

MARIN  
VILLAGES



Our Paths - Our Choices

# Tiburon Peninsula Village

Empowering older adults to remain active, connected,  
and independent in the place they call home

## October 2021 Newsletter

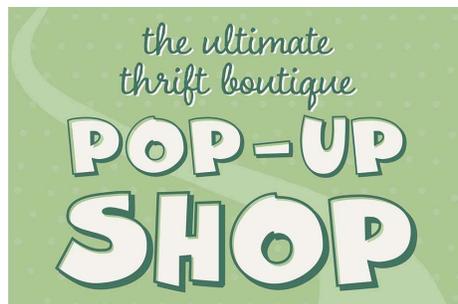
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Cherie Sorokin, editor



Or even what month it is! Hard to believe October is upon us! The equinox has passed, so happy fall to everyone.

As we turn the corner from September to October don't forget



**Thursday, September 30 – Saturday, October 2, 11:00am – 6:00pm (extended hours!)**

**Sunday, October 3, 12:00 – 5:00pm**

Northgate Mall, Terra Linda

It's finally here! This great event is benefiting Marin Villages. Come see what an amazing job our volunteers have done collecting and displaying "the goods" donated by Marin Villages members and friends. Wow, it looks like a real store! Not your typical rummage sale for sure. We are open Thursday through Sunday. Do stop by and, of course, BUY! Treasures await.



### COVID alert!

The CDC is recommending that you get a booster shot if you meet these criteria:

- you are 65 or older, or
  - you are 50-64 years old and you have underlying medical conditions, or
  - you live in an assisted living facility
- and**
- you received the Pfizer vaccine shots at least 6 months ago.

Boosters are NOT yet recommended for those who received the Moderna or Johnson & Johnson vaccines.

To schedule a booster, try your healthcare provider first, but after that, if you need help with scheduling or need a ride to a location where the boosters are given, call the office. Boosters are pretty readily available at many pharmacies in Marin. If you can't leave your house because of mobility, fragility, or other concerns, call the office for assistance. It may be possible to receive your booster at home from one of the mobile assist units. (415) 457-4633

Also remember that Marin Villages is requesting that members and volunteers wear masks when accepting/giving Marin Villages car rides or services provided in homes, as well as at indoor events/gatherings in private homes **unless it is certain that everyone present is fully vaccinated**. How about this little déjà vu reminder from the time of the Spanish Flu? If you can't read the sign on the coat at the far right, it says *Wear a mask or go to jail!* A bit stronger than our message, but nonetheless a good reminder of the importance of wearing masks!



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## WELCOME, NEW MEMBERS!

**Members:** Melanie Maier recently joined TPV as a member.

Welcome! Loved meeting you if only briefly at the last happy hour, and looking forward to seeing again soon!

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## LOCAL VILLAGE EVENTS (open to all unless noted)

### Food & Drink

#### **TPV Morning Coffee**

Thursday, October 14, 10:30 am (second Thursday of the month)

Outdoors behind Rustic Bakery!



- Dutch treat
- Join us at the tables in back outside
- If it's too hot, cold or windy to be outside, we'll decide at the time whether we can safely move indoors
- Masks are ok, but not required if you are fully vaccinated and we're outside (Vaccination is, of course, highly advised!)
- Masks are required to enter and order coffee, or to sit inside, etc.
- If you need a ride, please RSVP by calling the office! Otherwise no RSVP needed. (415) 457-4633

**Another gathering for drinks, but different outdoor location!**

Monday October 18, 5:00 – 6:30 pm

Tiburon Tavern



- TPV will treat you to one drink, plus some appetizers for the group
- Outdoors on their patio
- RSVP at <https://marin.helpfulvillage.com/events/3478-happy-hour---in-person-at-tiburon-tavern> by October 15 so I can confirm how many we will be. Tentative reservation is for 18 people, based on numbers from our last outings at Sam's.
- Be sure to indicate when you RSVP whether you need a ride

Tiburon Tavern is now operated by the owners of Luna Blu. New vibe, new menu. We tried it out for lunch last month and it was great.

