



Tiburon Peninsula Village

Empowering older adults to remain active, connected,
and independent in the place they call home

August 2021 Newsletter

Cherie Sorokin, editor



We had a great time at Sam's at our Happy Hour in July. Over 20 members and volunteers attended, just a few of them pictured here, and as you can see, the weather was perfect. We'll have another at the end of this month. Come join us!

COVID ALERT! MASK INDOORS!

Well, it continues to be confusing about whether or not to wear masks and the news about rising numbers of COVID cases among the unvaccinated and even a few vaccinated individuals is concerning. Watch for updated information and guidance from Marin Villages periodically as we try to stay on top of everything. The last Marin Villages update was emailed to members

and volunteers on July 20, and noted that **the seven Bay Area counties all recommend that masks be worn in public indoor spaces regardless of vaccination status.**

In addition to supporting that recommendation, that email also requested that that Marin Villages members and volunteers wear masks when accepting/giving Marin Villages car rides or services provided in homes, as well as at indoor events/gatherings in private homes, **unless it is certain that everyone present is fully vaccinated.**

Today the State of California issued formal guidance which reflects the same advice about wearing masks in indoor public spaces. You can read the State's guidance here:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>

If you need another copy of the Marin Villages mail from July 20, which is more specific on Marin Villages protocols, email Cherie Sorokin (cheryl.sorokin@gmail.com) for a copy but also watch for future updates, as things continue to be very fluid. A link to the recent Marin Villages program with Dr. Matt Willis will be available soon. If you didn't attend, you might want to watch it when you receive the link from the office.

WELCOME, NEW MEMBERS!

Bruce and Cynthia Sievers have joined us as members of Tiburon Peninsula Village. Welcome, and we look forward to seeing you at one of our events soon.

LOCAL VILLAGE EVENTS (open to all unless noted)

If you need a ride to the events below, please contact the office at info@marinvillages.org or (415) 457-4633.

Food & Drink

TPV Morning Coffee, AGAIN IN-PERSON AT RUSTIC BAKERY!

Thursday, August 12, 10:30am (second Thursday of the month)



- Dutch treat
- Join us at the tables in back outside if the weather permits, or look for Cherie inside if it's too hot, too cold, or too windy

- Masks are ok but not required if you are fully vaccinated and we're outside. (Vaccination is, of course, highly advised!) Masks will be required for all if we have to be inside, at least until we are seated and trying to drink our coffee!
- Please RSVP and call the office if you need a ride. Otherwise no RSVP needed.

TPV Happy Hour, IN-PERSON OUTDOORS AT SAM'S

Tuesday, August 31, 4:30pm



- We had such a great time in July, let's do it again in August
- TPV will buy you one drink plus some appetizers for the crowd
- After that it's Dutch treat
- Bring a jacket, in case the wind picks up
- Masks are ok but not required as long as you are fully vaccinated, as we will be outside
- **Please RSVP to the office for this event so we know how many tables to reserve at Sam's and if you need a ride.**

Culture, Anyone?



Let's visit Marin MOCA!

Thursday, August 19, 10:30am (leave Tiburon) to +/- 2:00pm (return to Tiburon)

- TPV members Julie Friedman and Cherie Sorokin are planning small group cultural outings once a month for TPV members (and other villagers who wish to join)
- This month will be a visit to the Marin MOCA in Novato followed by Dutch treat outdoor lunch at BESO Bistro
- There are two interesting exhibitions at the MOCA now—one on ceramics and one on the LatinX experience. Entry is free.
- **RSVP to Cherie** at cheryl.sorokin@gmail.com by August 12 so she can make the necessary advance arrangements

- Masks are REQUIRED in the museum and while traveling in Cherie’s or another volunteer’s car
- Reservations are required for lunch. We will be seated outdoors, so masks are ok but not required if you are fully vaccinated (subject to any requirements of the restaurant, of course).
- Cherie is driving and has room for two or three more. First-come, first-served basis. If you are a vetted driver volunteer and can help drive, please let Cherie know, so we can take additional members.
- **REMEMBER: RSVP to Cherie by August 12**

MARIN VILLAGES EVENTS

Meet the Marin Villages Team

Monday, August 30

The Marin Villages monthly Zoom program will be focused on our great central office staff. Come hear from John, BJ, Matt, and Danielle about what they do and why they love Marin Villages. The program will likely be in the afternoon, but look for the announcement in the Marin Villages newsletter next week. The newsletter will also explain how to register and receive the Zoom link.

