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# San Rafael Village

Assisting Marin's older adults to remain active, connected  
and independent in the place they call home

## October 2019 Calendar of Events

We encourage members and volunteers to bring guests to our events and activities -- help spread the word and grow our Village! If you need a ride to an event, please call Marin Village at 415-457-4633 about four days in advance of the event.

**Please always check out the events page on the [San Rafael website](#) as sometime the times of events change after the publication of the monthly newsletter.**

In addition, check out the event's listing at [marinvillages.org](http://marinvillages.org) to view the wide variety of Village activities throughout Marin that are available to you as Village members and/or volunteers.

### Information on San Rafael Village Events for October 2019

#### Wednesday, October 2, 2:00 pm. **FIRST WEDNESDAY COFFEE**

This gathering is always fun and lively. Join friends from San Rafael Village and bring a friend or neighbor. This month's hostess is Sparkie Spaeth, 207 Riviera Drive (Peacock Gap). Directions: Take exit 452, Central San Rafael from Hwy

101. Turn left on 2nd go past Montecito Shopping Center and continue straight for about 3.5 miles, then turn left on Riviera to 207 on the left. Questions: Contact Joy Bloom at 415-492-8443 or [joy@ejbloom.com](mailto:joy@ejbloom.com)

**Thursday, October 3, 2:00 pm. DEALING WITH LOSS**

San Rafael Village is expanding its End of Life support and explorations through Dealing with Loss, a six-session support group coming together once a month. This intimate exchange of like spirited people ready for deep personal sharing, support and learning new tools will be facilitated by Jackie Hewitt, who brings more than two decades of grief support to the group. It is a forum to share, support, and encourage each other as we move through one of life's greatest challenges. This group meets on the first Thursday of each month. Space is limited.

Contact Jackie Hewitt at [jackiejoyous@gmail.com](mailto:jackiejoyous@gmail.com) or 707-849-9786 to answer any questions.

**Thursday, October 3, 2:00 pm. MAH JONG**

A new activity for Marin Villagers! On the first and third Thursdays of the month, beginning in September, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before the first meeting on September 5th. Contact Gail Gifford at 415-456-9466 for location and more information and to purchase your cards.

**Monday, October 7, 2:00 – 4:00 pm. BOOK CHAT**

Book Chat is a gathering to chat about books we have read, enjoyed/or not, with comments and discussion. We do not all read the same book and it is not necessary to have read anything recently. Let us know what you are reading! The meeting will be at Alison Fuller's house. 304 N. San Pedro Road, San Rafael. (Directions: Go east on N. San Pedro Road. Turn RIGHT on Oxford Dr., 711 store on right, turn LEFT on San Pedro Rd. Court.) This group is open to members, volunteers and friends. We look forward to enjoying your company. Please RSVP to Val at [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net) or call 415-479-1439.

**Wednesday, October 9, 1:00 pm. MEMBERSHIP / VOLUNTEER COMMITTEE**

Help us recruit new members and volunteers. Contact Jane Solomons at 415-492-8041 or [cartersolo@comcast.net](mailto:cartersolo@comcast.net) for more information.

**Friday, October 11, 10:00 am-12:00 pm. WOMEN'S SUPPORT GROUP**

This support group will meet this month at the home of Sandra Levitan. Call Sandra at 415-246-1912 or [sandralevitan@comcast.net](mailto:sandralevitan@comcast.net) for more information.  
**THIS GROUP IS FULL AT THIS TIME.**

**Friday, October 11, 1:00pm. PROGRAM COMMITTEE**

Interested in helping to plan activities and social events for San Rafael Village? Consider joining the Program Committee. Contact Carole Sherick at [csherick@gmail.com](mailto:csherick@gmail.com) or 415-479-0930.

**Monday, October 14, at approx. 4:00 pm. MOVIE GROUP**

We meet for late afternoon movie and dinner. On the Thursday before the second Monday of each month (our monthly movie date), those Villagers on the movie-goers list will receive notice of which movie has been selected. If interested in becoming part of this group and receiving monthly notices, contact Joan Hartwell at [joanh@aol.com](mailto:joanh@aol.com) or 415-479-9101.

