

MARIN VILLAGES WEEKLY UPDATE

May 4, 2021

Dear Marin Villages members and volunteers,



Here we are in the merry month of May! It's a great time to be grateful for spring flowers, Cinco de Mayo celebrations, emeralds, old Roman rituals such as Maypole dancing (does anyone still do that?) and, of course, moms! No matter what else is going on around us, isn't it great to be alive in Marin in May?

COVID-19 UPDATE

No excuses on scheduling vaccinations accepted! Here are walk-in sites that are available this week:

- May 4: **Mini of Marin** – 5880 Paradise Drive, Corte Madera (9:30am to 2:30pm)
- May 5: **North Marin Community Services** – 1907 Novato Blvd, Novato (10:00am to 5:30pm)
- May 5: **San Pedro Elementary** – 498 Point San Pedro Road, San Rafael (9:30am to 2:30pm)
- May 6: **Northgate Shopping Center** – 5800 Northgate Drive, San Rafael (9:30am to 2:30pm)
- May 6: **Ritter Center** – 16 Ritter Street, San Rafael (9:30am to 2:30pm)
- May 6: **The Village at Corte Madera** – 1618 Redwood Highway, Corte Madera (10:00am to 6:00pm)
- May 7: **Marin City Health and Wellness** – 630 Drake Avenue, Marin City (9:30am to 2:30pm)
- May 7: **Hamilton Community Center** – 503 South Palm Drive, Novato (8:00am to 1:30pm)
- May 7: **Venetia Valley School** – 177 N. San Pedro Road, San Rafael (9:30am to 2:30pm)

Vaccinations are also available through Kaiser, Marin Health, and at the Ferry Building drive-thru facility by appointment. If you'd like help scheduling a vaccination, please call the office. (415) 457-

4633. Or try calling this number that the County has made available for helping residents with vaccination scheduling: (833) 641-1988.



Are masks necessary?

Yes and no, but it matters whether you are outdoors or indoors, and the real trick is knowing who is fully vaccinated and who is not! Here is the recent advice from the CDC, CA, and Marin Public Health.

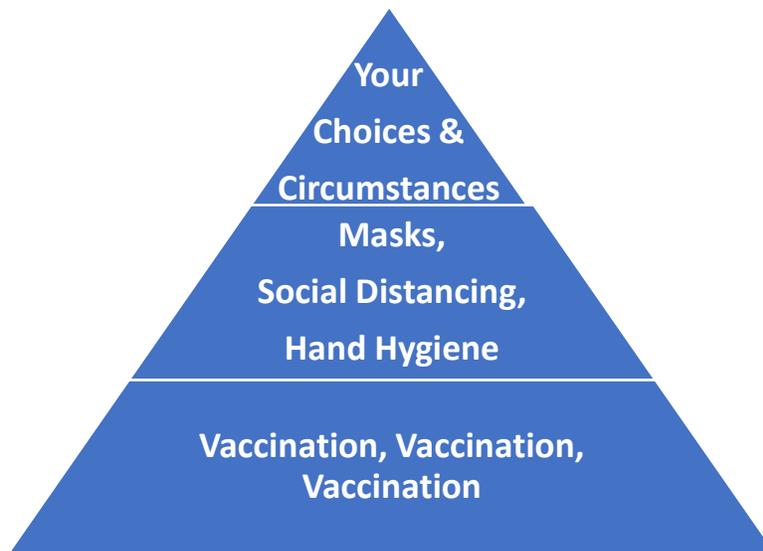
Outdoors – fully vaccinated people: If you are fully vaccinated (two weeks past your second shot of Pfizer or Moderna or single shot of Johnson and Johnson), per health officials, it's ok to be **without masks outdoors** unless you are in a crowded environment, such as a sporting event or parade. Mask-free activities include exercising outside, dining outside, or gathering with small groups outdoors

Outdoors – unvaccinated or partially vaccinated people: If you are unvaccinated or partially vaccinated you must **continue to wear masks outdoors when around other unvaccinated or partially vaccinated people, dining outdoors, and at crowded events.**

Indoors – all people, vaccinated or not: Everyone is supposed to continue to wear masks indoors when around other people they do not live with, regardless of the activity. Use this link to see a comparison of safety with indoor vs. outdoor activities. <https://tinyurl.com/wxhurbp7>

But please remember, while you have the choice of going without a mask under these guidelines, they are not a guarantee of 100% safety. There are instances of fully vaccinated people ending up with COVID anyway. While vaccinations drastically reduce the risk of infection, they do not offer 100% protection. Masks, social distancing and hand hygiene continue to be important until we reach herd immunity and we aren't there yet. If you are unsure if the people around you are fully vaccinated, haul out that mask!