## MARIN VILLAGES EVENTS

**Annual Volunteer Appreciation Zoom party!**

Sunday, October 24, 4:00 – 5:00pm

Join us on Zoom as we gather to celebrate our incredible Marin Villages volunteers, whose hard work, dedication, and friendship toward our members are an inspiration. Don't miss it—we'll share stories, draw for some fantastic prizes, and have more surprises, too! See you there! To register, go to <https://marin.helpfulvillage.com/events/3468>

### **Not Home Alone—Halloween**

Sunday, October 31, 2:00pm

McInnis Park Club Restaurant, 350 Smith Ranch Road, San Rafael



Join other Villagers for an early dinner at The Club restaurant at McInnis Park on Halloween! Costumes fun but optional. Please RSVP to Donnalee Wells. [donnaleewells@comcast.net](mailto:donnaleewells@comcast.net) or (415) 302-9244 (call or text)

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## **TIBURON COMMUNITY EVENTS**

### **Tiburon Police Living and Growing Together meetings**

The gathering for Tiburon residents designed to create meaningful engagement with the Tiburon Police Department on the policing needs of the community was rescheduled to September 30 from 6:00 – 8:00pm at the Tiburon Town Hall.

### **The Tiburon Wine Festival is back!**

October 2, 1:00 – 4:00pm on the Point Tiburon Plaza. Outdoors, but proof of vaccination or negative COVID test within 48 hours of the event required. Photo ID also required and must be at least 21 years old to attend. No kids or pets allowed. Cost is \$85 for this rain-or-shine event.

### **Mondays with the mayor!**

The second and fourth Mondays of the month, Tiburon Mayor Holli Thier hosts a virtual coffee via Zoom. Sign up at [HolliThierTiburonTownCouncil@gmail.com](mailto:HolliThierTiburonTownCouncil@gmail.com).

### **Library virtual programs for seniors**

There's always something going on at the library! Check out the list of virtual events. [https://www.beltibrary.org/events?field\\_audience\\_value%5B%5D=Seniors](https://www.beltibrary.org/events?field_audience_value%5B%5D=Seniors)

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## OTHER COMMUNITY EVENTS

### Classes at the Intergenerational Center

Lots of art classes, yoga and other classes are available from the Corte Madera Intergenerational Center—still on Zoom for now. Check out the variety!

<http://www.agefriendlycortemadera.com/intergenerational-center-1.html>

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## AND MORE...

Are you keeping an eye on fire danger and your own emergency preparedness? Nag, nag, nag, but this is really important! Have you heard that Marin has a new site to provide info on evacuation routes? Check out what it's all about here:

<https://www.marincounty.org/main/county-press-releases/press-releases/2021/so-zonehavenlaunch-092121>

And remember, actually prepare, don't just think about it!

- Sign up your cell phone for fire and other disaster alerts with AlertMarin ([www.alertmarin.org](http://www.alertmarin.org)) and with Nixle (text your zip code to 888777). Note that landlines are already registered with AlertMarin.
- Make sure your family or closest friends know where to meet up or where you will be if separated and what escape routes you have identified
- Keep your emergency kits and "go bags" where you can easily find them. Include a mask and bandana to help protect against smoke. Don't forget sturdy shoes and long pants and a jacket. Prepare pet carriers and pet food, if you have pets.
- Keep that cell phone fully charged and your gas tank at least ½ full

### Remember to laugh a little

Apropos of our mini Tiburon Peninsula heatwave in September..

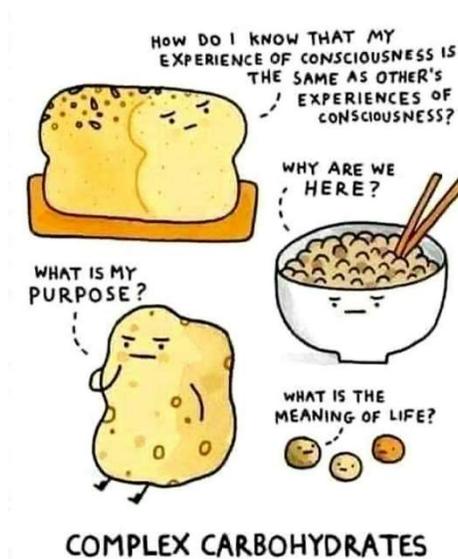


**I GOTTA GET MY  
LIFE TOGETHER.  
THIS DAMN HEAT  
MADE ME  
REALIZE I CAN'T  
GO TO HELL.**

Apropos of the need to be nimble in marketing...

Starbucks is planning  
on selling beer and wine.  
Apparently it's getting  
difficult to sell sober people  
a \$12 cup of coffee.

And then there's the question whether some of our food has independent thoughts...



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## HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website ([www.marinvillages.org](http://www.marinvillages.org)) for application forms and online donations. Member and volunteer referrals are our best recruiting tools!

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(415) 457-4633 [www.marinvillages.org](http://www.marinvillages.org)