**Wednesday, October 16, 2:00 pm. READ IT OUT LOUD!**

Have you read a poem, old letter, journal entry or memoir, maybe a letter to the editor or a special paragraph or two from a novel or biography, or even something you've written yourself? Sometimes these short texts linger and are so thought provoking that one feels the urge to share and discuss them. We had a great first meeting with readings of poetry, letters to the editor, funny and entertaining words of wisdom, and touching tomes of family. We will meet at the home of Susan Mines, 161 Barberry, Terra Linda. Interested? Contact Val at [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net) or 415-479-1439.

**Thursday, October 17, 2:00 pm. MAH JONG**

A new activity for Marin Villagers! On the first and third Thursdays of the month, beginning in September, Villagers interested in learning/playing Mah Jong are encouraged to sign up and purchase your cards before the first meeting on September 5th. Contact Gail Gifford at 415-456-9466 for more information and to purchase your cards. The group will meet at Mitzi Kemp's home at 2342 Las Gallinas Avenue, San Rafael.

**Friday, October 18, 1:00pm. STEERING COMMITTEE**

Are you interested in helping guide and further develop San Rafael Village? Do you have organizational and administrative skill you can contribute to the Steering Committee? If so, please contact Sparkie Spaeth at [oksparkie@aol.com](mailto:oksparkie@aol.com) or 415-250-3172.

**Tuesday, October 22, 12:30 pm. LUNCH OUT!**

Via Antico, 881 4th Street, San Rafael. We are returning to one of our favorite places in San Rafael, where "passion meeting the plate." Contemporary, local, farm to table sophisticated yet comforting food, utilizing local growers and highlighting the season's finest. Bring friends and prospective members; Lunch Out is a great way for new members to meet us.

Please be prepared to pay in cash with a 20% tip. In return we will be given individual checks. Hope to see you there! For questions and to RSVP, contact Valerie Stilson at 415-479-1439 or [valerie.stilson@sbcglobal.net](mailto:valerie.stilson@sbcglobal.net).

**Wednesday, October 23, 10:00 am A WALK WITH OUR DOGS**

Bring your dog to the Hamilton levee for an hour walk along a flat, scenic, dog-friendly path.

We will meet at the entrance to the path at the end of the parking lot by Hanger 7. Please be prompt as dogs don't like to wait! Contact Sparkie to RSVP and for directions at [oksparkie@aol.com](mailto:oksparkie@aol.com) or 415-250-3172.

**Wednesday, October 23, 12:30 pm. GREAT BOOKS GROUP**

Great Books Club will meet on the fourth Wednesday of each month from 12:30

am – 2:00 pm at the home of Ginni Saunders. We will discuss the poetry of Christina Rossetti. Our readings are always from the Great Books Conversations 2, available from the Great Books Foundation.

If you have questions, please email Ginni Saunders at [ginnisaunders@gmail.com](mailto:ginnisaunders@gmail.com).

**Thursday, October 24, 12:30 pm. VILLAGES BOOK CLUB**

This Club meets on the fourth Thursday of each month at a member's home. This month we will be meeting at the home of Karen Gray. All members and volunteers are welcome to join us. We will be discussing the historical novel, "Katherine," by Anya Seton. For more information, please call Karen at 415-403-3345.

**Friday, October 25, 2:00 pm. MEMOIR WRITING GROUP**

Susan Mines facilitates our Memoir Writing Group. This group has been meeting monthly for over 2 years and welcomes new members. Contact Susan at [souzele@comcast.net](mailto:souzele@comcast.net) or 415-479-0351 for more information.

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## **Marin Villages' 10th Anniversary Fundraisers**

### **October 26 - "Lighting Up October"- a Diwali Dinner Party**

Join us to "Light up October" at this special Diwali Dinner Party. Tiburon Peninsula Village volunteer, Neelam Kanwar, herbalist and vegetarian chef, will share her family recipes, enticing each dish with special Indian spices. Attendees will observe as Neelam prepares a special menu, which all will enjoy together. [Click here to reserve a spot.](#)

### **November 17 – "Acting Your Age" – Celebrating Marin Villages' 10th Anniversary with comedian Josh Kornbluth**

Let's celebrate together!! This fundraising luncheon is the perfect forum to enjoy each other's company, congratulate one another on the incredible organization we've been able to grow over the past 10 years and include

friends and family members to help spread the word. Comedian, Josh Kornbluth, will entertain guests with his "Acting Your Age" set. [Click Here To Sign Up](#)

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