Remember the Pyramid. Make safe choices!



This Marin Public Health site has great info to help you understand which choices are safer than others:
<https://coronavirus.marinhhs.org/staying-safe>

For Marin Villages activities, we do ask that all members and volunteers follow the CDC guidelines and we also are still limiting the size of Marin Villages hosted gatherings to five or six people, outdoors, with masks unless all in attendance are fully vaccinated. Our Marin Villages guidelines are evolving with changes in guidance from Marin Public Health. We also strongly encourage everyone to rely on common sense and to maintain a healthy sense of caution. We've gotten this far, so let's not blow it in an ill-advised burst of enthusiasm for "getting back to normal"! Check our guidelines here:
https://marin.helpfulvillage.com/editable_pages/10265-marin-village-covid-response-update

MARIN VILLAGES PROGRAMS

Not a Drop to Drink? How to Conserve Precious Water

Thursday, May 20, 2:00pm

Join us for a special presentation by a Marin Water District officer on Marin's drought situation, the restrictions on water usage, and tips on conserving this precious resource. Please use this link to register: <https://marin.helpfulvillage.com/events/3000-not-a-drop-to-drink%3F-how-to-conserve-precious-water---zoom-event>

Marin Villages Donor Recognition Event

Sunday, June 6, 5:00pm



Join us for a wonderful performance by Nancy Gilliland, who will entertain with songs from the Great American Songbook and some fun surprises, plus a raffle item or two. To be eligible for the raffle you need to RSVP in advance! Please RSVP here: <https://bit.ly/MVDonorEvent> This will be a really fun event!

COMMUNITY PROGRAMS

Is There a Doctor in the House? Telehealth and Bridging the Digital Health Divide

Thursday, May 27, 10:00am – 12:30pm

Have you used telemedicine yet? This is the Commission on Aging's annual health forum—which is being held digitally this year. Register now for this great free webinar:

https://zoom.us/webinar/register/WN_kDIhuf8mSW-NIb0AaSrTDA

Baseball Day with OLLI

Wednesday, June 2, 10:00am – 12:30pm

For many years the Osher Lifelong Learning Institute has hosted a Baseball Day program. It's moved to Zoom this year, but that shouldn't faze fans of this sport. Join Mick Chantler, Joan Ryan, and Mike Krukow as they take a look back at the 1989 Bay Bridge World Series and also regale fans with some fun facts about the game. (Just how many left-handed players have hit home runs on Tuesdays, anyway?) Cost is \$35. You can sign up **starting May 10** by calling (415) 458-3763 or online at <https://www.dominican.edu/academics/adult-and-continuing-education/osher-lifelong-learning-institute-olli/courses-clubs-and-workshops/olli-events>

SPRING FUNDRAISING!

Thank you, thank you to those of you who have already donated to our annual spring fundraising campaign! Donations of any size are gratefully received. If you haven't already made a donation, please do consider doing so. Every contribution really helps! It takes a village to keep Marin Villages going!

https://marin.helpfulvillage.com/fundraising_campaigns/8-annual-fund-spring-2021-campaign

WHAT'S UP AT THE OFFICE

Best laid plans. Marco Maina, our recently hired executive director, has found it necessary to resign for personal reasons. So we have begun a new search. In the meantime, BJ and Matt are holding down the fort in the office (and sometimes from home), with the able part-time assistance of Danielle and help from members of the board. If you have any issues that would otherwise require the assistance or attention of the executive director, you can contact me at cheryl@sorokinsf.com or (415) 789-5305.

Do you have a bookcase you could donate? The office is in need of additional shelving. We are looking for one or even two bookcases, preferably 4' x 7', but 4' x 4' or thereabouts would be ok too. We'd be happy with any color, plastic or wood or metal. Our décor style is definitely eclectic! Please call the office if you have a bookcase you can part with. (415) 457-4633. Thanks!

CLOSING THOUGHTS

Here's a reminder of why we all love May! From Nelson Eddy, no less. Remember him? Sing along!

The Merry Merry Month of May – Nelson Eddy: <https://www.youtube.com/watch?v=h4tnqYhF6Qw>

Cherie Sorokin, President