

## Interested in Volunteering?

### **Volunteering for the Village is easy**

No set schedules or time commitments

Online access to volunteer opportunities 24/7

Volunteer opportunities that match your interests and availability

### **Assignments come in many forms**

Friendly visits and walks

Rides to medical appointments, lunches, exercise or continuing education classes, errands...

Simple household maintenance (replacing light bulbs, water filters, smoke alarm and CO batteries), picking up mail, watering plants, help organizing

Assistance with pets

One-on-one technical help

Joining our Steering Team and helping create new programs and services

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To learn more about volunteering, contact Karen Robbins at 415-519-3420 or [karobbins@comcast.net](mailto:karobbins@comcast.net)

## How to Join

Mill Valley Village is a place to belong, to connect with old and new friends.

Memberships for individuals are \$40/month or \$450/year; household memberships are \$55/month or \$600/year.

Discounts are available based on household income.

Print a membership or volunteer application at [www.mvvillage.org](http://www.mvvillage.org) or contact our central office:

Marin Villages  
4340 Redwood Highway, Suite F-142  
San Rafael, CA 94903  
415-457-4633

Donations are gratefully accepted!



For membership information, contact Sue Steele at 415-388-7832 or [xerty.10@gmail.com](mailto:xerty.10@gmail.com)

## **Mill Valley Village** a branch of

# MARIN VILLAGES



Our Paths - Our Choices

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**Helping Mill Valley's older  
adults maintain active,  
independent and connected  
lives in the place they  
call home**

**[www.mvvillage.org](http://www.mvvillage.org)**

**Connie Dubin, Chair  
Mill Valley Village  
415-381-7606  
[millvalleyvillage@gmail.com](mailto:millvalleyvillage@gmail.com)**

## What is Mill Valley Village?

Mill Valley Village, now in operation for more than nine years, is part of a national movement dedicated to helping older adults maintain active, independent and connected lives.

We are not a place but a non-profit organization, bringing to life a great idea: a vibrant local community of members and volunteers, enriching each other's lives, building new connections and making everyday life easier.

Our more than 125 volunteers couple old-fashioned neighborliness with modern know-how to provide a wide range of local programs and valuable benefits to fellow villagers as well as the broader Mill Valley community.

Our parent organization, Marin Villages, maintains a small staff to provide key services, such as fielding phone calls and matching volunteers with member requests for Villages across Marin.



Members call to request a friendly visit, a ride to the doctor or grocery store, even someone to walk the dog. Our staff make arrangements with a local volunteer and call you back.

It's that simple!

## Neighbors Helping Neighbors

The Village Movement started twenty years ago when a group of friends in the Beacon Hill area of Boston, intent on staying in their own homes, decided to create a community-based organization to meet their needs.

The concept was simple but powerful: neighbors and volunteers would assist with routine tasks and occasional rides, and would create opportunities to develop and grow relationships, establishing a "village-like" atmosphere in which no member is forgotten.

The concept caught on and there are now over 250 active Villages throughout the country, and more in development.

Marin Villages, our parent organization, began in 2009, and is a non-profit organization qualified to receive tax-deductible contributions.

In 2012, Mill Valley Village began offering programs and services. We are now a community of over 275 villagers, more than 125 of whom are volunteers, organizing programs and offering services.

**Enrich Your Life  
Become a Village Member,  
Volunteer, Donor....or all three!**

## Benefits of Membership

### ***Meeting people and making friends***

Join us for coffees, lunches, happy hours, a men's group

### ***Pursuing interests and exploring new ones***

Join us for trail walks, memoir writing, a book club, knitting, hiking, presentations and more

### ***Keeping up with the times***

Get one-on-one help with computers, tablets, printers, phones and other devices

### ***Meeting transportation needs***

Enjoy the company, as well as the rides, to social engagements, exercise programs, grocery shopping, medical appointments, village events and more

### ***Keeping the household in order***

Get "handyman" assistance with minor jobs

### ***Referrals to paid providers***

Access to service providers referred by other members and volunteers

### ***Discounts and other benefits***

From your local merchants in support of the village

### ***Chances to give back***

Volunteer opportunities according to your interests and availability