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San Rafael Village

Assisting Marin's older adults to remain active, connected and independent in the place they call home

November 2019 Calendar of Events

Information on San Rafael Village Events for October 2019

Monday, November 4 2:00 – 4:00 BOOK CHAT

Book Chat is a gathering to chat about books we have read, enjoyed/or not, with comments and discussion. We do not all read the same book and it is not necessary to have read anything recently. Let us know what you are reading! The meeting will be at the home of Alison Fuller, 304 N. San Pedro Court. Directions: From Hwy 101, go north on San Pedro Road, turn right on Oxford (see 711 store on right). Turn left on San Pedro Court. This group is open to members, volunteers and friends. We look forward to enjoying your company. Please RSVP to Val at <u>valerie.stilson@sbcglobal.net</u> or call 415-479-1439.

Wednesday, November 6 WEDNESDAY COFFEE

2:00PM FIRST

This gathering is always fun and lively. Join friends from San Rafael Village and bring a friend or neighbor. This month's hostess is Lynn Nebenzahl, at 823 Butternut Drive, San Rafael. Directions: From US101, take Freitas Pkwy exit west toward Terra Linda. Turn right on Monticello Road, then left on Butternut Dr to #832. Questions: Contact Joy Bloom at 415-717-0173 or joy@ejbloom.com

Thursday, November 7 2:00PM

DEALING WITH LOSS

San Rafael Village is expanding its End of Life support and explorations through Dealing with Loss, a six-session support group coming together once a month. This intimate exchange of like spirited people ready for deep personal **sharing**, support and learning new tools will be facilitated by Jackie Hewitt, who brings more than two decades of grief support to the group. It is a forum to share, support, and encourage each other as we move through one of life's greatest challenges. This group meets on the first Thursday of each month. Space is limited.

Contact Jackie Hewitt at jackiejoyous@gmail.com or 707-849-9786 to answer any questions.

Thursday, November 7 2:00PM

A new activity for Marin Villagers! On the first and third Thursdays of the month, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before you attend. There is an experienced teacher at each event to help those that are new to the game. Contact Gail Gifford at 415-456-9466 for more information and to purchase your cards. The group will meet at Lynn Nebenzahl's home, 823 Butternut Drive, San Rafael.

Friday, November 8 1:30PM

PROGRAM COMMITTEE

MAH JONG

CANCELLED THIS MONTH

Monday, November 11 approx. 4:00PM MOVIE GROUP

We meet for late afternoon movie and dinner. On the Thursday before the second Monday of each month (our monthly movie date), those Villagers on the

movie-goers list will receive notice of which movie has been selected. If interested in becoming part of this group and receiving monthly notices, contact Joan Hartwell at joanjh@aol.com or 415-479-9101.

1:00PM

Wednesday, November 13 MEMBERSHIP/VOLUNTEER COMMITTEE

Help us recruit new members and volunteers. Contact Jane Solomons at 415-492-8041 or <u>cartersolo@comcast.net</u> for more information.

Friday, November 15 1:30PM STEERING COMMITTEE

Are you interested in helping guide and further develop San Rafael Village? Do you have organizational and administrative skill you can contribute to the Steering Committee? If so, please contact Sparkie Spaeth at <u>oksparkie@aol.com</u> or 415-250-3172.

Wednesday, November 20 LOUD!

2:00PM READ IT OUT

Have you read a poem, old letter, journal entry or memoir, maybe a letter to the editor or a special paragraph or two from a novel or biography, or even something you've written yourself? At this gathering, we read to one another and share our thoughts. We will meet at the home of Susan Mines, 161 Barberry, Terra Linda. Interested? Please RSVP to Val at valerie.stilson@sbcglobal.net or 415-479-1439.

Thursday, November 21 12:30PM

VILLAGES BOOK CLUB

This Club will be meeting on the 21st this month. The book we are reading is Lab Girl by Hope Jahren. Just a hint as to how wonderful this book is from Miss Jahren's website at <u>hopejahrensurecanwrite.com</u>. Our book club is looking for new members. If you would consider joining us this month, you don't have to read the first book, just come meet us and see what a lovely group of readers we are and enjoy the lively discussion. All members and

volunteers are welcome to join us. For more information, please call Karen at 415-403-3345.

Thursday, November 21 2:00PM

MAH JONG

A new activity for Marin Villagers! On the first and third Thursdays of the month, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before you attend. There is an experienced teacher at each event to help those that are new to the game. Contact Gail Gifford at 415-456-9466 for more information and to purchase your cards. The group will meet at Lynn Nebenzahl's home, 823 Butternut Drive, San Rafael.

Tuesday, November 26 12:30PM LUNCH OUT!

Chalet Basque, 405 North San Pedro Road, San Rafael. We haven't been to this much requested restaurant for a long time. Established in 1962, Chalet Basque is one of Marin's oldest and most delicious places to eat. Chalet Basque serves Basque cuisine which is hugely popular in Spain and France, as well as San Rafael! Please join us, bring friends and prospective members. Lunch Out is a great way for new members to meet us. Please be prepared to pay in cash with a 20% tip. In return we will be given individual checks. Hope to see you there! For questions and to RSVP, contact Valerie Stilson at 415-479-1439 or valerie.stilson@sbcglobal.net.

Wednesday, November 27 OUR DOGS

10:00AM **A WALK WITH**

Bring your dog to the Hamilton levee for an hour walk along a flat, scenic, dogfriendly path.

We will meet at the entrance to the path at the end of the parking lot by Hanger 7. Please be prompt as dogs don't like to wait! Contact Sparkie to RSVP and for directions at <u>oksparkie@aol.com</u> or 415-250-3172.

Thursday, November 28 HOLIDAYS

NOT HOME ALONE, for the

San Rafael Village is forming a new group for the holiday season. Are you home alone, have no plans and would welcome getting together with others? Donnalee Wells has offered to coordinate an early non-traditional restaurant dinner, featuring Chinese, Thai, or Japanese cuisine. And for those who wish, dinner will be followed by a movie. Interested? Contact Donnalee if you'd like to participate on Thanksgiving. Christmas Eve, Christmas day, New Year's Eve and New Year's day are also being considered. Email Donna at ibrakeforestatesales@comcast.net

Friday, November 29 2:00PM MEMOIR WRITING GROUP

Susan Mines facilitates our Memoir Writing Group. This group has been meeting monthly for over 2 years and welcomes new members. Contact Susan at <u>souzele@comcast.net</u> or 415-479-0351 for more information.

SAVE THE DATE FOR OUR HOLIDAY PARTY! WED. DECEMBER 18TH, 2:00PM

More information will be coming out on the details later in the month.

Marin Villages' 10th Anniversary Fundraisers

November 17 – <u>"Acting Your Age"</u> – Celebrating Marin Villages' 10th Anniversary with comedian Josh Kornbluth

Let's celebrate together!! This fundraising luncheon is the perfect forum to enjoy each other's company, congratulate one another on the incredible organization we've been able to grow over the past 10 years and include friends and family members to help spread the word. Comedian, Josh Kornbluth, will entertain guests with his "Acting Your Age" set. <u>Click Here To</u>

Sign Up

We encourage members and volunteers to bring guests to our events and activities -- help spread the word and grow our Village! If you need a ride to an event, please call Marin Village at <u>415-457-4633</u> at least four days in advance of the event. Also, check out <u>marinvillages.org</u> to view the wide variety of Village activities throughout Marin that are available to you as Village members and/or volunteers.

Please always check out the events page on the <u>San Rafael website</u> as sometime the times of events change after the publication of the monthly newsletter.



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