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## San Rafael Village

Assisting Marin's older adults to remain active, connected and independent in the place they call home

# December 2019 Calendar of Events

#### Information on San Rafael Village Events for December 2019

Monday, December 2 2:00 – 4:00 PM BOOK CHAT

Book Chat is a gathering to chat about books we have read, enjoyed (or not), with comments and discussion. We do not all read the same book and it is not necessary to have read anything recently. Let us know what you are reading! The meeting will be at the home of Val Stilson, 205 Sylvia Way, San Rafael. This group is open to members, volunteers and friends. We look forward to enjoying your company. Please RSVP to Val at <a href="mailto:valerie.stilson@sbcglobal.net">valerie.stilson@sbcglobal.net</a> or call 415-479-1439.

Wednesday, December 4 2:00 PM FIRST WEDNESDAY COFFEE

This event is cancelled for December. Please join us for the holiday party on the 18th!

Thursday, December 5 2:00 PM DEALING WITH LOSS

Dealing with Loss, a six-session support group comes together once a month **and is looking for two new members.** This intimate exchange of like-spirited people ready for deep personal sharing, support and learning new tools will be facilitated by Jackie Hewitt, who brings more than two decades of grief support to the group. It is a forum in which to share, support, and encourage each other as we move through one of life's greatest challenges. This group meets on the first Thursday of each

month. Contact Jackie Hewitt at <u>jackiejoyous@gmail.com</u> or 707-849-9786 to answer any questions.

#### Thursday, December 5 2:00 PM MAH JONG

On the first and third Thursdays of the month, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before you attend. There is an experienced teacher at each event to help those that are new to the game. Contact Gail Gifford at 415-456-9466 for more information and to purchase your cards. The group will meet at Lynn Nebenzahl's home, 823 Butternut Drive, San Rafael.

#### Monday, December 9 approx. 4:00 PM MOVIE GROUP

We meet for late afternoon movie and dinner. On the Thursday before the second Monday of each month (our monthly movie date), those Villagers on the movie-goers list will receive notice of which movie has been selected. If interested in becoming part of this group and receiving monthly notices, contact Joan Hartwell at <a href="mailto:joanjh@aol.com">joanjh@aol.com</a> or 415-479-9101.

## Wednesday, December 11 1:00 PM MEMBERSHIP/VOLUNTEER COMMITTEE

Help us recruit new members and volunteers. Contact Jane Solomons at 415-492-8041 or <a href="mailto:cartersolo@comcast.net">cartersolo@comcast.net</a> for more information.

## Friday, December 13 1:30 PM PROGRAM COMMITTEE

Interested in helping to plan activities and social events for San Rafael Village? Consider joining the Program Committee. Contact Carole Sherick at <a href="mailto:csherick@gmail.com">csherick@gmail.com</a> or 415-479-0930.

### Wednesday, December 18 2:00 PM HOLIDAY PARTY!

San Rafael Village will celebrate the holidays with a festive party at the Unitarian Congregation of Marin, 240 Channing Way, San Rafael. Look forward to great food, drinks and entertainment. We encourage you to bring a gift for Homeward Bound. This year they have asked for gift cards from Target or Safeway, Ross or Supercuts. Please RSVP to Marin Villages by <u>clicking here</u> or call the office at 415-473-4633.

December 18 2:00 PM READ IT OUT LOUD!

This event is cancelled for December.

#### 12:30 PM **VILLAGES BOOK CLUB** Thursday, December 19

The book we are reading this month is Gilead by Marilyn Robinson. Our book club is looking for new members. If you would consider joining us this month, you don't have to read the first book, just come meet us and see what a lovely group of readers we are and enjoy the lively discussion. All members and volunteers are welcome to join us. For more information, please call Karen at 415-403-3345.

#### Thursday, December 19 2:00 PM **MAH JONG**

On the first and third Thursdays of the month, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before you attend. There is an experienced teacher at each event to help those that are new to the game. Contact Gail Gifford at 415-456-9466 for more information and to purchase your cards. The group will meet at Lynn Nebenzahl's home, 823 Butternut Drive, San Rafael.

#### Friday, December 20 1:30 PM STEERING COMMITTEE

Are you interested in helping guide and further develop San Rafael Village? Do you have organizational and administrative skill you can contribute to the Steering Committee? If so, please contact Sparkie Spaeth at oksparkie@aol.com or 415-250-3172.

Tuesday, December 24 12:30 PM **LUNCH OUT!** 

Cancelled this month

Wednesday, December 25 10:00 AM A WALK WITH OUR DOGS

Cancelled this month

Tuesday December 24,

Wednesday, December 25 2:00 PM **NOT HOME ALONE for the** 

**HOLIDAYS** 

San Rafael Village is forming a new group for the holiday season. Are you home alone, have no plans and would welcome getting together with others? Donnalee Wells has offered to coordinate an early non-traditional restaurant dinner, featuring Chinese, Thai, or Japanese cuisine. And for those who wish, dinner will be followed by a movie. Interested? Contact Donnalee if you'd like to participate on Christmas Eve or Christmas Day. Email Donnalee at <a href="mailto:ibrakeforestatesales@comcast.net">ibrakeforestatesales@comcast.net</a> or 415-302-9244.

Friday, December 27

2:00 PM

**MEMOIR WRITING GROUP** 

Susan Mines facilitates our Memoir Writing Group. This group has been meeting monthly for over two years and welcomes new members. Contact Susan at souzele@comcast.net or 415-479-0351 for more information.

We encourage members and volunteers to bring guests to our events and activities -- help spread the word and grow our Village! If you need a ride to an event, please call Marin Village at 415-457-4633 at least four days in advance of the event. Also, check out <a href="mailto:marinvillages.org">marinvillages.org</a> to view the wide variety of Village activities throughout Marin that are available to you as Village members and/or volunteers.

Please always check out the events page on the <u>San Rafael website</u> as sometime the times of events change after the publication of the monthly newsletter.







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