



Novato Village

Empowering older adults to remain active, connected,
and independent in the place they call home

August 2021 Newsletter

NOVATO VILLAGE STEERING COMMITTEE SAYS...

1. We have renamed the morning coffee on the second Wednesday of the month to reflect the informational sessions they have become. Now called ***The more you know...about [topic]***, these sessions will continue as Zoom events *every other month* with an expert guest speaker. What would **you** like to know more about? Let us know!
 2. The second Thursday of the month at 1:30pm debuts our in-person ***CoffeeTea&Chat***. Join us **in-person** at the various coffee shops in Novato for conversation and friendship, no matter what the weather might be. We'll announce the coffee shop location in the newsletter. Looking forward to seeing you and supporting our local businesses.
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WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Maureen (Mo) and Alan Parry, Marilyn Seiberling

Volunteers: Jan McKee, Barry Cohen, Gianna Marino, Ryan Birkett, Kevin Johnston, Mary Lamb

Thank you for giving your time and energy to our village. We look forward to seeing you all at an event soon!

LOCAL VILLAGE EVENTS (open to all unless noted)

If you need a ride to any of the in-person events below, please contact the office at info@marinvillages.org or (415) 457-4633. Some of the events below are offered on Zoom. If you are not yet comfortable with Zooming, we can provide one-on-one help. Just let the office know you would like a volunteer to work with you.

Food & Drink

CoffeeTea&Chat

Thursday, August 12, 1:30 – 3:00pm

Creekside Bakery, Downtown Novato Center, 1719 Grant Ave

This is a drop-in event for friendly conversation. Get connected to other Novato Village members and volunteers. Bring a friend who might be interested in Novato Village. RSVP is not required. For more information, contact Joanne Lang at (916) 716-5800 or ilangtpa@gmail.com.

Lunch at Boca Pizzeria

Wednesday, August 18, noon

454 Ignacio Blvd, Pacheco Plaza Center, Novato

Join us for in-person lunch, tasty food, and conversation. RSVP is not required. Get a peek at the menu using this link: http://places.singleplatform.com/boca-pizzeria/menu?ref=google#menu_56225. For more information contact Joanne Keenan at (415) 883-5729 or jkeenan@pacbell.net.



We enjoyed lunch at Sam's Place in July. Thanks for setting it up, Tom Nelson!

Happy Hour at Rickey's

Wednesday, August 25, 4:00 – 6:00pm

Located at InnMarin, 250 Entrada Dr., Novato

Enjoy cocktails or non-alcoholic beverages—so many choices! Hope to see you there! RSVP is not required. For more information, contact Marge Jackson at (415) 892-1238 or marge-32@hotmail.com.



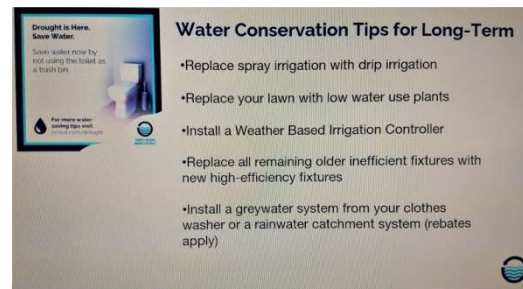
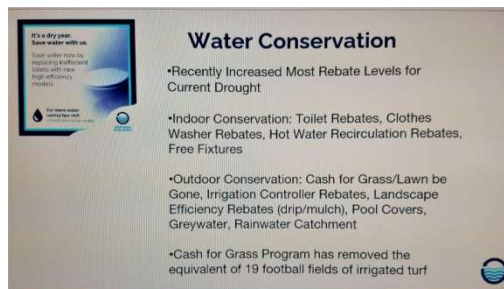
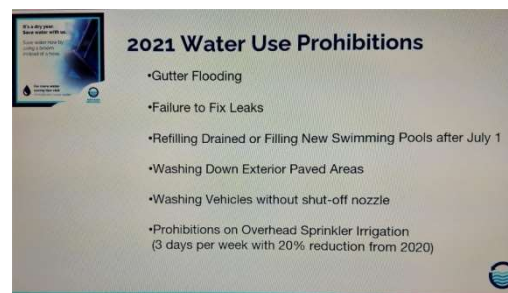
In July, over 20 guests enjoyed the first in-person Happy Hour in over a year at Rickey's!

Education & Presentations

Informational session on Zoom – *The more you know...about hearing loss: tips for communicating in the hearing-loss world*

Wednesday, August 11, 11:00am – noon

Approximately one in three people between the ages of 65 and 74 has hearing loss, and nearly half of those older than 75 has difficulty hearing. Our presenter will be **Sara Oser**, co-founder, Hearing Loss Association of America (HLAA) North Bay Chapter. HLAA is a nonprofit organization that meets in San Rafael monthly to provide information, education, support, and advocacy for people with hearing loss. Sara facilitates the Hearing Other People's Experiences (HOPE) support group, writes the newsletter, and is a leader on the steering committee. For outreach, she gives free presentations to interested groups on tips for communicating in the hearing-loss world. The website for the organization is www.hearinglossnorthbay.org. No need to RSVP; the Zoom link will be sent to everyone by email.



In July, North Marin Water District speaker Ryan Grisso updated us about water conservation tips now that we have to reduce usage by 20%.

Exercise

Novato Village Walk – Civic Center lagoon

Thursday, August 5, 9:30 – 11:00am

Marin County Civic Center Lagoon, 3530 Civic Center Drive, San Rafael

Novato Village walkers will meet in the parking lot across the street from the **Marin County Civic Center**. This will be a short 45-minute walk on firm packed gravel and paved sidewalks around the Civic Center lagoon. This makes the walk open for all levels of walkers.

