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# **Twin Cities Village**

# Stay active, connected and independent!

#### You're Invited to Marin Villages 10th Anniversary luncheon!! Sunday, November 17 11:30 am – 2:00 pm Marin Country Club, 500 Country Club Way, Novato

Let's celebrate together!! This fundraising luncheon is the perfect forum to enjoy each other's company, congratulate one another on the incredible organization we've been able to grow over the past 10 years and include friends and family members to help spread the word. Comedian, Josh Kornbluth, will entertain guests with his "Acting Your Age" set.

This is a fundraiser, so tickets are \$100 per person. (\$50 of each ticket is tax deductible.)

Click here to sign up or call the Marin Villages' office at 415-457-4633.

## Join us for our annual "Happy Luncheon" at the Silver Peso!!



Tuesday, November 19th from 11:30 - 1:30

Come join the Twin Cities Village at this happy hour luncheon and find out just what's behind the doors at our local Larkspur watering hole!

### What's Happening in Twin Cities Village

Have you seen our new website? Go to <u>marinvillages.org</u> and check out the Twin Cities section of the site. We will begin posting pictures from our events – so bring a camera!!

#### Village Men's Group

#### <u>Wednesday, November 6 & 20 11:00 – 12:30 pm</u>

#### Where: Sweetwater Music Café, Mill Valley

Drop by Mill Valley's Sweetwater Music Hall the second Wednesday of the month to meet other members, volunteers and those just interested in finding out more about Marin Villages. And please bring a friend! This is an informal gathering so just stop by the cafe, buy a cup of coffee (or not) and come on into the music hall where we pull up some chairs and tables and introduce ourselves.

On-street parking is available nearby as well as behind City Hall (across the street). Members may call the office (415-457-4633) to request a ride to this or any other event.

Marin Commission on Aging "Living Options for Older Adults in Marin." Thursday, November 7 10-11am Where: Whistlestop, San Rafael Looking ahead at Marin housing options over the next five years, hear from Joe O'Hehir, CEO of Whistlestop, Hunter Moore, CEO of The Redwoods and Joseph Walsh, Marin Environmental and Housing Collaborative.

#### Friends of the Library: "What's It Worth?" Roadshow November 9th, 9:00 am – 4:00 pm Larkspur Library

The Larkspur Friends of the Library invite curious collectors to bring their treasures to City Hall on Saturday, November 9<sup>th</sup> to see what they are worth! Sacramento Auctioneer Brian Witherell, COO Witherell's Inc., will give verbal appraisals for paintings, sculpture, silver, collectibles, luxury goods, watches, Mid Century Modern furniture, decorative arts, arms, and militaria. Photographs are accepted for fragile or oversize items. Limit 2 items per person. First come, first served with early access at 9:00AM - \$40. Coast \$25 from 10 AM - 4 PM. Proceeds go to the Friends of the Library. For more information, visit friendsoflarkspurlibrary.org or call 415-927-5005.

#### Marin Villages Volunteer Training

Tuesday, November 1911 am - 12:30 pmMarin Villages Office, 4340 Redwood Highway Suite F-142, San Rafael, CAContact Diane Castro, 415-457-4633, Marin Villages OfficeVolunteer Training - for new volunteers, those thinking of volunteering, and<br/>volunteers needing a reminder class. Contact Diane Castro, 415-457-4633,<br/>Marin Villages Office to sign up.

#### Happy Lunch at the Silver Peso

November 19, 11:30 to 1:00

#### Silver Peso, 450 Magnolia Ave.

Join us for a fun lunch at the Silver Peso in Larkspur. It will be a fun afternoon at one of Marin's iconic watering holes!

#### FIRESafe MARIN Home Hardening Workshop

#### November 19; 6:30 to 8:30

Free seminar hosted by FIRESafe MARIN on home hardening against fire.

FIRESafe MARIN has developed a seminar and training curriculum to introduce homeowners to these concepts.

Taught by experts in the field of wildfire, home hardening, and building science, this seminar will help Marin homeowners to:

- Identify their home's vulnerabilities to wildfires and embers
- Introduce ignition and ember resistant design and materials
- Provide home-hardening and retrofitting resources
- Encourage building modifications to reduce the likelihood of structural ignitions during wildfires
- Manufacturer representatives will be on-site to display fire-resistant building materials

Weather permitting, a live fire demonstration will be conducted at 5 PM to demonstrate the differences between fire-resistant and ordinary construction. Register at <u>www.firesafemarin.org/events</u>.

# Twin Cities Villages and Age Friendly Speaker Series – "No More Holiday Stress"

#### Wednesday, November 20 11:00 am - 12:30 pm Where: Corte Madera Intergenerational Center 498 Tamalpais Drive, Corte Madera

Did you know that Marin offers many options to help us deal with difficult feelings, challenging emotions and stress? This month we offer a panel of experts from the BOOST counseling program at Jewish Family and Children's Services' Seniors At Home, Marin County's HOPE and Senior Peer Counseling Program, and AgeSong Marin. Learn how to successfully navigate those unavoidable bumps in the road.

#### Twin Cities Village – Steering Committee meeting

Monday, October 28 10:30 am – 12:00 pm Where: Larkspur Recreation Center, 240 Doherty Dr. (furthest back building)

Are you interested in meeting new people? Do you like to organize programs

and events? We'd love to have you on our steering committee. Come by and see what we're planning.

#### SAVE THE DATE - TWIN CITIES VILLAGE 3RD ANNIVERSARY PARTY

Wednesday, December 18<sup>th</sup> 11:00 am – 12:30 pm Corte Madera Community Center

#### **Twin Cities Village Contacts**

Larry Meredith – Chair (415)-860-2535 Marty Schwarz – Membership (415)-924-3492 Madelon Thomson – Membership (415)-572-5154 Mary Wood – Volunteers (415)-924-8812



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