



Twin Cities Village

March 2019 Newsletter

Serving the communities of Corte Madera and Larkspur

What's Happening in Twin Cities Village

Have you seen our new website? Go to marinvillages.org and check out the Twin Cities section of the site. We will begin posting pictures from our events – so bring a camera!!

Save the Date

Lunch and Lecture: MarinNostalgia

Where: Jason's Community Room, Greenbrae

for all Village Members sponsored by Ross Valley and Twin Cities Villages

Saturday March 2 10:00-3:30

Enjoy your friends over a buffet lunch and listen to local historian and real estate agent Jason Lewis share stories and answer your questions about the history of Marin. Visit Jason's website: www.MarinNostalgia.com, Marin's first "grass roots" history website featuring Marin photos from the 1950s to the 1980s as well as interviews with Marin luminaries. Marin Nostalgia was given a "Best of the Bay" award by a local magazine and has been featured in the Marin Independent Journal and Pacific Sun. **Call the office to RSVP – 415-457-4633**

Upcoming Activities and Events

Village Men's Group

Wednesday, March 6 and 20 11:00 a.m.

Where: Sweetwater Music Café, Mill Valley

We are joining the Mill Valley Village's Men's Group and encourage you, whether a volunteer or a member, to come join us. It is an informal gathering with no agenda beyond the company of friends. Contact Marcus Byruck (617-763-1697 or marcusbyruck@gmail.com) or David Cardenas (transitionssupport@gmail.com) to get more info.

Third Wednesday Speakers Series – *Aging in Place...with Help*

Wednesday, March 20 11:00 -12:30

Corte Madera Intergenerational Center

498 Tamalpais Drive, Corte Madera

With 50% of the aging community in Marin having some sort of disability and more than 30% living alone, many of us need help staying healthy. As part of County services, Public Authority of Marin helps recruit, vet and match in-home health care providers with our aging community. Come learn about health care challenges facing older adults and some helpful resources and tips. The goal is to help seniors stay independent and healthy at home as long as possible.

Presenter: Aaron Alarcon-Bowen, Executive Director, In-Home Support Services (IHSS), Public Authority of Marin.

Coffee at Farm House Local – Third Thursdays

Thursday, February 21 10:00 a.m.

Where: Farm House Local, 25 Ward St., Larkspur

Just show up and have a cup of coffee, pastry and conversation. Park in main lot if driving!!

Twin Cities Village – Steering Committee meeting

Monday, March 25 10:30 a.m. – 12:00 p.m.

**Where: Larkspur Recreation Center, 240 Doherty Dr.
(furthest back building)**

Are you interested in meeting new people? Do you like to organize programs and events? We'd love to have you on our steering committee. Come by and see what we're planning.

Happy Hour at Left Bank Brasserie

Tuesday, March 26 3:00 p.m. - 6:00 p.m.

Where: Left Bank Brasserie, 507 Magnolia Ave., Larkspur

Come join us for conversation, snacks and beverages. This is a great time to connect with other Villagers and make new friends! Everyone is welcome!

Ongoing Activities

Corte Madera Bingo

Thursdays – Ongoing, 9:30 a.m. to 11:45 a.m.

Where: Corte Madera Community Center, 498 Tamalpais Dr., Corte Madera

Join our group of active older adults for BINGO. You're sure to have fun! Come and enjoy wonderful company, delicious treats like Lappert's ice cream, and other great perks and surprises. Once a month, representatives from local senior organizations will be on hand to answer questions regarding services they offer.



Lunch Club for Seniors (60+)

Thursdays – Ongoing, 11:45 a.m. to 12:45 a.m.

Where: Corte Madera Parks and Recreation Center, Main Hall, 498 Tamalpais Drive, Corte Madera

Join us for lunch after Bingo for a meal and conversation. Lunch provided by Good Earth. Suggested donation \$3. No adult turned away for lack of funds.

Twin Cities Village Contacts

Larry Meredith – Chair	(415)-860-2535
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