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Novato Village

Assisting Marin's older adults to remain active, connected and independent in the place they call home

October 2019 Newsletter

We encourage members and volunteers to bring guests to our events and activities -- help spread the word and grow our Village! If you need a ride to an event, please call Marin Village at [415-457-4633](tel:415-457-4633) at least four days in advance of the event. Also, check out marinvillages.org to view the wide variety of Village activities throughout Marin that are available to you as Village members and/or volunteers.

Please always check out the events page on the [Novato Village Website](#) as sometime the times of events change after the publication of the monthly newsletter.

NOVATO VILLAGE ~ October 2019

Wednesday, October 2 Bocce Ball (weather permitting)	10:30 am - noon
Tuesday, October 8 Book Lovers' Club	2:30 - 4:00 pm
Wednesday, October 9 Monthly Coffee – guest speaker	10:30 am - noon
Wednesday, October 16 Happy Hour	4:00 - 6:00 pm

Thursday, October 17 Let's Play Boggle!	1:30 - 3:30 pm
Monday, October 21 Steering Committee	2:30 - 4:00 pm
Wednesday, October 23 Marin Senior Fair	9:00 am - 3:00 pm
Wednesday, October 23 Monthly luncheon	Noon - 1:30 pm
Wednesday, October 23 Great Books group	12:30 - 2:30 pm
Saturday, October 26 Novato Village Volunteer Appreciation	10:00 am - noon
Saturday, October 26 10 th Anniversary event	5:30pm -9:00 pm

BOCCE BALL – NEW!!

When: Wednesday, October 2, 10:30 am - noon

Where: Roberta Dixon's home. Contact Roberta for the address.

Contact: Roberta Dixon at dixoncra@aol.com

Bocce Ball for all levels of play...even if you have never played but have been interested. Actually beginners frequently are the winners.

NOTE: This date is weather dependent.

BOOK LOVERS' CLUB

When: Tuesday, October 8, 2:30 - 4:00 pm

Where: Teeny Cake, 7400 Redwood Blvd. #101, Novato, CA 94945

Contact: Betty Evans at elizabethlevans@verizon.net

Book: *Anything is Possible* by Elizabeth Strout

MONTHLY COFFEE – Guest Speaker: John Hansen from FIRESafe MARIN



...bring a friend!

We have a great time getting to know each other at this cozy and welcoming meeting spot in central Novato. The coffee, tea and treats are yummy, and the chat is even better.

At 11 o'clock, **guest speaker** from FIRESafe Marin, John Hansen, will tell us about **reducing wildfire hazards and improving our fire-safety awareness and preparation**

When: Wednesday, October 9, 10:30 am - noon

Where: Community Room, NovaRo III, 31 Pinheiro Circle, Novato

Contact: Marge Jackson at marge-32@hotmail.com or [415-892-1238](tel:415-892-1238) and Beth Livoti at llivoti@comcast.net

Directions: 101 north to San Marin exit, left on San Marin Dr., left on Redwood Blvd., right on Pinheiro Circle.

Parking: Street parking is available on Pinheiro Circle and also on Redwood Blvd. (Please be careful not to park in designated resident spaces. Thanks!)



Join us for coffee!

STEERING COMMITTEE

When: Monday, October 21, 2:30 - 4:00 pm

Where: Marin Community Foundation, 5 Hamilton Landing Suite 200, Novato, CA 94949

Contact: Jean Gunn at jmbgunn@gmail.com

HAPPY HOUR

When: Wednesday, October 16, 4:00 - 6:00 pm

Where: Hilltop 1892, 850 Lamont Ave., Novato, CA 94945

Contact: Marge Jackson at marge-32@hotmail.com or [415-892-1238](tel:415-892-1238) and Beth Livoti at llivoti@comcast.net

Cheers!

LET'S PLAY BOGGLE!

When: Thursday, October 17, 1:30 - 3:30 pm

Where: Roberta Dixon's home. Contact Roberta for the address.

Contact: Roberta Dixon at dixoncra@aol.com

Fun word game where players attempt to find words from scrambled adjacent dice. All skill levels welcome.

MONTHLY LUNCHEON

When: Wednesday, October 23, noon - 1:30 pm

Where: Bacon, 1516 Grant Ave., Novato, CA 94945

Contact: Joanne Keenan at jkeenan@pacbell.net

See the menu at: <https://baconnovato.com/menu/> Breakfast any time of day or lunch at this family style restaurant in Downtown Novato.



Enjoying lunch at Hilltop 1892 in September.

Marin Villages GREAT BOOKS GROUP

When: Wednesday, October 23, 12:30 - 2:30 pm – *note time change*

Where: Ginni Saunders' home – contact Ginni for the address.

Contact: Ginni Saunders ginnisaunders@gmail.com

Great Books Club meets on the fourth Wednesday of each month from 12:30 - 2:30 at Ginni Saunders' home in Novato. Reading: The Poetry of Christina Rossetti.

For information, contact Ginni Saunders at ginnisaunders@gmail.com

Novato Village VOLUNTEER APPRECIATION – for Members & Volunteers

When: Saturday, October 26, 10 am - noon – FREE!

