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MARIN
VILLAGES



Our Paths - Our Choices

Empowering older adults to remain active,
connected and independent in the place they
call home.

MARIN VILLAGES



MARIN VILLAGES UPDATES

July 21, 2020

COVID-19 UPDATE

COVID-19 statistics in Marin (and elsewhere) are continuing to move in the wrong direction, alas! It's discouraging and disheartening, and even depressing. Good time to revisit some helpful hints about staying sane as we keep sheltering in place. Here's a handy chart!



Need a bit more help than just this chart? Call the office and arrange for a friendly call from one of our Marin Villages volunteers. (415) 457-4633

We're all in this together!

On that note, the California Department of Aging would like your input on how COVID-19 has affected your life, via an online questionnaire [that can be accessed here](#). The survey takes less than five minutes to complete.

Some Good News

Did you know that California has provided an automatic one-year extension of driver's licenses for individuals 70 and older for noncommercial licenses with an expiration date between March 1 and December 2020? So no trip to the DMV necessary during the pandemic! [You may request a free paper extension online if you want, even though it is not necessary.](#) The extension is automatic.

Things to Do While Sheltering in Place

This week's new additions to our extensive list of Things to Do

While Sheltering in Place list are posted on our website. Among other suggestions, additions include links to some boogie-woogie piano and other music, information on how to get tickets to the Lark's new drive-in movie at the Village in Corte Madera, an invitation to celebrate Ashby Village's 10th anniversary, some silly videos, and more articles and programs related to understanding the racial divide in the U.S. Thanks to everyone who is sending us suggestions for inclusion on this list! You can access the list [here](#) and a copy will also be emailed to all on Thursday.

MARIN VILLAGES PROGRAMMING

July 30, 3:00pm—Happy Organizing: For Yourself, Your Home, and Your Paperwork



Come get help with those organizing tasks you never seem to get to. On July 30 at 3:00pm, Marin Villages volunteer Lori Harvey will provide helpful insights into how to organize yourself, your home, and your paperwork, whether the task is cleaning up your desk or figuring out how not to leave a mess for your children to sort through after you are gone. Lori is a professional organizer and home-management consultant when she's not busy volunteering with us. RSVP to the office to register for this event and you will be sent a link to join the program. If you've already signed up you should have received the link and a mini homework assignment last Friday. (415) 457-4633 or info@marinvillages.org

August 11, 3:00pm—Advanced Healthcare Directives

Don't put off thinking about end-of-life choices! On August 11 at 3:00pm, Dr. Mits Tomita, a retired family practice physician and

volunteer with Compassion & Choices, will Zoom with us to discuss advance healthcare directives. This discussion will be hosted for Marin Villages by Compassion & Choices, a nonprofit working to improve individuals' personal end-of-life choices. You must RSVP to the office to receive the Zoom link for this program. (415) 457-4633 or info@marinvillages.org

LOCAL VILLAGE PROGRAMMING



Local Marin History on August 12th, 2:00pm

Ross Valley Village is hosting a Zoom gathering on August 12 at 2:00pm and we're all invited! This is a "go back in history" program about the early days of Kentfield and San Anselmo with long time community members Richard Torney and Neil Park from Kentfield and Richard Miner from San Anselmo. Relive memories of early days in Marin with this informative presentation. RSVP to Loulie Sutro, chair of the Ross Valley Village Steering Committee. lhsutro@msn.com or (415) 497-8961

Zoom, Zoom

Remember you can always phone into a Zoom program if you don't feel comfortable with the video technology. But it looks as if Zoom is going to be the way we socialize and stay connected for quite some time now, so let us help you get comfortable with it. Contact the office if you'd like some private tutoring! (415) 457-4633 or info@marinvillages.com

REMEMBER, IT'S AN ELECTION YEAR, AND ALSO A YEAR

OF THE CENSUS!

Even in this pandemic, there are a few civic duties to be tended to. Have you checked your voter registration status? For sure? Best to check now! Everything takes longer these days. Per order of the governor, all registered voters will be mailed a ballot for the November 2020 election, whether or not they have signed up for an absentee ballot. Because of this new order from the governor, we will all be able to vote by mail in the November 2020 election, but you must be a registered voter to receive that ballot. You can check on the status of your registration [here](#) or [here](#). You will need your driver's license or ID card handy if you check this way. You can also call (415) 473-6456 here in Marin and ask them to double-check on your registration.

Did you fill out your census form? It's not too late if you haven't. If you do not respond by early August a census taker may appear at your door to interview you. Being counted is really important. The census determines the number of representatives we have in Congress and also affects the distribution of billions of dollars from the federal government. You can respond [online, by phone or by mail](#).

If you have misplaced your form you can still [fill out the form online](#) or call (844) 330-2020

CLOSING THOUGHTS

There is not too much that is funny about this pandemic, especially these days, but perhaps these tidbits will bring a smile to your face:

The spread of Covid 19 is based on two factors: 1. How dense the population is, and 2. How dense the population is.

Or how about this one?

Things are getting weird. It's like being 16 again. Gas is dirt cheap and I'm grounded!

Not yet smiling? Then take a break and check out this video clip from a Fred Astaire movie (even though Rio might not be a place any of us want to go just now.) Amazing!



FLYING DOWN TO RIO, Thornton Freeland, 1933 - Aerial Show

Cherie Sorokin, President, Marin Villages
Peter Lee, Interim Executive Director

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