

# San Rafael Village

Empowering older adults to remain active, connected, and independent in the place they call home

# March 2022 Calendar of Events

"The smallest deed is better than the grandest intention." ~Anonymous

# NEW MEMBERS AND VOLUNTEERS

Welcome to our newest members: Joya Cory and Sarita Chawla

We look forward to seeing you at our social events and activities!

Welcome to our newest volunteers: Emese Wood and Elaine Karatzides

We thank you for your service! Please join us at social events and activities, too.

Are you interested in being a "buddy" for a new San Rafael Village member? We are considering starting a buddy system for new members who are interested. This would involve connecting with the member shortly after they join and making sure they are comfortable requesting services and joining social events. If so, please contact Jane Solomons at <a href="mailto:cartersolo@comcast.net">cartersolo@comcast.net</a> or (415) 892-8041.

# SAN RAFAEL VILLAGE EVENTS

A friendly COVID reminder: All of our in-person groups are currently limited in size and participants must be fully vaccinated. Masks must be worn inside at all times and social distancing observed.

#### **Movie Group**

Sundays, March 6, 13, 20, & 27, 7:00pm Zoom

San Rafael Village loves our movie group! We meet **on Zoom** on Sundays at 7:00pm every week to discuss, in our highly entertaining but by no means high-brow group, a film selected from Netflix. We invite you to join the talk or just listen. If you are interested in joining the mailing

list (invitations are only sent to those who request them), contact Karen Gray at karenkasavana@gmail.com or (714) 403-3345.

#### **Book Chat**

Monday, March 7, 2:00pm

"You are never alone when you have a good book at your side." Come talk about books you liked and those you didn't like...all fair game! Join us at Book Chat! We will be meeting this month in person at the home of Marilyn Sharp. Please RSVP to Valerie Stilson (415) 479-1439 or valerie.stilson@sbcglobal.net.

## **Gathering at Andy's Market**

Wednesday, March 9, 2:00pm
Point San Pedro Road at Loch Lomond

In February a group of Villagers met on the patio outside Andy's Market at the Loch Lomond Marina. The setting is ideal, looking out over the docked boats and the San Pablo Bay beyond. New and not-so-new members and volunteers were actively engaged in getting to know one another. We'd like to repeat the experience in March. Hopefully the weather cooperates, but bundle up as needed. Drinks and goodies can be purchased inside the market. Please bring masks. Questions? Contact Carole at (415) 300-5220 or csherick@gmail.com.

#### Writer's Group II

Mondays, March 14 & 28, 1:00 – 3:00pm

Due to popular demand, we have opened another section. If you are interested in creative writing, give it a try with San Rafael Village. This new group will be limited to 6 – 8 participants. For more information, please call Anne Rozsa at (415) 250-2510 or email her at <a href="mailto:akrozsa@outook.com">akrozsa@outook.com</a>.

# Writers' Group I

Wednesdays, March 16 & 30, 2:00pm

This group continues to meet twice a month at the home of Susan Mines. We talk about writing...any kind of writing, hopefully yours! Short stories, long stories, your novel, poetry, prose. We talk about why we write, why we don't, we listen kindly to one another and will make editorial comments only if asked. For more information and to RSVP, contact Valerie Stilson at (415) 479-1439 or <a href="mailto:valerie.stilson@sbcglobal.net">valerie.stilson@sbcglobal.net</a>

#### San Rafael Village Walk

Wednesday, March 23, 10:30am Santa Margarita Island

Located in the Santa Venetia neighborhood, this is the only true island preserve in the Marin County Open Space District. Learn about the history that nearly saw a subdivision designed to mimic Venice, Italy. The island is 4.5 acres and the level walk around it is under ½ mile. After experiencing the island, we will return to our cars for a short ride to Santa Venetia Marsh Preserve, which borders the south fork of Gallinas Creek. Another level walk of about a mile loop will follow the levee. Both trails, though flat, are dirt paths with no benches to stop and rest. Then Villagers may choose to have lunch at a picnic table beside the Civic Center Lagoon. You can bring a bag lunch from home or pick up lunch at one of the places close to the Lagoon. Interested? Contact Carole at csherick@gmail.com or (415) 300-5220.

