

THE VILLAGE SQUARE

A monthly gathering place for all our news

JUNE 2021



Happy almost-summer and welcome to our relaunched Marin Villages' *monthly* newsletter. Most of you probably remember a monthly newsletter pre-COVID. Our new version features some of the elements of the weekly updates and Things to Do that we sent out over the last year, and will introduce some new sections. Each month will be a little different. We'll still have COVID updates when they are needed, but we're hoping that won't be for too long! If you have comments or suggestions, please send them to communications@marinvillages.org. Let us know what you want to see in the Village Square. We would love to hear from you.

This we know for certain: after a year+ of COVID, we have a new beginning, all of us. Thank goodness. And it's one we'll embrace with enthusiasm and a renewed sense of purpose. You've entrusted us with your faith and confidence and we are here for you.

~John Power, Executive Director

MARIN VILLAGES NEWS

A very happy birthday to our June nonagenarians!



Patricia Krantzler turns 90 this month, and **Barbara Kvam** hits 92. Many happy returns to both of you, and here's to blowing out many more candles!

COVID UPDATE

Marin County moved into Tier 4, the yellow tier, earlier this month, meaning that we averaged fewer than two new cases a day per 100,000 residents for two consecutive weeks. This is primarily due to our high rate of COVID-19 vaccinations—the highest in the state and perhaps even the country. Watch this brief video by Dr. Matt Willis about why things are turning in the right direction here in Marin.

<https://www.youtube.com/watch?v=pbKboA1ipFc> The data show that vaccines work, and that almost all current cases and outbreaks are **among unvaccinated people**. If you haven't yet been vaccinated, there's no better time than now! If you need help getting an appointment, please call or email the office. (415) 457-4633 or info@marinvillages.org

Note that while this move to the yellow tier means businesses can operate at higher capacities, the County still strongly discourages informal indoor gatherings.

There are likely to be further changes to local restrictions on June 15, following revisions announced at the state level. Marin Villages continues to operate under the current guidelines on our website.

https://marin.helpfulvillage.com/editable_pages/10265-marin-village-covid-response-new. However, we will work with local villages to adapt to changing circumstances. Please check back on the website for up-to-date information over the month.

In the meantime, the County of Marin will host a virtual town hall, scheduled for 6:00pm, Thursday, June 10, to discuss steps toward reopening Marin and what that will mean for daily routines.

<https://www.marincounty.org/main/covid-online-conversation>

MARIN VILLAGES PROGRAMS

Our spring fundraising drive continues!

Every spring we have a fundraising drive to support our annual fund. The funds we raise are a large part of keeping our operations going and growing. When we say every donation *of any size* helps, we really mean it. We're over 75% of the way towards our goal! Please consider donating this month, the last month of our drive, and know that you are making a difference!

https://marin.helpfulvillage.com/fundraising_campaigns/8-annual-fund-spring-2021-campaign

Dr Wynne Canio, Keeping Your Brain Healthy and Other Things You Might Want to Do

Monday, June 28, 3:00pm



Dr. Canio is a geriatrician at Kaiser. Fittingly for Alzheimer's Month, she'll be talking to us about brain health and what we all can do to keep our brains healthy. Please register for this presentation here <https://tinyurl.com/444sd5x3> or call the office (415) 457-4633.

Coming this fall—save your stuff!



Marin Villages is planning a fall rummage sale as a fundraiser this September. We will be looking for gently used clothing, shoes, jewelry, housewares, children's toys, tools, electronics, books, CDs and DVDs, linens, artwork, easily portable furniture and sports memorabilia. So save that stuff you've been planning to clear out of your closets and give it to us later this summer!

We are also looking for a storage space and a location. Please email Sparkie Spaeth (oksparkie@aol.com) if you would like to join the planning committee or if you have a lead on storage space or a suitable venue. Thank you and stay tuned.

COMMUNITY PROGRAMS

Age Friendly Marin forum—How to Find Great Caregivers in Marin

Wednesday, June 23, 10:30 – 11:45am

The experience of caregiving is complex and usually exists on a continuum—starting with help for just a few needs and ending with assistance with almost everything. Caregivers are often in short supply and high demand. Where do you begin to look for one? Join us for a valuable panel presentation by several experts: Jewish Family and Children's Services, Marin Center for Independent Living, and Home Care Assistance. Register at

<https://www.eventbrite.com/e/age-friendly-marin-forum-how-to-find-great-caregivers-in-marin-registration-157843398855>

Also, if you missed the May forum, **Isolation and Loneliness and the Antidotes** (which includes info on the Villages!), you can still listen to the recording at

https://drive.google.com/file/d/12_S4Sd505v0ForXeMtUBa_3MCCFn_4qM/view?usp=sharing

CHECK THIS OUT...

A few fun things to see and do online.

Beautiful exhibits online—From art to history to architecture to fashion to social issues. A collection of diverse exhibits from *Smithsonian*. <https://www.si.edu/exhibitions/online>

Bouquets to Art—It's hard to get tickets to this wildly popular exhibit each year, and the crowds can be daunting. But now you can buy an online ticket and see every floral exhibit with an unobstructed view. June 9 – 30; \$10 general, free for Fine Arts Museums of SF members.

<https://www.eventbrite.com/e/bouquets-to-art-2021-virtual-visit-tickets-150661509631>

Joseph, Joseph—Performed by Hot Club du Nax. If you're not tapping something about 45 seconds into this video, your sound is down! <https://www.youtube.com/watch?v=WgawqSF4xs8>

Gene Kelly and Donald O'Connor—*Moses Supposes*, from *Singing in the Rain*. Humor AND amazing dance moves. <https://www.youtube.com/watch?v=O0DdoYspStE>

Sky Dancing—Combining rock climbing and staged dance choreography.

<https://www.youtube.com/watch?v=BYujQ4MinDE>

A new way to see the redwoods—This might be better seen in photos than in person, but that depends on your tolerance for heights.

https://www.frommers.com/blogs/passportable/blog_posts/take-an-elevated-stroll-among-giant-redwoods-on-california-s-new-sky-walk

Ducks cut through school hallway—For 20 years (!), ducks have been nesting in this school's courtyard and then using the hallway to get to the pond outside, much to the delight of students and staff.

<https://www.youtube.com/watch?v=Y6SFB585BcE>

HUMOR

Summer's almost here!

Time to let loose



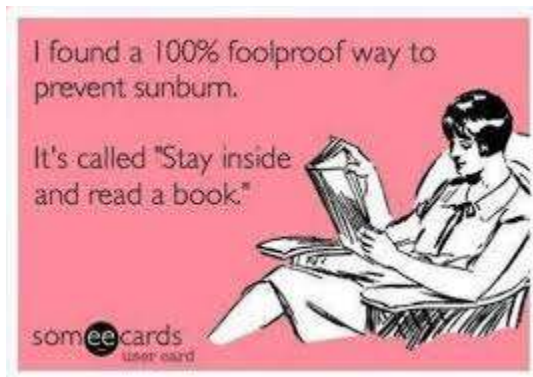
Maybe take a vacation?



It's going to get hot



And in case sunburn is a concern...



BEFORE WE GO

One of the many sad things about the pandemic was not being able to hug people. If you're one of the millions who missed hugging, you're not alone. This little panda just won't be denied.

Panda wants a hug but keeper is busy: <https://www.youtube.com/watch?v=r8B-RuJRI2A>