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Empowering older adults to be active, connected and independent in the place they call home



TIBURON PENINSULA VILLAGE NEWSLETTER

OCTOBER 2020

HOW ARE YOU DOING?



This month has certainly started out with a bang! We just want to check in to see how you are faring through it all. Let us know, please. We encourage you to stay in touch with us by phone or email, even if it's just to shout about how crazy the world has become. You can reply to this email, or separately email or call Cherie Sorokin or Gatian Cunningham, your TPV Steering Committee chairs. Or join our Zoom coffee this Thursday or our happy hour on October 20. Whatever works for you! <u>cheryl.sorokin@gmail.com</u> or (415) 789–5305, or <u>gatianc@comcast.net</u> or (415) 381–5450. Or email <u>tiburonpeninsulavillage@marinvillages.org</u>.

WELCOME, NEW MEMBERS AND VOLUNTEERS!

Members: Polly Johnston

Formerly in real estate in Marin, Polly has connections to several members and volunteers in Marin Villages who encouraged her to join. Welcome Polly! We hope to see or hear you on one of our Zoom gatherings, and look forward to connecting with you in other ways as well.

Volunteers: Lauren Marra

Lauren's a traveling vet who is making time in her busy schedule to volunteer for Marin Villages! Thank you for your time and energy!

LOCAL VILLAGE EVENTS (open to all, unless noted)

If you would like to participate in any of the activities in this newsletter and need assistance with Zoom, please call the office at (415) 457–4633 to arrange it.

Food & Drink

TPV Morning Coffee

Thursday, October 8, 11:00am (the second Thursday morning every month!) Zoom

A good opportunity to chat and stay connected with TPV members and volunteers! Come tell us what is helping keep you reasonably sane these days, or maybe what is driving you crazy—including perhaps trying to figure out all those propositions on the ballot! Zoom invites are sent a few days before the date, and again on the day of the gathering.

TPV Happy Hour

Tuesday, October 20, 4:30pm (the third Tuesday afternoon every month!)

Zoom

Sip your favorite beverage and come chat. Usually we have no specific agenda, but sometimes we will have a speaker on a topic of interest. Zoom invites are sent a few days before the date, and again on the day of the gathering.

Education & Presentations

Novato Village Presentation on ESCOM Wednesday, October 14, 11:00am Zoom

Novato village has invited all Marin Villagers to join their coffee hour this month for a presentation on ESCOM, the College of Marin program of classes and clubs for seniors. RSVP to Joanne Lang at <u>jlangpta@gmail.com</u> in order to receive the Zoom link.

MARIN VILLAGES EVENTS

Fire Safety and Emergency Preparation Friday October 9, 2:00pm Zoom

A presentation on fire safety and emergency preparation information that we all need to know and be reminded of, especially now. RSVP to the office to receive the link. (415) 457–4633 or info@marinvillages.org

Ignore Your Teeth and They'll Go Away

Thursday, October 15, 3:00pm Zoom

A presentation on why ignoring your teeth is actually a pretty bad idea. Dr. Earl Johnson, a retired dentist and orthodontist as well as Marin Villages member and volunteer, will be the presenter. RSVP to the office to receive the link. (415) 457–4633 or <u>info@marinvillages.org</u>

COMMUNITY PROGRAMS

Check out the Belvedere Tiburon Library's programs for adults. The library website lists <u>a lot of different programs</u> that may be of interest.

TIBURON PENINSULA VILLAGE PROGRAMMING QUESTION

Beyond our two monthly programs, we are wondering if TPV members might be interested in a book discussion group or a movie discussion group? Or any other sort of regular gathering focused on something of interest to our members in particular. If so, please call or send an email to Cherie Sorokin at <u>cheryl.sorokin@gmail.com</u>.

AND MORE...

Marin Villages is conducting a major marketing campaign throughout Marin. You might have seen or received one of our postcards. The card features a TPV member and TPV volunteer. They are fast becoming the "face" of Marin Villages, even if one of them is masked!

Have you checked out our new website? It's a brand-new look. <u>www.marinvillages.org</u>

Happy Halloween, by the way, even if the trick-or-treaters will be far fewer this year. More candy for the rest of us!



HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457–4633, or visit our website (<u>www.marinvillages.org</u>).

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