# **Villages Book Club**

Thursday, March 24, 12:30pm Zoom

Book to be selected at the February meeting. You don't have to read the book first; just come meet us and see for yourself what a lively group of readers we are. Everyone welcome. For more information, please call Karen Gray at (714) 403-3345.

## **Card and Game Players!**

Fridays, March 4 & 18, 1:30pm

Join fellow Villagers in an afternoon of fun! Revisit some of your old favorite card and other games and maybe learn some new ones. And, of course, always good company. We will meet this month at the homes of Jo Ann Kirkhart and Joy Bloom. For more information and the addresses, RSVP to Jo Ann at (415) 328-8098 or Joy at (415) 717-0173.

**Did you know** that you can join in most of the activities and events at our other Marin Villages? There are five other villages: Novato, Twin Cities, Ross Valley, Mill Valley and Tiburon Peninsula. Check out their calendars on the Marin Villages website, <a href="www.marinvillages.org">www.marinvillages.org</a>

# Village Business

**Program Committee** 

Friday, March 11, 1:30pm

Join us to help plan and implement activities and social events for our members and volunteers. Contact Carole Sherick at <a href="mailto:csherick@gmail.com">csherick@gmail.com</a> or (415) 300-5220.

## **Membership/Volunteer Committee**

Wednesday, March 16, 12:30pm

Help recruit new members and volunteers and support the ones we have. Contact Jane Solomons at (415) 492-8041 or <a href="mailto:cartersolo@comcast.net">cartersolo@comcast.net</a>.

#### **Steering Committee**

Friday, March 18, 2:30pm

Are you interested in helping guide and further expand San Rafael Village? Do you have organizational and administrative skills you can contribute? If so, please contact Sparkie Spaeth at <a href="mailto:oksparkie@aol.com">oksparkie@aol.com</a> or (415) 250-3172.

# OTHER MARIN VILLAGES EVENTS

**New Marin Villages Pilot Program: Stronger Memory** 

Informational session on Zoom Wednesday, March 16, 3:00 – 3:30pm

Flex your memory muscle in a 12-week guided course that you can do from home! Are you intrigued? Join us at this informational session to learn more and see if it's a good fit for you. To register, use this link: <a href="https://marin.helpfulvillage.com/events/4084-zoom-event---new-pilot-program:-%22stronger-memory%22">https://marin.helpfulvillage.com/events/4084-zoom-event---new-pilot-program:-%22stronger-memory%22</a>

#### Not Home Alone St. Patrick's Day Early Dinner

Thursday, March 17, 2:00 – 4:00pm Pacific Catch, Corte Madera Town Center



Wear your favorite splash of green and follow the rainbow to the pot of gold at Pacific Catch. Join Donnalee Wells and other Marin Villagers for a St. Patrick's Day Early Dinner outside on a covered and heated patio. First come, first served, and space is limited to 20 guests. Please **bring cash** for your meal. All attendees must be COVID vaccinated. Masks required. RSVP to

Donnalee at <u>donnaleewells@comcast.net</u> or text or call (415) 302-9244. Please call the Marin Villages office if you need a ride. (415) 457-4633

# SAN RAFAEL VILLAGE ANNOUNCEMENTS

Our "Rock Star" volunteers for the month of January were **Donnalee Wells, Drake Johnson** and **Carole Sherick**. These rock stars went above and beyond in service to our members. We are grateful for their commitment!

# HELP US HELP OTHERS

If you know someone who could use our services or is interested in volunteering with an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms. We always welcome donations to support our work! Please visit <a href="https://marin.helpfulvillage.com/pages/10049-marin-villages---donate">https://marin.helpfulvillage.com/pages/10049-marin-villages---donate</a> to contribute.

**Marin Villages** 4340 Redwood Highway, Suite F-142 San Rafael, CA 94903 (415) 457-4633 www.marinvillages.org