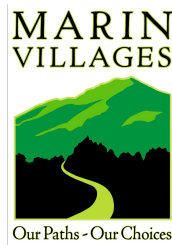


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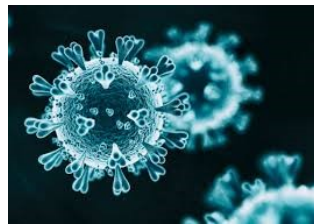
## MARIN VILLAGES WEEKLY UPDATES

January 19, 2021

Dear Marin Villages members and volunteers,

“Americans will always do the right thing, but only after they’ve tried everything else,” Winston Churchill quipped back in the 40s. Perhaps it offers a glimmer of hope today as we navigate these crazy times!

### COVID-19 UPDATE



Patience seems to be the watchword for now, at least as far as vaccinations are concerned. As we noted in the email last Friday, some healthcare providers in Marin are now offering vaccinations to people 65 and older, but sign-up procedures differ depending on the healthcare provider. Wait times for scheduling can be lengthy, and there is currently a very limited supply of the vaccine in Marin, which limits the number of appointments available for vaccinations until the supply-chain issues get fixed. See below regarding how to sign up for our program this week with Dr. Matt Willis for the latest information.

Meanwhile the numbers of new infections and COVID patients in California are still alarming. Marin is doing better than the state overall, but still worrisome. So please continue to follow the rules: stay at home as much as you can, avoid indoor gatherings, wear a mask when around other people, keep physically distant from others, and wash your hands frequently.

## ANOTHER YEAR OLDER



We have nine 90+ birthdays to celebrate this month! Hooray and congratulations to the following members who this month have or will turn the ages indicated after their names: Gabriella Mautner, 99; Gladys Pimentel, 97; Gloria Potter, 96; Mary Jane Palmer, 95; Elizabeth Atkinson and Tage Hansen, 94; Helen Johnson, 93; Robert Hart, 92; and Cheryl Galatolo, 90. Many happy returns!

## MARIN VILLAGES PROGRAMS

### **A talk with Dr. Matt Willis**

Wednesday, January 20, 1:00pm

Dr. Willis, public health officer for Marin, will again do a program just for Marin Villages, speaking on multiple issues relate to COVID and the vaccination process in Marin. Please RSVP to the office to receive the Zoom link or phone number. (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

### **A talk with COVID-19 survivor Frank Cutitta**

Wednesday, January 27, 2:00pm

Mr. Cutitta is a friend and former business colleague of volunteer Colin Crawford. He is passionate about the issue of isolation in the healthcare system after spending a total of 100 days in a hospital (45 in a medically induced coma) and rehab center on the East Coast fighting and then recuperating from COVID-19. Lessons from his experience have led him to fight against patient isolation in the healthcare system, given its potential for long term negative impact on the immune system and the brain. Please RSVP to the office to receive the Zoom link or phone number. (415) 457-4633 or [info@marinvillages.org](mailto:info@marinvillages.org)

## COMMUNITY PROGRAMS

### **The Socialite and the Sea Captain: Louise A. Boyd and Bob Bartlett, and the Clandestine Arctic Voyage of 1941**

Wednesday, January 20, 7:00pm

This is a free presentation by the Marin History Museum on Marin's own famous woman arctic explorer. [Register here](#) to receive the Zoom link.

## Caring for a Loved One, with Dr. Donna Benton

Thursday, January 28, 10:00am

The Village Movement California is sponsoring a four-part series on the continuum of caregiving many of us experience at some point in our lives and how to access resources and support. Free. [Register here](#) to receive the Zoom link.

## CLOSING THOUGHTS

As we prepare for the inauguration of a new president, while still sorting through the violence and upsetting news of the past weeks, how about some spirited patriotic singing by some old favorites?



*Kate Smith: A Patriotic Medley (with Bing Crosby, Andy Williams, and Tennessee Ernie Ford)*

Cherie Sorokin, President  
Marco Maina, Executive Director

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