Driving: Take Freitas Parkway/Terra Linda exit off Hwy 101 south. Cross over the freeway and turn right on Civic Center Drive. Drive past the lagoon and turn left into the parking lot just across the street from the first set of arches of the Civic Center. We hope many walkers will join us. We ask that you **please RSVP** so we don't start without you. Contact Pat Bailey at pbailey49@aol.com or (415) 652-9073 to RSVP.



Beautiful scenery walking at Indian Valley campus of the College of Marin in July

Books

Book Lovers' Group

Tuesday, August 10, 11:00am

Beth Livoti's home

This month we are reading *Caste* and *The Warmth of Other Suns* both by Isabel Wilkerson. September's read is Mitch Albom's *The Five People You Meet in Heaven*. Call or email Beth Livoti for her address, (415) 892-1043 (h) or (415) 246-0359 (c) or llivoti@comcast.net

Fun & Games

Puzzle Exchange!

Saturday, August 7, 1:00 – 3:00pm

Sue Lyttle's patio, 2041A Mill Road, Novato



Love working puzzles, but tired or bored with your current collection? Why not trade for something different or new to you? Sue Lyttle will host a puzzle exchange on Saturday, August 7 on her back patio. Bring one puzzle, exchange it for another one, or bring more and exchange them for the same number of new (to you) puzzles. Questions? Call Sue at (650) 799-6900.

Groups

Village Viewers Movie Group

Saturday, August 21, time & location to be announced

In July we saw *Dream Horse*. It was a wonderful movie! Then we enjoyed a delicious lunch at McInnis Golf Course. Please join us on the third Saturday of each month. I will be picking the movie closer to the date and will email everyone the information. Hope to see you there. Contact me, Joanne Lang, with questions, at (916) 716-5800 or Jlangtpa@gmail.com

Village Business

Novato Village Steering Committee

Tuesday, August 17, 10:30am

NovaRo Community Room, 1130 7th St, Novato

Please contact Beth Livoti, llivoti@comcast.net or (415) 892-1043 for information.

MARIN VILLAGES EVENTS

MARIN VILLAGES' QUALITY RUMMAGE SALE AND FUNDRAISER

Help us make it a huge success!

As you probably know by now, we are planning Marin Villages' first-ever rummage sale. Our planning is off to a good start and we can't wait to see how it grows. Come and join in the fun!



The sale will be held September 24 and 25 at the former Max's restaurant adjacent to the Corte Madera Best Western. We are collecting quality donated items from our members and volunteers and friends to make this fundraiser successful!

What we want...

We are accepting easily portable items (if you can carry it, we will take it, unless it's an item in the second table below!) and donors will receive a tax-deductible receipt. All items should be in good condition; nothing soiled or broken, please.

Women's clothing and shoes	Linens, tablecloths, placemats	Small exercise and sports equipment, golf clubs
Housewares--dishes, small kitchen appliances, utensils, baskets, garden	Small furniture items such as lamps and side tables	Small working electronics such as tablets, iPads, and e-readers.
Home décor and artwork	Bed and bath items	CDs and DVDs
Jewelry	Children's toys/clothes	Sports memorabilia

We are not accepting the following due to space limitations

Holiday decorations	Large furniture or appliances	Mismatched glasses, cups, plates
Pianos	Skis, surf boards	Large exercise equipment
Child car seats	Silver plated serving pieces or pewter items	Books

Please look for and set aside gently used, clean and functioning items that you would like to donate to raise funds for Marin Villages and let us know when you can drop them off or we can pick them up. If you have donations or would like to volunteer to help with this event, please contact our Novato Village representative, Beth Livoti, at llivoti@comcast.net or (415) 892-1043 (h), (415) 246-3059 (c). We would love to have you join us setting up, selling, and cleaning up!

Tom met his wife, Jean, when he was a student at St. Mary's College in Moraga. He was part of a team of upperclassmen welcoming new students to the campus. Tom's and Jean's relationship grew and they married in 1973.

Tom and Jean moved from Marin County to New Jersey to Texas over the years, and back to Marin, settling in Novato. Tom wanted his children to get to know their grandparents. He has a son, Mark, a daughter, Lauren, and 10 grandchildren/step-grandchildren.

Tom's career was representing the family business selling metals and alloys for steel and oil as agents for foreign producers from the 1970s until his retirement in 2015. He loves baseball, and loved playing on Little League, high school and college teams, as well as coaching. Volunteering runs strong in his life and he has been a tutor in Marin County for high schools.

"Virginia Eggleston mentioned Marin Villages and Novato Village to me," Tom said. "I volunteered in 2019 and have had a ball ever since. I was accepted onto the Steering Committee shortly thereafter."

Since Tom joined Novato Village as a volunteer in May 2019, he has completed over 240 service requests and has spent close to 300 hours providing rides to medical appointments, delivering groceries, walking and creating friendships with numerous members, and helping out in seemingly every other volunteer category we have. He has also spent nearly 80 hours over the past two years in his leadership role on Novato Village's Steering Committee. His infectious energy and compassionate nature make him a natural volunteer. In his words, "I found my way to Marin Villages in 2019 and am having the time of my life. Being an outgoing history and baseball buff, I enjoy the chance to exchange stories. I feel blessed to have this opportunity to serve our members, whether celebrating the goodness of life or empathizing on its challenges." Thank you, Tom, for all you do!

AND MORE...

Not Home Alone – 4th of July

A Marin Villages event celebrating with other Villagers at The Club Restaurant, McInnis Park.



Six Novato Village members attend the event organized by Donnalee Wells

Soroptimist OWLS putting the 4th of July flag gift together + Novato Village volunteers delivering them = happy Novato Village recipients!



HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms and online donations.

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(415) 457-4633 www.marinvillages.org