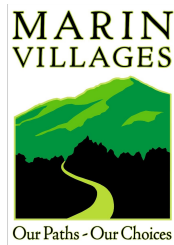


[View this email in your browser](#)



THINGS TO DO

January 25, 2021

Aside from waiting or searching for a vaccine appointment, here are a few other things to do this week.

ART

[Pink See-Saws at the Wall](#)

[10 Street Artists You Should Know](#) – From My Modern Met

[25 of the Most Creative Sculptures and Statues in the World](#)

MUSEUMS

The British Museum – [Immerse yourself online!](#)

THEATER, MUSIC, OPERAS, POETRY, BALLET, DANCE, MOVIES ONLINE

Dance

Fred Astaire and old-time movie stars dancing--see below!



Born to Be Alive: Fred Astaire and friends

[Rudolph Nureyev and Miss Piggy](#) – *The Muppet Show*

Theater

[Irish Rep Winter Festival](#) – Irish Repertory Theater, January 26 – February 2. This festival features all nine of the digital theater productions created by the Irish Rep Theater during the COVID-19 shutdown: Friel, Joyce, McPherson, O'Neill and more. The Irish Rep is considered one of the leading live online theater companies as a result of their work this past year. Free, but suggested donation of \$25 per show or \$100 for the entire festival. Reservations required.

[The Catastrophist](#) – Marin Theater Company, January 26 – February 28. A new Lauren Gunderson play about a virologist's (her husband in real life, actually) efforts tracking viral pandemic outbreaks. \$30 per ticket plus a \$6 fee.

[Before Fiddler](#) – February 7, 5:00pm. A Hershey Felder production of Shalom Aleichem's story. \$55 for the live show plus one week of on-demand viewing for this show. \$148 for a package of his three upcoming 2021 shows.

Music

1950s pop songs and images--see below!



Fond Memories of the 1950s

[La Vie on Rose](#) – Daniel Hope and Christophe Israel on violin and piano

[Adagio by Mozart](#) – Wonderful, relaxing

[Beethoven Violin Concerto with Itzhak Perlman](#) – Performed in 1992 with the Berliner Philharmoniker

[La Habanera with Marin Callas](#) – Concert From 1962. She never performed Carmen on stage, but did in concerts and on a famed recording.

Movies

[A Celebration of World Cinema](#) – Now through Feb 11. California Film Institute (CFI) presents films submitted for consideration at the 2021 Academy Awards Best Foreign Feature Film category. Check out a great variety of films! \$75 for an all-access pass (\$55 for CFI members) or \$12 per film.

[Guys and Dolls](#) – The full musical on YouTube. Free.

One Night in Miami – Acclaimed fictional account of a meeting among Muhammad Ali, Malcolm X, Sam Cooke, and Jim Brown. On Amazon Prime Video.

ARMCHAIR TRAVEL

[Documenting Nigeria's Osun-Osoybo Sacred Grove](#) – Part of CyArk's

effort to preserve heritage around the world.

[The Mark Twain House in Connecticut online tour](#) – Free

FUN OR CUTE ONLINE VIDEOS AND CLIPS

[Exercise Humor](#) – 20 minutes of nonstop jokes about not exercising!

[The Happy Hippo](#) – Watch Hippo Fiona at the Cincinnati Zoo having a pretty good time

[Cat Videos Are Good for Your Health](#) – Check out these musical cat videos and learn why!

CLASSES, ONLINE GROUPS, TALKS, WEBINARS, PODCASTS, BLOGS, EDUCATIONAL ARTICLES

[What's Next in Viral Detection and Vaccine Tech](#) – February 2, 11:00am. Stanford online webinar. Free, but registration is required.

[Predictions from 1921 about 2021](#)

[American Artscape: Arts in the time of COVID](#) – The National Endowment for the Arts

[The Star-Spangled Banner](#) – Lady Gaga at the Inauguration

[Deconstructing Lady Gaga's Mixed-Meter Rendition of the Star-Spangled Banner](#) – What was so different about this rendition? How singers tell a new story with the Anthem. Interesting, but targets music gurus.

[The Hill We Climb](#) – Listen again to Amanda Gorman reciting her poem at the Inauguration.