Donate your stuff to the Marin Villages rummage sale!



Hope you’ve heard by now that Marin Villages is planning a rummage sale as a fundraiser this coming September. Great opportunity to clean up your storage space, or that “McGee closet,” and help a great cause! Below is the list of things we are looking for. Heads up: we might soon run out of space, so if you think you have treasures to donate, please contact Julie Friedman, TPV’s representative, so she can arrange to pick up what you have or give you directions on where to drop things off yourself. Julie can be reached at julief1@yahoo.com or (415) 435-1632.

Items we would like:

Women’s clothing and shoes	Linens, tablecloths, placemats	Small exercise and sports equipment, golf clubs
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Housewares--dishes, small kitchen appliances, utensils, baskets, garden	Small furniture items such as lamps and side tables	Small working electronics such as tablets, iPads, and e-readers
Home décor and artwork	Bed and bath items	CDs and DVDs
Jewelry	Children's toys/clothes	Sports memorabilia

We are not accepting the following due to space limitations:

Holiday decorations	Large furniture or appliances	Mismatched glasses, cups, plates
Pianos	Skis, surf boards	Large exercise equipment
Child car seats	Silver-plated serving pieces or pewter items	Books

By the way, as previously noted, we have some storage space, but can always use more. If you have ½ or a full garage with some space, that would work. Let Julie know if you can help that way.

TIBURON COMMUNITY EVENTS

NEW! Tiburon Police Living and Growing Together meetings

The new police chief wants to engage the community in discussion about the kind of policing we want in Tiburon. These are important conversations which originated because of the incident last year with a store owner in Tiburon but will go beyond discussion of racial issues to cover a wide variety of community policing matters. You can participate by attending one of the community circles currently scheduled to be live and in-person at the Tiburon Town Hall from 6:00 – 8:00pm on the dates indicated below:

8/10/21 – Community Circle #1 with business owners, their employees and community nonprofits

8/24/21 – Community Circle #2 with faith-based groups of Tiburon

9/14/21 – Community Circle #3 with residents of Tiburon

9/28/21 – Community Circle #4 with under-represented populations of Tiburon

Registration will be required and attendance might be limited so keep checking for registration information via the ARK, the Town website, or the Police website. The easiest way to register will likely be via the Town's *Tiburon Talk* newsletter later this month. If you haven't signed up for Tiburon Talk, you can do so here: <http://www.townoftiburon.org/218/Sign-Up-for-Tiburon-Talk>

Mondays with the mayor!

The second and fourth Mondays of the month, Tiburon Mayor Holli Thier hosts a virtual coffee via Zoom. Sign up at HolliThierTiburonTownCouncil@gmail.com.

Library virtual programs for seniors

There's always something going on at the library! Check out the list of virtual events:

https://www.beltiblibrary.org/events?field_audience_value%5B%5D=Seniors

OTHER COMMUNITY EVENTS

Classes at the Intergenerational Center

Lots of art classes, yoga, and other classes are available from the Corte Madera Intergenerational Center—still on Zoom for now. Check out the variety!

<https://mailchi.mp/7fb12ac6d0f3/virtual-intergenerational-center-goes-live-6266953>

AND MORE...



As if you could forget, fire season is here

Advance planning is critical for a safe and orderly evacuation when a fire occurs in any area. Here's a repeat of important steps to take if you haven't already:

- **Sign up for alerts if you have a cell phone or voice over internet phone. Register with AlertMarin (www.alertmarin.org) and with Nixle (text your zip code to 888777). Note: landlines are already registered with AlertMarin.**
- **Check out the Ready Marin website for helpful information if you haven't already. <https://readymarin.org/>**
- **Create an emergency plan with your family or closest family friends so everyone knows where to meet up or where you will be if separated, and what escape routes you have identified.**
- **Keep your emergency kits and "go bags" where you can easily find them. Include a mask and bandana to help protect against smoke. Don't forget sturdy shoes and long pants and a jacket. Prepare pet carriers and pet food, if you have pets.**

- **Always keep your cell phone fully charged and your gas tank at least ½ full in case electricity is lost.**
 - **Evacuate via car, rather than on foot. Only call 911 if you have no means of transportation and need to evacuate.**
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HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms and online donations.

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