27, 2:00pm

This group continues to meet twice a month at the home of Susan Mines. We talk about writing—any kind of writing, hopefully yours! Short stories, long stories, your novel, poetry, prose. We talk about why we write or why we don't, we listen kindly to one another, and we make editorial comments only if asked. This group is currently closed, but a waiting list is being made. For more information, please contact Valerie Stilson at (415) 479-1439 or <a href="Valerie.stilson@sbcglobal.net">Valerie.stilson@sbcglobal.net</a>.

#### **Not Home Alone Early Easter Dinner**

Sunday, April 17, 2:00 – 4:00pm Pacific Catch, Corte Madera Town Center



All members and volunteers are welcome! Wear your favorite Easter bonnet or bunny ears and hop on over to join Not Home Alone hostess Donnalee Wells and other Marin Villagers for an early Easter dinner at our new favorite venue with an outside covered and heated patio. First come, first served, and space is limited to 20 guests. Please **bring cash** for your meal. All attendees must be COVID vaccinated, and masks are required. RSVP ASAP to Donnalee at <a href="mailto:donnaleewells@comcast.net">donnaleewells@comcast.net</a> or text or call (415) 302-9244. Please call the Marin Villages office ASAP if you need a ride. (415) 457-4633

#### **Happy Hour!**

Wednesday, April 20, 4:00pm Café Arrivederci, 11 G Street, San Rafael

Let's celebrate Spring by toasting each other at SRV Happy Hour at Café Arrivederci. Save the date and look for more information on this event coming soon.

#### San Rafael Village Walk

Thursday, April 21, 10:30am Richmond

During WWII, Richmond, California was a very important place. The area was busy 24/7 as men and women worked to quickly produce the ships needed for the war effort. We combine a flat, paved walk along the lovely shoreline while learning of the important WWII events that happened here. Fascinating information is found in the Rosie the Riveter Museum and signage along our walk. We will walk about 2 – 3 miles on the out-and-back trail. There are benches to stop along the way and restrooms. You may also choose to join us in an optional lunch at the Assembly Marketplace. Interested? Contact Carole at <a href="mailto:csherick@gmail.com">csherick@gmail.com</a> or (415) 300-5220. We will be traveling by private cars. The number of villagers accommodated will depend on the number of drivers.

#### **Villages Book Club**

Thursday, April 28, 12:30pm Zoom

April's book selection is *The Optimist's Daughter* by Eudora Welty. You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Everyone welcome. For more information, please call Karen Gray at (714) 403-3345.

**Did you know** that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, <a href="https://www.marinvillages.org">www.marinvillages.org</a>.

# Village Business

### **Program Committee**

Friday, April 8, 1:30pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at <a href="mailto:csherick@gmail.com">csherick@gmail.com</a> or (415) 300-5220.

#### **Steering Committee**

Friday, April 15, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at <a href="mailto:oksparkie@aol.com">oksparkie@aol.com</a> or (415) 250-3172.

#### Membership/Volunteer Committee

Wednesday, April 20, 12:30pm

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or <a href="mailto:cartersolo@comcast.net">cartersolo@comcast.net</a>.

# COMMUNITY EVENTS

Dominican University of California's Leadership Lecture—Dr. Valerie Biden Owens

Monday, April 18, 7:00pm

Angelico Hall, Dominican University, 20 Olive Ave., San Rafael



Join Dr. Valerie Biden Owens, Joe Biden's younger sister, trusted confidante, and lifelong campaign manager, and help celebrate the release of her new memoir, **Growing up Biden**. Valerie writes of the role of family, faith, and fate in shaping her life, and the power of empathy and kindness in the face of turmoil and division. To get tickets, please use this link: <a href="https://email.extendedsession.com/t/t-l-qajylk-zuhktedi-u/">https://email.extendedsession.com/t/t-l-qajylk-zuhktedi-u/</a>

# SAN RAFAEL VILLAGE ANNOUNCEMENTS

Our "Rock Star" volunteers for the month of February were **Donnalee Wells**, **Drake Johnson**, **Sherry Brennan**, and **Suzie Molinari**. These rock stars went above and beyond in service to our members. We are grateful for their commitment!

Have some time to volunteer for our village, or know someone who does? The Marin Villages office is doing a heroic job of matching increasing member requests to volunteers skills and availability, but could use more volunteers! If you are already a volunteer, BJ, Matt and Karin would be delighted to help match you up with the right assignments. If you or a friend are not yet a volunteer, but have a few hours a month, they would love to hear from you. They have many types of assignments, from friendly phone calls to dog walks and more. We hope you will give them a call at (415) 457-4633. Thank you!

#### HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <a href="https://marin.helpfulvillage.com/pages/10049-marin-villages---donate">https://marin.helpfulvillage.com/pages/10049-marin-villages---donate</a> to contribute.