[Meet Amanda Gorman](#) – *The Smithsonian Magazine*

[13-Billion-Year-Old Supermassive Black Hole is the Oldest Ever Found](#) – The Smithsonian Magazine

[6 Nightly Techniques to Help You Fall Asleep](#)

EXERCISE

Intergenerational Center Classes – Check the [Intergenerational Center website](#) for information on classes.

[7-Minute Workout for Seniors](#) – Seven-minute workouts are all the rage these days. This one is for seniors.

RESOURCES FOR ON RACISM AND SOCIAL JUSTICE ISSUES IN AMERICA

Today! Monday, January 25. 5:00 pm. [Community at the Table: Leading with Anti-Racism](#) – Speaker Series kick-off with Dr. Ibram Kendi. Offered by the Marin County Office of Equity and the Marin City Community Services District. Space is limited. Registration required. Some possibility registration maybe closed by now.

A More Just Novato for Racial Equity – A four-session speaker series examining racial inequity with young adults from Novato. Presented by Not in Our Town Novato. February 11, 25, March 11, 25. 6:30 pm. [Registration required](#). You can sign up for all four, or select the dates that work for you.

[Smithsonian Scholars Reflect on Hank Aaron's Legacy](#)

[Gordon Parks' Photos Captured Black Life in 20th-Century America](#)

Also, consider the movie **One Night in Miami**, mentioned above.

HUMOR

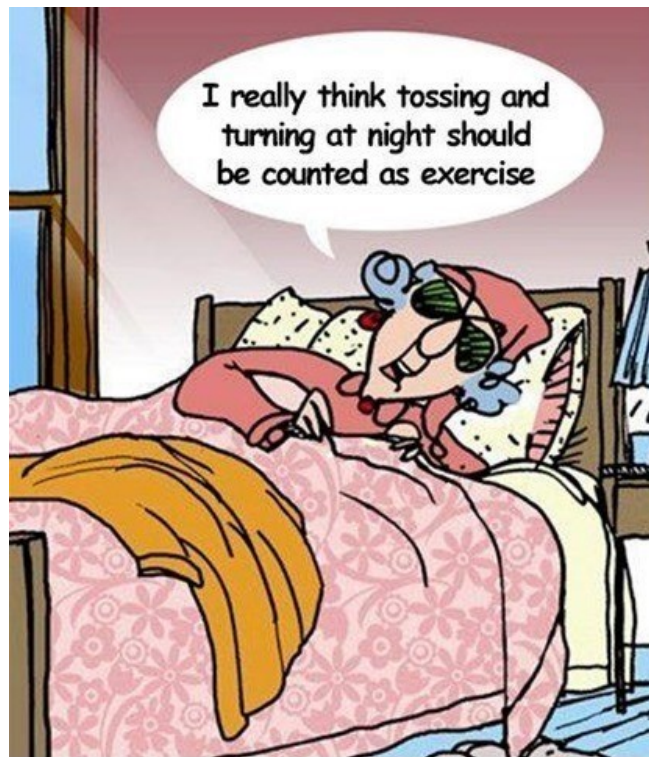
Don't let them take your temperature
on your forehead as you enter the supermarket
because it erases your memory.
I went for macaroni and cheese
and came home with two cases of beer

My mind is like my internet browser.
19 tabs open,
3 of them are frozen
and I have no idea
where the music is coming from.

I got myself a seniors' GPS.
Not only does it tell me how to get to my destination,
it tells me why I wanted to go there.

**I'M AT THAT AGE WHERE
MY MIND STILL THINKS
I'M 29, MY HUMOR
SUGGESTS I'M 12 WHILE
MY BODY MOSTLY KEEPS
ASKING IF I'M SURE I'M
NOT DEAD YET.**





LOOKING FOR SOMETHING ELSE, OR SOMETHING ON A PRIOR LIST?

You can look back at recent lists [on our website](#).

For the online items noted in this list and previous lists, we've done our best to make sure the links work. But if they don't, we suggest you Google the name of the place or activity to get to the site. Most of these activities are free, and most are not time-sensitive (although a few have a minimal charge or a deadline).



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