Where: Jean Gunn's Home – address will be given when you sign up

RSVP Required: call [415-246-9349](tel:415-246-9349) or email RSVP to jmbgunn@gmail.com

NOVATO VILLAGE



JOIN US FOR CIDER, DONUTS & AUTUMN TREATS

Let's celebrate our volunteers & members

Saturday morning, 10-noon, October 26, 2019

RSVP today: jmbgunn@gmail.com

10TH ANNIVERSARY EVENT - LIGHTING UP OCTOBER - A *Diwali* Dinner Party

When: Saturday, October 26, 5:30 - 9:00 pm

Where: Private home, use link to learn more.

Price: \$75 each person (\$50 is tax deductible) limited - 10 spots available.

Organizer: Cherie Sorokin

[Click Here To Sign Up](#)

Join us to "Light up October" at this special Diwali Dinner Party. Tiburon Peninsula Village volunteer, Neelam Kanwar, herbalist and vegetarian chef, will share her family recipes, enticing each dish with special Indian spices. Attendees will observe as Neelam prepares a special menu, which all will enjoy together.

There will be both chicken and vegetarian entrees, Indian style rice and dal and a salad —plus appetizers and Indian sweets for dessert. Space is limited, so [sign up](#) early!

* Diwali is the festival of lights, celebrated every autumn and originally one of the most

popular festivals of Hinduism but now celebrated by many religions across India. It symbolizes "victory of light over darkness, good over evil and knowledge over ignorance."

**10TH ANNIVERSARY EVENT – “ACTING YOUR AGE” LUNCHEON –
Celebrating Marin Villages 10th Anniversary with Comedian Josh Kornbluth**

When: Sunday, November 17, 11:30 am - 2:00
pm

Where: Novato Country Club, Novato

Let's celebrate together!! This fundraising luncheon is the perfect forum to enjoy each other's company, congratulate one another on the incredible organization we've been able to grow over the past 10 years and include friends and family members to help spread the word. Comedian, Josh Kornbluth, will entertain guests with his "Acting Your Age" set. COST: \$100 (\$50 of the cost is tax deductible.) To sign up call the office at [415-457-4633](tel:415-457-4633) or [Click Here To Sign Up](#)



Though the following are not Marin Village sponsored events, they may be of

interest to members and volunteers.

Taking Charge of Life's Changes – free.

When: Wednesday, October 2, 7:00 - 8:30 pm

Where: Novato Library, 1720 Novato Blvd, Novato, CA 94947

Presented by Tom Ucko, MBA, MA- Psychology/Leadership & Life Transitions Coach
Learn to manage yourself and the stress of change that can arise from job loss, career change, retirement, relationship breakup, an empty nest, or divorce. Tom helps clients to develop their emotional intelligence and manage change.

New AGESONG Groups

When: Tuesdays, beginning October 8, 2:00 - 3:30 pm; Mondays beginning October 21, 2:00 - 3:30 pm

Where: Elks Club San Rafael, 1312 Mission Ave, San Rafael, CA 94901

AgeSong Marin, a lively discussion group for seniors, is accepting participants for two groups that will meet at the Elks Club in San Rafael. These eight member groups meet for 8 weeks and will explore such topics as coping with change, loss and isolation, re-engaging after retirement, and the wisdom that comes with this age and stage.

The cost is \$80. Scholarships are available and *Marin Village/Novato Village members receive a 25% discount*. A few spaces are available so call [415-234-5040](tel:415-234-5040) to apply, or for more information. Or visit www.agesongmarin.org . Hosted by the San Rafael Elks Club

MARIN SENIOR FAIR

Viva Marin Seniors: What Happens at the Senior Fair... Admission is Free

When: Wednesday, October 23, 9:00 am - 3:00 pm

Where: Marin Center Exhibit Hall, 10 Avenue of The Flags, San Rafael, CA.

About the Fair: The Marin Senior Fair is Northern California's must-attend event for senior information. **Free Admission, Free Transportation, Free Parking, Free Shuttle**

It doesn't get any freer than that! Bring your friends and family. Take advantage of **Free Round-Trip Transportation** from the San Rafael Transit Center. Buses run continuously all day. Park for free at the Marin Center Exhibit Hall and take advantage of the shuttle between the parking lot and the Fair.

Free Flu Shots, Free Attendee Tote Bags, Entertainment, Informative Talks, Win

Raffle Prizes, and so much more! <https://marinseniorfair.org/visit/>

Memoir Workshop – free.

When: Wednesdays, October 23 & 30, 1:00 - 3:15 pm

Where: Novato Library, 1720 Novato Blvd., Novato

Presented by Jean Stumpf, who has conducted memoir classes at Margaret Todd Senior Center and Whistlestop

Registration required – please sign up only if you can attend both sessions buy calling [415-473-2050](tel:415-473-2050).

Do you want to write your memoir yet don't know how to get started? Do you feel overwhelmed when you start to write? Come to this 2-day workshop and learn how to get your life story and memories flowing. Come prepared to interact with other workshop participants through discussion, writing, reading, and listening.



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