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MARIN
VILLAGES



Our Paths - Our Choices

Empowering older adults to be active,
connected and independent in the place they
call home



TIBURON PENINSULA VILLAGE NEWSLETTER

SEPTEMBER 2020

FIRE SEASON ARRIVED EARLY!

Are you signed up for AlertMarin? AlertMarin is the emergency alerts program with the County Sheriff that will notify you of fire evacuation notices and provide information on power outages and other emergencies. [Sign up here](#).

Do you have an emergency plan? Where will you go if you have to evacuate? Who will get you there? Do you have a go bag ready if you have to leave quickly? Check this list which also appeared in the August 25 Marin Villages weekly update.

Critical Items -- if you have only 15 minutes notice—have these items at hand, or already packed.	Additional items--if you have 30-minutes notice--you can expand what you take, as long as you have room in whatever vehicle you will use.
Wallet/purse with ID, keys, glasses	Everything on prior list, plus
Cash, credit/debit card	Cooler with ice/food/water for 3 days, plus utensils
Medicine and special food you need regularly	Clothes for 3 days
Bottle or thermos of water	Toilet paper and paper towels
Hearing aids, batteries	Additional masks, gloves, first aid items
Cell phones, chargers	Important legal papers—deeds/wills, advance directive, etc
Pets, carriers, leashes, meds, dry food	Previously prepared personal property list
Masks, gloves, hand sanitizer or Lysol wipes	Precious family items or photos
Portable emergency kit (flashlight, transistor radio, first aid items, etc.)	Computer or laptop
Flashlight (if not in emergency kit)	Precious jewelry
List of important contact numbers (prepared in advance!)	Checkbook and pending bills to pay
Jacket or sweatshirt or blanket	Safe deposit box keys
Tennis or other walking shoes	

Meanwhile, stay indoors and avoid the harmful, smoke-filled air! Air quality changes quickly with the winds.

LOCAL VILLAGE EVENTS (open to all, unless noted)

No need to RSVP for these TPV events, but always helpful to know if you plan to attend. You can email Cherie Sorokin at cheryl.sorokin@gmail.com or reply to the Zoom invite that will be sent to all members and volunteers a few days before each of these regular monthly TPV events.

Food & Drink

TPV Coffee

Thursday, September 10, 11:00am

Come chat with TPV members and volunteers every month on the second Thursday morning. There's always lots to talk about and sometimes a surprise guest or two. BYO coffee!

TPV Happy Hour

Tuesday, September 15, 5:00pm

Every month on the third Tuesday, bring a cocktail or other beverage of your choice and visit with TPV members and volunteers. Keeping connected is good for your health!

Entertainment/Discussion

Did you know you can also attend programs being offered by other local villages? You can find them on our website under the Programs tab on the home page. But here are a couple of “regular” programs you might want to consider. Note these do require sign-up and RSVPs.

Mill Valley Village Men’s Coffee

First and third Wednesdays of the month, 11:00am

This is an informal gathering of guys with no particular agenda beyond the company of friends. Contact Alan Hayakawa (alan.hayakawa@gmail.com or (415) 384-8998) to get more information or to be put on the reminder list for upcoming meetings.

San Rafael Village Movie Discussion Group

Sundays at 7:00

Every week this group gathers to discuss a film selected from Netflix that people watch in advance. Attendees can join the talk or just listen. If you are interested in joining the mailing list, send a note to Karen Gray at karenkasavana@gmail.com or call her at (714) 403-3345.

MARIN VILLAGES EVENTS

Why I Love OT

Monday, September 14, 3:00pm



Marin Villages Board Member Gina Tucker-Roghi will hold forth on occupational therapy (OT) in a Zoom interview for us. Some think OT stands for “overlooked therapy,” and it’s true OT’s scope and value are often not well understood. But occupational therapists help millions of people live better, healthier lives. Come find out what it’s all about and why Gina has made work in this area her career. RSVP to the office to receive the Zoom link for this program. (415) 457-4633 or info@mainvillages.org

Annual Volunteer Appreciation Party

Saturday, September 26, 3:00pm



Come Zoom with us as we celebrate our wonderful Marin Villages volunteers. They make every day better! RSVP to the office to receive the Zoom link for this gathering. (415) 457-4633 or info@marinvillages.org

COMMUNITY EVENTS

Medicare Q&A offered through the Belvedere Tiburon Library

Wednesday, September 9, 9:30am

This is a live Q&A session offered by the independent Health Insurance and Advocacy Program (HICAP). Pre-registration is required [on the library website](#).

Belvedere Tiburon Library Virtual Chess Club

Every Wednesday, 6:00pm

Live, online games from 6:00 to 7:00 on Chess.com with this group sponsored by the Belvedere Tiburon Library. You need to create an account at [Chess.com](https://www.chess.com) to participate. Once you have an account set up, you log in on Wednesday nights at 6:00. On the left side of the screen, click PLAY. Then on the top right of the screen click TOURNAMENT and

then JOIN BET-WEDS_TOURS. All ages, all skill levels welcome, including first-time players.

Save the Date—Local Office Candidate Night

Thursday, October 1, 4:00 – 5:30pm

Marin Villages is a Community Sponsor of three candidate nights for local elections. The Zoom presentation on October 1 will focus on the Belvedere Town Council election and the Tamalpais School District election. More information to follow during the month.

OTHER COMMUNITY-RELATED NEWS

Commission on Aging

TPV member Julie Hanon Friedman is the newest member of the Marin Commission on Aging. She was appointed by the Tiburon Town Council. Congratulations Julie! She joins six other Marin Villages members on the commission!

Recording of Town Hall Meeting

If you are interested in watching the video of the virtual Town Hall hosted by the Town Councils of Tiburon and Belvedere last Thursday in the aftermath of the difficult and racially charged interaction between a black store owner and the Tiburon Police recently, the video recording is supposed to be posted soon on the Tiburon Town website. You can [listen to it here](#). This was a listening session for both Town Councils. It lasted almost 3 hours.

Local reporting on the rally and demonstration that was held last Saturday can [be found here](#).

AND MORE...



LED-battery-operated lanterns and transistor radios were delivered to TPV members last month. Great additions to the emergency kits delivered last fall. Hope we don't have to use them, but good to have on hand just in case! Many thanks to the Tiburon Sunset Rotary Club which helped fund this project for TPV.

REMINDER!

Are you registered to vote? Are you sure? Click [here](#) to check. Key dates for this election are below.

- **September 24:** Voter Information Guides start to be mailed
 - **October 5:** Vote-by-mail ballots start to be mailed
 - **October 5:** Vote-by-mail ballots can also be issued at the Elections Department
 - **October 6:** Vote-by-mail drop boxes are available throughout Marin County
 - **October 19:** Voter registration deadline
 - **October 20:** Conditional voter registration and same day voting begins
 - **October 27:** Last day to apply for a vote-by-mail ballot to be mailed (voters can still pick up a ballot at the Elections Department – 3501 Civic Center Drive #121)
 - **October 31:** Polling places open with conditional voter registration and same-day voting available at polling places through Election Day
 - **November 3, 2020:** Election Day
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HELP US HELP OTHERS

If you know someone who could use our services, is interested in volunteering, or would like to donate to an organization serving older adults in Marin, please have them call the office at (415) 457-4633, or visit our website (www.marinvillages.org) for application forms and online donations.

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